



# Warm-A-Soul at Christmas

## STOCKINGS FOR MEN

**E**very year we give stockings filled with gifts, practical items, and treats to disadvantaged children, youth, Indigenous communities, and individuals living in local shelters, supportive housing, and on our streets – **those who may not otherwise receive a gift at Christmas.**

This year, we will be **providing 3000+ stockings** (approximately 300 for women, 300 for men, and 2400 for children).

The **Warm-A-Soul Campaign** runs annually from November 15 to December 15.

For more details, visit our website:  
[www.extremeoutreach.com](http://www.extremeoutreach.com)

### Here's How To Join In On The Fun:

- Each stocking costs approximately \$20+ to fill.
- Use a pair of large wool socks. Put one sock in the toe of the other.
- Secure socks with a safety pin. Tip: Tie a scarf around the outside of the socks.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- **Stockings, items, and donations can be dropped off at our Extreme Coffee House and office, Monday-Friday, 8:30-3:30**

### Content Suggestions

- **PERSONAL ITEMS:** Comb, hairbrush, toothbrush, toothpaste, soap, facecloth.
- **MISCELLANEOUS:** Socks, gloves, hats/toques, scarves, sealed candy, chocolate, pens, small flashlights.
- **FUN THINGS:** Small toys such as musical instruments (mini harmonica, flute, etc), deck of cards, yo-yos, comics, small games/puzzles, small puzzle books.
- **PLEASE DO NOT INCLUDE:** Food, razors, mouthwash, used items, firecrackers, or things that could melt, break, freeze or harm someone (sharp objects).



**SCAN TO  
DONATE**

*extremecoffeehouse*

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**Thank you and Merry Christmas!**

**EXTREME**  
Outreach Society  
Bringing Hope – Inspiring Dreams

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[www.extremeoutreach.com](http://www.extremeoutreach.com)