



# EXTREME Outreach Society

Bringing Hope – Inspiring Dreams  
SINCE 1997

FALL/WINTER 2023



*Help make a difference*

102 – 284 Helmcken Road • Monday–Friday, 8:30 am–3:30 pm  
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# EXTREME Outreach Society Bringing Hope – Inspiring Dreams

## Mission Statement

**E**xtrême Outreach Society is a local non-profit organization with a vision to break the cycle of poverty, addiction, and homelessness. We provide unique free programs and services for disadvantaged children, youth, and their families. Through love and acceptance, we aim to transform communities one life at a time. ❤️

## OUR PROGRAMS

**VOLUNTEERS ALWAYS NEEDED**

### BBQ OUTREACH PROGRAM

This interactive outreach has proven successful since 1997. We connect with children and families in need at low-income housing complexes by providing FREE hot meals, games and fun, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence. **Sponsor a BBQ (\$300)**



### SUPERKIDS CAMP

We are committed to ensuring that kids in our community have the opportunity to enjoy a true summer camp experience regardless of the economic circumstances of their families. At camp, we cultivate positive life skills, teach kids how to work together and have fun, and develop future leaders in a way that appeals to kids. **Sponsor a child to go to camp (\$200)**

### EXTREME COFFEE HOUSE

Come by for a coffee, latte, lunch or baked good – all available by donation. Proceeds help fund our programs! Complimentary WiFi is available, as well as a fun children's play zone.

**Rent the Coffee House** with full barista services for events up to 40 people. Information available on our website.

### YOUTH JOB SKILLS TRAINING

Extreme Coffee House welcomes youth ages 15 to 25 to join our **Youth Job Skills Training Program**, which is free of charge. We provide on-the-job training in barista skills, light food prep, FOODSAFE procedures, sanitation, and customer service skills. We help nurture youth by providing them with encouragement, mentorship, and skills that will build their confidence for the future. Youth are given the chance to gain valuable work skills in an uplifting environment while serving their community.



### CHRISTMAS WARM-A-SOUL

Every year we fill over 1000 stockings with gifts, practical items, and treats for children in need, as well as First Nations communities, and those in local shelters, detox sites, and living on our streets – those who may not otherwise receive a gift at Christmas.



### EXTREME CHRISTMAS DINNER

The highlight of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with dinner, gifts and friendship. This program creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. Kids love this special time!

### EXTREME ADVENTURES

Activities in this program are designed to bring hope to children and youth, and to inspire them to become leaders in the community. Extreme Adventures include surfing, boating, wilderness field trips, hockey games and other events at Save-On arena, and more – creating memories that last a lifetime.

To donate, volunteer or find more information about our programs, please visit: **[www.extremeoutreach.com](http://www.extremeoutreach.com)**



## It really is coming soon!





# Christmas Fundraiser

Join in the fun!

Join us in sharing the joy of Christmas with local children, youth, and families in need! Our programs would not be possible without our amazing donors. Businesses and individuals alike can help us provide over 1000 stockings and gifts for our **SuperKids Drive-Thru Christmas** event and **Warm-A-Soul** stocking program, as well as 15 brand-new bikes for our bike draw. Your financial donation will allow us to directly purchase the items needed to provide for families in need. ♥



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Special mention in the Extreme Outreach newsletter

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Special mention in the Extreme Outreach newsletter



## Donate Now!

Donate by calling our office at 250-384-2064, visiting us online at [www.extremeoutreach.com](http://www.extremeoutreach.com), or scanning the QR code.





# 26<sup>th</sup> Annual Christmas Outreach

Saturday • December 16, 2023 • 11 am-3 pm

This is a **FREE** event for SuperKids families, however you **MUST** have a ticket to receive your items. For tickets, visit **[www.extremeoutreach.com](http://www.extremeoutreach.com)**.

Christmas is a special time of year for everyone but it also brings a lot of challenges for many families. Bringing hope is our main mission at Extreme Outreach and this is one of the ways we share hope.

We will once again be hosting a **SuperKids Drive-Thru Christmas** in place of our Annual Christmas Dinner. This event provides for over 70 families, who can sign up on our website to receive a stocking and gift for their children and youth, and items for the family. We are also hoping to once again give away 15 brand-new bikes. Rain or shine, we will be filling vehicles with gifts.

