

## Warm & Soul at Christmas

## STOCKINGS FOR MEN

very year we fill over 1000 stockings with gifts, practical items, and treats. Our stockings are given to children in need, as well as First Nations communities, and those in local shelters, detox sites, and living on our streets – those who may not otherwise receive a gift at Christmas.

We fill approximately 300 stockings for women, 300 for men, and several hundred for children.

The **Warm-A-Soul Campaign** runs annually from November 15 to December 15.

For more details, visit our website: www.extremeoutreach.com

## Here's How To Join In On The Fun:

Each stocking costs approximately \$20 to fill.

 Use a pair of large wool socks. Put one sock in the toe of the other.

- Secure socks with a safety pin.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- Stockings, items, and donations can be dropped off at our Extreme Coffee House and office, Monday-Friday, 8:30-3:30

## Content Suggestions

- PERSONAL ITEMS: Comb, hairbrush, toothbrush, toothpaste, soap, facecloth.
- MISCELLANEOUS: Shirts, socks, watches, sunglasses, pens, sealed candy, chocolate, hats/toques, scarves, gloves, small flashlights.
- FUN THINGS: Small toys such as musical instruments (mini harmonica, flute, etc), deck of cards, yo-yos, comics, small games/puzzles, small puzzle books.
- PLEASE DO NOT INCLUDE: Food, razors, mouthwash, used items, firecrackers, or things that could melt, break, freeze or harm someone (sharp objects).





SCAN TO DONATE



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