

Help make a difference

Double Your Donation Event – June 17, 2023

We invite you to join us in raising \$50,000! Together, we can do this!

details inside

102 - 284 Helmcken Road • Monday-Friday, 8:30 am-4 pm 250-384-2064 • office@extremeoutreach.com

Subscribe to our newsletter at www.extremeoutreach.com















extreme Outreach Society is a local non-profit organization with a vision to break the cycle of poverty, addiction, and homelessness. We provide unique free programs and services for underprivileged children, youth, and their families. Through love and acceptance, we aim to transform communities one life at a time.

OUR PROGRAMS

BBQ OUTREACH PROGRAM

This interactive outreach has proven successful since 1997. We connect with children and families in need at low-income housing complexes by providing FREE hot meals, games and fun, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence.

Sponsor a BBQ (\$300)



SUPERKIDS CAMP

We are committed to ensuring that kids in our community have the opportunity to enjoy a true summer camp experience regardless of the economic circumstances of their families. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids.

Sponsor a child to go to camp (\$200)

EXTREME COFFEE HOUSE

Come by for a coffee, latte, lunch or baked good – all available by donation. Proceeds help fund our programs! Complimentary WiFi is available, as well as a fun children's play zone.

Rent the Coffee House with full barista services for events up to 40 people. Information available on our website.

YOUTH JOB SKILLS TRAINING

Extreme Coffee House welcomes youth ages 15 to 25 to join our **Youth Job Skills Training Program**, which is free of charge. We provide on-the-job training in barista skills, light food prep, FOODSAFE procedures, sanitation, and customer service skills. We are happy to help nurture youth by providing them with encouragement, mentorship, and skills that will build their confidence for the future. Youth are given the chance to gain valuable work skills in an uplifting environment while serving their community.



CHRISTMAS WARM-A-SOUL

Every year we fill over 1000 stockings with gifts, practical items, and treats for children in need, as well as First Nations communities, and those in local shelters, detox sites, and living on our streets – those who may not otherwise receive a gift at Christmas.



EXTREME CHRISTMAS DINNER

The highlight of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with dinner, gifts and friendship. This program creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. Kids love this special time!

EXTREME ADVENTURES

Activities in this program are designed to bring hope to children and youth, and to inspire them to become leaders in the community. Extreme Adventures include surfing, boating, wilderness field trips, hockey games and other events at Save-On arena, and more – creating memories that last a lifetime.

To donate, volunteer or find more information about our programs, please visit: **www.extremeoutreach.com**



"I became involved with EOS 9 years ago as a single mother with 2 children. I am so thankful and blessed every day for all the help EOS has given us. EOS has put huge smiles on all of my kids' faces every year at Christmas with dinner, stockings, gifts, and amazing experiences. Once, 2 short months after getting his new bike, it was stolen from my son. EOS was there to help and replaced it. To this day my son still remembers that... They have blessed my kids with many years of overnight camp that I, as a single mom, could never have afforded... My daughter recently was able to experience a trip of a lifetime through the SALTS program thanks to EOS. My children will carry these experiences with them into their adult lives. I will forever be grateful to EOS. And that's why I became a monthly donor."



Join our **Double Donation Goldstar** Campaign

Will you help sponsor our SuperKids **Summer Day** BRONZE Camps? **SPONSOR**

\$200



DOUBLE DONATION!

MARK YOUR CALENDERS

Saturday June 17 · 10 am-3 pm @ Extreme Coffee House & online until midnight Scan to donate or go to www.extremeoutreach.com Our goal is to raise \$50,000



Extreme Outreach Society has been providing free programs to support local underprivileged children and youth for over 25 years. Our goal is to continue serving these children, and community support is critical in order to do so. For our 20th Annual SuperKids Summer Camp, we will be hosting SuperKids Summer Day Camps at different locations in Greater Victoria. In July, we will be providing children and youth with games, meals, camp t-shirts and fun-filled activities in the great outdoors, sharing hope and encouragement. All costs for these outreaches will be covered through our fundraising efforts.

Ways to Donate:

- online www.extremeoutreach.com
- e-transfer email **bk@extremeoutreach.com**
- phone **250-384-2064** we can take your info over phone
- Extreme Coffee House June 17 10 am-3 pm 102 - 284 Helmcken Road Victoria BC V9B IT2



We invite you to join us in raising \$50,000! Together, we can do this!