We look forward to seeing you there! ♥



For more info visit **[www.extremeoutreach.com](http://www.extremeoutreach.com)** or call **250-384-2064**





# Warming the souls of children this Christmas

**T**hink back to the magic of Christmas that we have all hopefully experienced on Christmas morning as a child – rising at the crack of dawn, tiptoeing down the stairs and bolting to the stocking filled with gifts from Santa. Now, imagine your childhood without such a luxury. Hundreds of children in our community are caught in the treacherous cycle of poverty and have never received such a gift.

Each year, EOS hosts a Christmas outreach to fill 1000 stockings. We focus primarily on children who have been subjected to poverty, as well as First Nations communities, and individuals who live in shelters, detox, and on the streets. Your generous donation will help bring the joy of Christmas to these people in their time of need.

*“I gave her the stocking and she asked ‘is that for me?’ and then tears started flowing down her face. This had been the first stocking she had ever received in her life.”*

Help us fill 1000 stockings with gifts, hygiene items, and treats by sending a financial donation. The **Warm-A-Soul** campaign runs from **November 15 to December 15**. The stockings are delivered during our **SuperKids Drive-Thru Christmas**. Businesses, schools, groups or individuals can easily get involved in bringing joy to hundreds of children in need this Christmas. Each stocking costs approximately \$20. Any contribution you can give will make all the difference in a child’s life this Christmas. ♥

## Help Us Make a Difference

Our goal each year is 1000 stockings.  
Our record is 1610 stockings.

**Let’s see if we can break the record this year.**



## Donate Now!

Donate by calling our office at 250-384-2064, visiting us online at **[www.extremeoutreach.com](http://www.extremeoutreach.com)**, or scanning the QR code.



# Extreme Adventures

## Fishing

"Thank you to EOS and the volunteers for making this happen! AJ got to participate in an amazing opportunity today. With the aid of Extreme Outreach Society, he and his dad joined in on this year's "Take your Kid Fishing at the Pink Salmon Festival" event... It was AJ's first time being out on the ocean to fish and he maxed out his limit! He got to bring home pink salmon, a hat, t-shirt AND a new fishing rod." Heike, Mother



AJ and his catch

Thank you to the Greater Victoria Pink Salmon Festival for providing the opportunity for some of our SuperKids to attend the Take A Kid Fishing event. It was a fantastic event!

## SALTS Sailing

"I really enjoyed being on SALTS, I was so happy Andrea convinced me to go! It really helped me from the place I was at before, and if I didn't go on the SALTS trip I wouldn't have done anything this summer I still would have been in that place. I really loved SALTS, I got to meet and talk to new people and go to so many different places. I got to be with nature and really reflect on a lot in my life. I also got to have fun and laugh with new people, always going to different places, exploring nature, it was so beautiful! I loved waking up in different places every morning. We also did night watches as late as 10/11 pm-6 am it was cool. The things I loved about it was that the people on SALTS were so welcoming and friendly I thought it was cool they always called us "friends" they always checked on everybody too making sure they felt comfortable. I really liked the connections that were made. I loved all the meals too, I tried so many new things! I also got to learn new things about sailing, people, and about myself, I got my junior sail training certificate. The thing I loved the most was finding this waterfall, it seemed small but people explored up more and said it went up further. So we all went to check it out, there was cool pools up more and like two more waterfalls, it was amazing like we were swimming in the mountains. On the last night it was so amazing because after mug up they turned the lights off and put a disco ball in and celebrated because everyone on the ship got their junior sail training certificate. Everyone was so happy, it was a good way to end our last night on the ship. That was the best 10 days ever, and if I could I would do it again I loved it so much it really had an impact on me! Thank you so much Cliff and Andrea for this opportunity to go." Jordyn, SuperKid

## Whale Watching

We had an opportunity to take six children on a whale watching trip with the Prince of Whales in July. The kids absolutely loved the 3.5-hour boat ride and were thrilled to see many whales and sea lions. Thank you Prince of Whales.



Andrea and SuperKids



Andrea and Jordyn



Cliff and Nevaeh

"This summer I was blessed with the opportunity to join the SALTS crew and 28 other people to sail from Victoria to Port Hardy. It was an incredible experience filled with adventure and friendship-building. I got to experience life on a sailboat and what it means to appreciate the little things. During my time on the boat, I realized that going out of my comfort zone and doing things that I've never done before doesn't always have to be scary. I can't pick one favourite part of the trip, but the highlights were definitely being able to see thousands of stars at night, showering in a waterfall, seeing whales, and of course the beautiful sights and sunrises I got to see. Thank you, Cliff and Andrea, for making this possible." Nevaeh, SuperKid

It is an honour to partner with SALTS to send youth on these life-changing trips.



