



Warm A Soul at Christmas

Every year we fill over 1000 stockings with gifts, practical items, and treats. Our stockings are given to children in need, as well as First Nations communities, and those in local shelters, detox sites, and living on our streets – those who may not otherwise receive a gift at Christmas. We fill approximately 300 stockings for women, 300 for men, and several hundred for children.

The **Warm-A-Soul Campaign** runs annually from Nov. 15 to Dec. 15.

Here's How To Join In On The Fun:

- Each stocking costs approximately \$20 to fill.
- For men, use a pair of large wool socks. Put one sock in the toe of the other.
- For women and children, pick up a large red stocking from any Dollar Store. Secure stockings with a safety pin and a note with who the stocking is for (woman, boy, girl, unisex) and the age range for the children.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- **Stockings, items, and donations can be dropped off at our Extreme Coffee House and office Monday-Friday, 8:30-3:30**

**For more details, visit our website:
www.extremeoutreach.com**

Creative Ways To Warm A Soul:

- Get a group of friends together and have a stocking stuffer party!
- Make a video and we can spread it through our social media channels.
- Have a contest in your office to see which team can bring in the most stockings or donate financially so we can make them.
- Plan a class project at your school where students stuff stockings, learning about how to help those in need.



**SCAN TO
DONATE**

extremecoffeehouse

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Thank you and Merry Christmas!

Content Suggestions:

For Children

- **TOYS:** Small toys such as musical instruments (mini harmonica, flute, etc), stuffed animals or dolls, balls, deck of cards, yo-yos, comics, small games/puzzles, cars, jewelry, small Lego sets, small puzzle books.
- **ART/CRAFT SUPPLIES:** Drawing pads, pens, crayons.
- **SCHOOL SUPPLIES:** Pens, pencils, pencil sharpener, ruler, erasers, solar calculators.
- **PERSONAL ITEMS:** Comb, hairbrush, toothbrush, toothpaste, soap, facecloth, hair accessories, small bubble bath.
- **MISCELLANEOUS:** Socks, sunglasses, sealed candy, chocolate, hats and toques, scarves, gloves, small flashlights.
- **PLEASE DO NOT INCLUDE:** Food, used items, toy guns, firecrackers, or things that could melt, break, freeze or harm someone (sharp objects).



For Ladies

- **PERSONAL ITEMS:** Comb, hairbrush, toothbrush, toothpaste, soap, facecloth, hair ties.
- **MISCELLANEOUS:** Socks, watches, sunglasses, pens, sealed candy, chocolate, hats, scarves, gloves, small flashlights, small Christmas ornaments, Christmas cards to hand out to friends and family.
- **FUN THINGS:** Small toys such as musical instruments (mini harmonica, flute, etc), stuffed animals, deck of cards, comics, small games/puzzles, small puzzle books.
- **PLEASE DO NOT INCLUDE:** Food, razors, mouthwash, used items, firecrackers, or things that could melt, break, freeze or harm someone (sharp objects).

For Men

- **PERSONAL ITEMS:** Comb, hairbrush, toothbrush, toothpaste, soap, facecloth.
- **MISCELLANEOUS:** Shirts, socks, watches, sunglasses, pens, sealed candy, chocolate, hats/toques, scarves, gloves, small flashlights.
- **FUN THINGS:** Small toys such as musical instruments (mini harmonica, flute, etc), deck of cards, yo-yos, comics, small games/puzzles, small puzzle books.
- **PLEASE DO NOT INCLUDE:** Food, razors, mouthwash, used items, firecrackers, or things that could melt, break, freeze or harm someone (sharp objects).



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Outreach Society
Bringing Hope – Inspiring Dreams

Charitable No. 89221 3414 RR0001

www.extremeoutreach.com