



Warm A Soul at Christmas

STOCKINGS FOR MEN

Every year we give stockings filled with gifts, practical items, and treats to disadvantaged children, youth, First Nations communities, and individuals living in local shelters, supportive housing, and on our streets – **those who may not otherwise receive a gift at Christmas.**

This year, we will be **providing 2500+ stockings** (approximately 300 for women, 300 for men, and 1900 for children).

The **Warm-A-Soul Campaign** runs annually from November 15 to December 15.

For more details, visit our website:
www.extremeoutreach.com

Here's How To Join In On The Fun:

- Each stocking costs approximately \$20+ to fill.
- Use a pair of large wool socks. Put one sock in the toe of the other.
- Secure socks with a safety pin. Tip: Tie a scarf around the outside of the socks.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- **Stockings, items, and donations can be dropped off at our Extreme Coffee House and office, Monday-Friday, 8:30-3:30**



Content Suggestions

- **PERSONAL ITEMS:** Comb, hairbrush, toothbrush, toothpaste, soap, facecloth.
- **MISCELLANEOUS:** Socks, gloves, hats/toques, scarves, sealed candy, chocolate, pens, small flashlights.
- **FUN THINGS:** Small toys such as musical instruments (mini harmonica, flute, etc), deck of cards, yo-yos, comics, small games/puzzles, small puzzle books.
- **PLEASE DO NOT INCLUDE:** Food, razors, mouthwash, used items, firecrackers, or things that could melt, break, freeze or harm someone (sharp objects).



**SCAN TO
DONATE**

extreme coffeehouse

102 – 284 Helmcken Road
Victoria BC V9B 1T2
250-384-2064 • office@extremeoutreach.com

Thank you and Merry Christmas!



Charitable No. 89221 3414 RR0001

www.extremeoutreach.com