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# Community Outreach



## BBQ Outreach Program

**O**ur BBQ ministry has proven to be a success since 1997. Over the years, Extreme Outreach has developed many life-long relationships, while inspiring children to cook and cooperate with each other in low-income communities. The BBQs bring food, fun, games, and happiness to the children and the community, as they gather to eat and play together. While the children take turns helping on the BBQ, they get to connect with Cliff and the other volunteers, and learn FoodSafe procedures. The BBQ ministry helps build the heart of community. ❤️

## Community Events

**T**his spring we provided a BBQ for Quadra Village Day in May, and for View Royal Elementary's Fun Fair in June. As Quadra Village is beside the location where we do our regular BBQ outreach ministry, it was wonderful to see those families and others out enjoying the sun and different activities. We served over 1000 hot dogs that day, with the help of some students from St. Michaels University School!

View Royal Elementary is in the same community as our Extreme Coffee House. We enjoyed welcoming people and serving over 600 hot dogs. The rain did not take away from the fun for everyone! It is always great to see some of the kids and their families drop by the Coffee House. ❤️

## Tsawout

**W**e had a great time doing a BBQ for Tsawout's summer kids camp! Many of the kids have been part of our SuperKids programs for years. We gifted each child with a brand-new backpack as a special treat, and they were overjoyed! Many of them were asking to take one for their siblings and cousins, so we left extras for the leaders to help distribute to kids who were not there. It's wonderful to see how a simple gift can bring such happiness. ❤️



View Royal Elementary's Fun Fair



Quadra Village Day



## Mother's Day

We were delighted to put together and give away gift baskets to single moms in transition housing on Mother's Day. ❤️

# Sponsor a BBQ today!

Call our office at  
**250-384-2064** or visit  
**www.extremeoutreach.com**





Youth training program successes!

# Extreme Coffee House

## COFFEE WITH A CAUSE

**N**estled in a quiet corner of View Royal, our Extreme Coffee House has been open for 8 years. Since the beginning, we've been a peaceful and welcoming place for everyone. Our beloved Kids Corner is full of books, games, and toys for kids of all ages.

Our coffee beans are from Galloping Goose Coffee, which buys the coffee from smallholder farmers through their long-term trusted trade relationships, paying the best price for their coffee. Here at home, they are meticulous about roasting. This ensures sustainability for farmers and traders as well as a great cup of coffee for you. Certifications at origins include Fairtrade, organic and Rainforest Alliance. Our baristas prepare a large variety of drinks, ranging from black drip coffee to multiple specialty drinks, like tasty mochas.

We serve fresh sandwiches and delicious baked goods daily, as well as soup and chili in the fall and winter months. Our baker does such an amazing job you'll want to try one of everything! All food and drink purchases remain 100% by donation. Proceeds after expenses go to support our programs. Who knew a simple cup of coffee could make such an impact! ❤️



## Volunteer With Us

**J**oin our team and have fun serving the community! Training is provided. Volunteer testimony:



*"Having the opportunity to volunteer at Extreme Coffee House has been such a unique and fun experience. The amount of trust and belief in me that was given from the beginning was a greatly encouraging factor. I've learned to make different drinks and love serving the customers. You can really feel the heart of this place as well as the people who work here and it is not just a coffee shop. It's something else!" Salla ❤️*

## Youth Job Skills Training

**E**ach year, we have a number of youth successfully complete our Youth Job Skills Training Program. We provide on-the-job training in barista skills, light food prep, FOODSAFE procedures, sanitation, and customer service skills. We provide youth with encouragement, mentorship, and skills that will build their confidence for the future while serving their community.

### Summer Students

This summer, we welcomed two students from Québec into our Youth Job Skills Training Program for six weeks as part of a work exchange program through the YMCA. Initially, they were slightly apprehensive about their ability to communicate efficiently in English but quickly grew confident. They were able to run the Coffee House almost completely by the end of their training and did a wonderful job. We wish them both all the best in university and hope to see them again in Victoria!