Our Summer Day Camps will be life changing for the kids. Mark your calendars for this special event.

Thank you, Cliff Power



SuperKids Summer Day Camps

ur **Summer Day Camps** will be full of outdoor adventures, fun activities, and smiling faces! We'll be taking our SuperKids out to explore local parks in Greater Victoria, helping them create new summer memories. As planning for an overnight camp continues to present uncertainties, we want to share hope and encouragement with the kids! We are committed to ensuring that kids in our community have the opportunity to enjoy a true summer experience, regardless of economic circumstances. We will be providing meals, snacks, drinks, fun activities, camp T-shirts, and lots of fun!

July II-I4 for Ages 6-I2

For more details and to register, visit www.extremeoutreach.com
VOLUNTEERS NEEDED8





ur BBQ ministry has proven to be a success since 1997. Over the years, Extreme Outreach has developed many life-long relationships, while inspiring children to cook and cooperate with each other in low-income communities. The BBQ is full of fun, games, energy and happiness as the children and their community gather to eat and play together. While the children take turns helping on the BBQ, they get to connect with Cliff and the other volunteers and learn FoodSafe procedures while having fun with each other. The BBQ ministry helps build the heart of community.

Easter Outreach

We had a lot of fun preparing and handing out a ton of large Easter gift bags to our SuperKids during our Easter BBQ outreach again this year. We stuffed the bags full of goodies, fun toys, and a small book. As the bags were given, there were many happy and grateful kids who could not wait to open their bags. It was so much fun hanging out with the kids and families and seeing their smiling faces again! This outreach brought a lot of joy.

Upcoming Outreaches: We are looking forward to hosting a BBQ at the Quadra Village Day and at View Royal Elementary, as well as other BBQs in the Greater Victoria area.



"Unexpectedly, I became a single mom to my three beautiful children. It's been very challenging! I'm part of a community where I live with other single moms. Extreme Outreach has been such a blessing to my family, as well as my community! We are so thankful and it's been so encouraging to have different practical needs met. Thank you Cliff and Andrea and Extreme Outreach for all your support and the smiles you bring!" Hannah



Sponsor a BBQ today!

Call our office at 250-384-2064 or visit www.extremeoutreach.com















Youth training program successes!

Extreme Coffee House

COFFEE WITH A CAUSE

estled in a quiet corner of View Royal, our Extreme Coffee House has been open for 8 years. Since the beginning, we've been a peaceful and welcoming place for everyone. Our beloved Kids Corner is full of books, games, and toys for kids of all ages.

Our coffee beans are from Galloping Goose Coffee, which buys the coffee from smallholder farmers through their long-term trusted trade relationships, paying the best price for their coffee. Here at home, they are meticulous about roasting. This ensures sustainability for farmers and traders as well as a great cup of coffee for you. Certifications at origins include Fairtrade, organic and Rainforest Alliance. Our baristas prepare a large variety of drinks, ranging from black drip coffee to multiple specialty drinks, like tasty mochas.

We serve fresh sandwiches and delicious baked goods daily, as well as soup and chili in the fall and winter months. Our baker does such an amazing job you'll want to try one of everything! All food and drink purchases remain 100% by donation. Proceeds after expenses go to support our programs. Who knew a simple cup of coffee could make such an impact!

Youth Job Skills Training

ach year, we have a number of youth successfully complete our Youth Job Skills Training Program. We provide on-the-job training in barista skills, light food prep, FOODSAFE procedures, sanitation, and customer service skills. We provide youth with encouragement, mentorship, and skills that will build their confidence for the future while serving their community.

Recent graduate

We greatly enjoyed having Tara come in during spring break to take part in our Youth Job Skills Training Program. This was her first work experience and we could see her confidence grow in making drinks and interacting with customers. We wish her all the best in her future endeavours!

