



# Warm A Soul at Christmas

## STOCKINGS FOR LADIES

**E**very year we fill over 1000 stockings with gifts, practical items, and treats. Our stockings are given to children in need, as well as First Nations communities, and those in local shelters, detox sites, and living on our streets – those who may not otherwise receive a gift at Christmas.

We fill approximately 300 stockings for women, 300 for men, and several hundred for children.

The **Warm-A-Soul Campaign** runs annually from November 15 to December 15.

For more details, visit our website:  
[www.extremeoutreach.com](http://www.extremeoutreach.com)

### Here's How To Join In On The Fun:

- Each stocking costs approximately \$20 to fill.
- Pick up a large red stocking from any Dollar Store.
- Secure stockings with a safety pin.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- **Stockings, items, and donations can be dropped off at our Extreme Coffee House and office, Monday-Friday, 8:30-3:30**

### Content Suggestions

- **PERSONAL ITEMS:** Comb, hairbrush, toothbrush, toothpaste, soap, facecloth, hair ties.
- **MISCELLANEOUS:** Socks, watches, sunglasses, pens, sealed candy, chocolate, hats, scarves, gloves, small flashlights, small Christmas ornaments, Christmas cards to hand out to friends and family.
- **FUN THINGS:** Small toys such as musical instruments (mini harmonica, flute, etc), stuffed animals, deck of cards, comics, small games/puzzles, small puzzle books.
- **PLEASE DO NOT INCLUDE:** Food, razors, mouthwash, used items, firecrackers, or things that could melt, break, freeze or harm someone (sharp objects).



**SCAN TO  
DONATE**

*extremecoffeehouse*

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**Thank you and Merry Christmas!**

**EXTREME**  
Outreach Society  
Bringing Hope – Inspiring Dreams

Charitable No. 89221 3414 RR0001

[www.extremeoutreach.com](http://www.extremeoutreach.com)