We welcome youth ages 15 to 25 to join our Youth Job Skills Training Program by submitting an application on our website. ❤️



Cliff & recent graduates



**102 – 284 Helmcken Road**  
**Monday-Friday, 8:30 am–3:30 pm**



*"Working at the Extreme Coffee House was an amazing experience for me to improve my English skills and at the same time help this beautiful community I had the chance to discover. I will remember this experience all my life. I loved everything about this job and the people I met there."*

Marie

**Special thanks to**  
**Joan M. Turner,**  
Artist

**Our Volunteer**  
**Baker**

**All our**  
**Coffee House**  
**Volunteers**

# Coffee Beans & Merch



## Do you desire to make a life-changing impact on those in need in your community?

**G**rab some coffee or merch and show your support for Extreme Outreach and our Coffee House! By purchasing bagged coffee from **Extreme Coffee House**, you can enjoy a high-quality, organic, direct-trade coffee product and at the same time know that you are making a difference. Perfect to enjoy for yourself or to give as a gift. Beans can be purchased whole or ground on-site. ❤️

**W**e also have amazing high-quality **jackets and sweatshirts** embroidered with our logo available in multiple styles and colours, subject to availability. We have made these available at an affordable discounted price. Grab one and show your support while wearing it around town! ❤️

1lb bags:  
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*"This job was insane. I loved making delicious coffee and sandwiches every day. Even the cleaning part was enjoyable. I had time to learn slowly how it worked without being rushed, this job was perfect. The people are really nice, it helped me to be more social and learn new things in English. It was a great experience to work with kids during the day camp. I wish the best for Extreme Outreach Society. Thank you for letting me do this job during my exchange."* Adélie



# Jessica's Story

*"There's this guy. His name is Cliff. Have you heard about this guy?"*

*One year, many many years ago, there was this lost teen, and her sister on Christmas. There was a dinner going on, and it was free. And ya we were kids, we'd get a stocking and maybe a gift. We didn't know if we'd be allowed in but we walked there. We sat at a table and ate, and ate. Just grateful for a meal and I remember getting a huge plate of seconds and saying to my sister, we will have turkey on Christmas I promise. Someone realized we were there alone and next thing I knew someone pulled me aside and asked me how I was getting home and where we lived etc. Next thing I knew we had a ride home and lots of food! Fresh carrots and potatoes and leftovers! Buns galore. And a bag full of gifts, my sister and I woke up on Christmas and we didn't feel so alone.*

*It was the beginning stage of Extreme Outreach, and he gave me hope. Hope that one day my Mom might get clean. Hope that one day I didn't have to be the parent, the adult of the house. And that one day I might get to live out my own dreams. But to hear Cliff talk gave me a little bit of hope. Something I hadn't thought about in long time. I used to wish for that life to be over, because it sucked so bad.*

*There are only a few moments like that in my life that I consider turning points or moments of clarity. This was one of the first major ones that impacted who I evolved into over time.*

*Knowing I wasn't being judged or ridiculed for how I had to live.*

*Knowing there was a meal and open arms to receive my soul and allow me the moment to breathe.*

*I don't think it was until years later that Cliff even knew that was me way back then that day. Each year I used to huff my sister back and forth across town to his SuperKids meetings. We didn't miss a year! Then when I had Cash I brought him. Got him involved and now Cliff has been Cassius' mentor for several years, now Cassius is a junior leader.*

*I felt it was only fitting that he be at the most important day of my adulthood.*

*On June 3, I graduated as a Health Care Assistant and I wanted him to be there with me because I felt like, Cliff has been a major part of who I am in this life. And as that nameless kid with no food at home, I wanted him to know how important he was to me. That even those gentle nudges help guide people in the right direction. Cuz here I am. I made it!*

*Thank you Cliff for being you and developing the heart of Extreme Outreach."*

Jessica, Mother



## Donor Testimonial

*"We have known Cliff Power for around 25 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city."*



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# Testimonials

"Thank you for all you do. Your kindness and generosity do not go unnoticed. The world is a better place because of people like you. Thank you for setting an example for so many. You're truly wonderful, kind, loving people. I'm grateful for having met you."

Kaylah, Mother

"Someone who has impacted my life in a positive way is Cliff. He has helped me get through a lot of problems in my life, he runs this group called Extreme Outreach. I am not the only person he has helped, he is always there for whoever needed help. When I needed help once he took me out to a movie or has gone out fishing just so I could have a break. He has been a big part of my life and many others lives. That's how he impacts my life."