We welcome youth ages 15 to 25 to join our Youth Job Skills Training Program by submitting an application on our website. ♥



Recent graduate



102 – 284 Helmcken Road Monday-Friday, 8:30 am-4:00 pm

Volunteer With Us

oin our team and have fun serving the community! Training is provided. Volunteer testimony:



"Having the opportunity to volunteer at Extreme Coffee House has been such a unique and fun experience. The amount of trust and belief in me that was given from the beginning was a greatly encouraging factor. I've learned to make different drinks and love serving the customers. You can really feel the heart of this place as well as the people who work here and it is not just a coffee shop. It's something else!" Salla



"The Extreme Outreach Coffee House was a great place to start out. Everyone there is super nice and it was overall an amazing experience training there."

Special thanks to Joan M. Turner, Artist

Our **Volunteer Baker**

All our
Coffee House
Volunteers



Do you desire to make a life-changing impact on those in need in your community?

grab some coffee or merch and show your support for Extreme Outreach and our Coffee House! By purchasing bagged coffee from Extreme Coffee House, you can enjoy a high-quality, organic, direct-trade coffee product and at the same time know that you are making a difference. Perfect to enjoy for yourself or to give as a gift. Beans can be purchased whole or ground on-site. ♥

e also have amazing high-quality jackets and sweatshirts embroidered with our logo available in multiple styles and colours, subject to availability. We have made these available at an affordable discounted price. Grab one and show your support while wearing it around town!

1lb bags:

5lb bags:

 $\mathsf{Sweatshirts}$



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Before Extreme

"They hit me," you will say, "but I'm not hurt! They beat me, but I don't feel it! When will I wake so I can find another drink?" Proverbs 23:35.

Unfortunately, that's how I lived my life growing up in Langford, where you were nothing unless you knew how to party. My goal was to be the best party animal the world has ever known. What a mistake! I don't recommend this goal to anyone.

It came to an end when I hit rock bottom one day. I was ready and trying to die. I had no hope at all. After praying with tears streaming down my face, saying, "God, if you are real, please help me", a miracle saved me, and I was completely covered by the purest love I've ever felt, and I opened my heart to Jesus. That's when the transformation began to happen. I've been straight since that experience on November 17, 1987. 36 years now, and I give God all the glory. Without experiencing His love, Extreme wouldn't exist.

It has been a crazy ride but a good one. God uses my past now to encourage others to know Him. I started Extreme Outreach Society, and now we're celebrating 26 years.



26 years serving together, 17 years of marriage



Residents at the motel could not always celebrate birthdays due to living in a non-stop crisis. We made it a point to celebrate with them. Tears flowed many times.

The first 5 years focused on helping the people who lived at Holiday Court Motel, Victoria's main epicentre of crime. It was previously a tired tourist hotel but had become the unofficial transition house for the drugaddicted, prostituted, and just plain out of luck. I guit my drywall career and moved into room 21. My goal was to love the residents there, yet

much more began to happen. Slowly I gained the trust of the people in the motel, and their lives began to change. I brought them to treatment centres, taught drywall, helped with job placements, and started a teen basketball team. The constant police presence, overdoses, and fights were starting to fade until they were no longer present. The motel was eventually sold and torn down. To my surprise, where my room 21 had been, there's now a

continuously flowing 3-pillar fountain.

BBO OUTREACH The BBQ outreach began at Holiday Court Motel outside of room 21, when I would grill up burgers for hungry tenants to eat a real meal

for free. After the motel was gone, I turned my attention to a nearby low-income housing complex that had been a breeding

ground for teen drug users in the past. I began my BBQ outreach on the basketball courts at a school nearby, hoping to build relationships with vulnerable teens who might be considering or dealing with drug abuse. Instead, I found a community of young children potentially at risk due to their surroundings. Through this outreach, I began meeting their families. As we got to know the kids, we saw the need to

connect with them more often and developed the SuperKids Saturdays and Camp programs. The BBQ outreach continues to this day. Kids learn how to BBQ and serve their community, which builds their confidence.



BBQ at Holiday Court

Around 2005, Extreme Outreach purchased 8 houses on 2005 McKenzie Avenue to provide a safe, drug-free place for those transitioning out of rehab centres and the like. We also ran an Extreme thrift store for 2 years, had 50 gumball machines in businesses, and owned

The Shepherd's Guide to help raise funds to help pay the \$15,800/month mortgage. Miraculously, we never missed a payment! However, after 5 years of being extremely shortstaffed and running all of that, we began to burn out. So I shut down the thrift store and sold the gumball business and The Shepherd's Guide. It was time to turn our focus to breaking the cycle of poverty, homelessness, and addiction before it begins and continue to do outreaches for the kids.



