



# Warm A Soul at Christmas

## STOCKINGS FOR CHILDREN

**E**very year we fill over 1000 stockings with gifts, practical items, and treats. Our stockings are given to children in need, as well as First Nations communities, and those in local shelters, detox sites, and living on our streets – those who may not otherwise receive a gift at Christmas.

We fill approximately 300 stockings for women, 300 for men, and several hundred for children.

The **Warm-A-Soul Campaign** runs annually from November 15 to December 15.

For more details, visit our website:  
[www.extremeoutreach.com](http://www.extremeoutreach.com)

### Here's How To Join In On The Fun:

- Each stocking costs approximately \$20 to fill.
- Pick up a large red stocking from any Dollar Store.
- Secure stockings with a safety pin and a note with who the stocking is for (boy, girl, unisex) and the age range.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- Stockings, items, and donations can be dropped off at our Extreme Coffee House and office, Monday-Friday, 8:30-3:30



*extremecoffeehouse*

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**Thank you and Merry Christmas!**

### Content Suggestions

- **TOYS:** Small toys such as musical instruments (mini harmonica, flute, etc), stuffed animals or dolls, balls, deck of cards, yo-yos, comics, small games/puzzles, cars, jewelry, small Lego sets, small puzzle books.
- **ART/CRAFT SUPPLIES:** Drawing pads, pens, crayons.
- **SCHOOL SUPPLIES:** Pens, pencils, pencil sharpener, ruler, erasers, solar calculators.
- **PERSONAL ITEMS:** Comb, hairbrush, toothbrush, toothpaste, soap, facecloth, hair accessories, small bubble bath.
- **MISCELLANEOUS:** Socks, sunglasses, sealed candy, chocolate, hats and toques, scarves, gloves, small flashlights.
- **PLEASE DO NOT INCLUDE:** Food, used items, toy guns, firecrackers, or things that could melt, break, freeze or harm someone (sharp objects).



**SCAN TO  
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