Cameron, SuperKid

"Watching the excitement on the SuperKids' faces really allowed me to fully understand how much this camp means to them. Cliff, Andrea and all the other Volunteers make such a huge impact on their lives and I feel very honoured to have been able to be a part of this adventure."

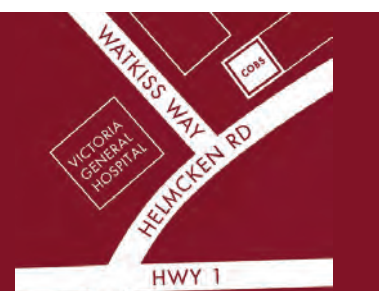
Nicole, Volunteer

"Congratulations on your effort to make a difference. These events help residents bring pride into the community and creates a sense of belonging."

BC Housing



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Endorsement



St. Michaels University School

I am writing this letter as a strong and positive support for the Extreme Outreach Society. We have been working with Extreme Outreach for over a decade. This is one of the most long-standing relationships our school has with a service organization. It is one we value and nurture, and we want it to continue. The boundless energy of their staff and volunteers is inspiring.

The programs they offer provide the basics (like food) but also the fun! They create a safe and positive place for kids to gather and just be kids. The Christmas dinner is another place to gather and be festive. It has such a positive impact on the community and makes things exciting! We notice the uniqueness of the programming and the focus on children and families. The benefit is not only to the youth and families who attend the BBQ, dinner or camps, but to the students from our school who get to volunteer and spend time with the kids. They get the opportunity to learn from each other and expand their world views.

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# SuperKids Summer Camp

Our 20th Annual SuperKids Summer Camp was super fun! We were happy to host new and returning children at different beaches in Victoria and explore local parks. Each day we served delicious meals and snacks, and the kids ate like there was no tomorrow. For most, this was their first time with us, and the participants were mostly boys. This did not faze the girls at all, and everyone had a blast! We sang fun action songs, and talked about love, joy, peace, patience, goodness, kindness, gentleness, faithfulness, and self-control. We swam, hiked, played games, had exciting adventures, and helped the kids create unforgettable memories. It was wonderful to see the children being their authentic selves, full of smiles, and making new friends. On the final day, we had bouncy castles for everyone to enjoy, and all the kids received a SuperKids Camp t-shirt, and a brand-new backpack filled with fun surprises such as frisbees, balls, swim goggles, and more.

We are incredibly grateful for all the support that makes these outreaches possible. From donors to volunteers, it takes a community to provide for these kids. We look forward to next summer. ❤️





# Become a Monthly Donor

## Be Part of Something Bigger

**B**y becoming an Extreme Donor, you can extend your generosity in a meaningful way in the heart of your own community, creating real-life results in the lives of at-risk children, youth, and their families. With your monthly support, Extreme Outreach Society can offer supportive programs for more children, feed a greater number of children and their families, as well as purchase better quality supplies, toys, learning materials, and outdoor equipment, while accessing facilities and resources that we otherwise could not.

You become part of our Extreme Adventures, Summer Camp programs, weekly BBQs, youth training, Christmas outreaches, and our continued efforts to love and serve those in need within our community. ♥

### HOW TO BECOME A MONTHLY DONOR

Simply decide on an amount that feels right for you; then sign up to become a monthly donor by visiting us online at **www.extremeoutreach.com**, calling the office at 250-384-2064 or scan the QR code to open the donation page.



**Congratulations on your efforts to make a difference. These events help residents bring pride into the community and create a sense of belonging.** – BC HOUSING

### DONOR TESTIMONY

*“What I love about Extreme Outreach is that their support for people in need is personal. They come alongside the most vulnerable families in our city and invest in their lives – doing the hard and beautiful work of not just giving to people, but of loving people in need. I’ve not seen anywhere that does this more genuinely, and more impactfully, than Extreme Outreach. An organization that is truly living out the message of the Kingdom of God, connecting with and lifting up the poor and brokenhearted within our city, and demonstrating love, honour and dignity. It’s a privilege and a gift to be able to partner with them and participate in the work Extreme does.”*

Chelsea C., Donor

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## GENTLEMEN, START YOUR ENGINES!

Our next Event is **October 5th**  
@ the **Maserati Showroom!**

Come out, socialize, check out some amazing cars, & support local charities.





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