Extreme Thrift Store

... Continued from page 8

Eventually, the recovery house ministry was closed down, and we sold the houses and paid off the \$2.3 million mortgage,

providing a fresh start for a new season. We all deserved an "I survived!" T-shirt after this. It was really hard to let go of that vision, but I had to. I always seem to be a million short of fulfilling the vision in my heart.



SUPERKIDS

As time went on, the focus of the ministry transformed to the younger generation, mainly 6 to 12-year-olds. We started our SuperKids Saturday outreach in 2003, where we fed the kids lunch, played games,



SuperKids Saturday

sang songs, and shared encouragement with them. We need a new home for this outreach.

Warm-A-Soul started 26 years ago with 25 stockings for the homeless. Now they are given to children in need, as well as First Nations communities, and those in local shelters, detox sites, and living on our streets – those who may not otherwise receive a gift at Christmas. It's amazing. We put together and give away more

than 1,000 stockings each year, with a record of 1610. This is made possible by people like you, either making a stocking or making a donation for us to make a stocking on your behalf.



CHRISTMAS DINNER

We have also provided a free Christmas dinner since the beginning. Over the years, this traditional Christmas dinner has become a

place where we give each child and youth a stocking and gift, have a bike draw for the kids and youth, and have door prizes for the parents. The dinner is now held at Songhees Wellness Centre for over 400 guests with the help of over 100 volunteers.





Leonna was the first recipient of the steak & pierogis Christmas dinner at Holiday Court Motel.

SUPERKIDS CAMP

Through our fundraising efforts, we strive to ensure that kids in our community have the opportunity to enjoy a true summer camp

experience, regardless of economic circumstances. Our overnight camp has become a highlight for kids and teens. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids! Most campers come from our other programs, so we get to know the kids well throughout the year.





EXTREME ADVENTURES

Alongside our regular programs, we love to surprise our kids by organizing great new of the kids we reach out to do not have the

adventures. Many of the kids we reach out to do not have the means to participate in local adventure programs, trips, or organized sports. We are grateful to provide these life-changing opportunities. Our adventures have included surfing, sailing, hiking, movie outings, hockey games, and more.

EXTREME COFFEE HOUSE

Two years after the sale of the houses, we purchased a space for our office for \$250,000. That brought our bank balance to 0. This was another start to a new adventure called

Extreme Coffee House. We've been running the Coffee House and our office there for 8 years now. It has been remarkable to see the number of youth we have been able to train. We are the first by-donation Coffee House as far as I know.



"As I look back on the past 26 years with Extreme, my heart overflows with gratitude. I think of all the lives that have been touched and of all the individuals who have partnered with us to help make our outreaches a success. So many wonderful relationships have been formed! With the help of our sponsors and volunteers, we have been able to serve thousands of men, women and children in our city and beyond, letting each one know how valuable they are. A special thank you to everyone who has partnered with us over the past 26 years. We couldn't do it without you."

Andrea Power, Children's Program Director

"As we continue with Extreme Outreach Society and the life-giving programs we provide, I hope we will always be able to show love and kindness to all. My book will soon be out and will go into way more detail. CHEERS!" Cliff Power, Founder & Executive Director



Testimonials

"Over the last 25 years, Extreme Outreach has helped make so many children happy. Every Wednesday, I looked forward to Cliff and the hot dog cart stopping by my complex. I also looked forward to the summer camp that I was over the moon about. And then there are the incredible Christmas dinners with tons of toys, bikes, and food. No matter what Extreme Outreach always made me look forward to something. Over the years I've had so much fun connecting with other children and going to camp and volunteering at the Extreme Outreach Coffee House. I believe what Extreme Outreach has done to impact and influence my life and so many other peoples is truly amazing."

Nevaeh, SuperKid

"My experience with Cliff and Extreme Outreach started when Matthew Quigley was 11 or 12. We had a lot of changes going on in our life at the time. I was going through a divorce. I had been praying for help, strength and structure for us in these uncharted waters we were navigating. Cliff was an excellent role model, teacher and positive support in my son Matthew's life. At 14, he was honoured by the RCMP and given an award along with Cliff for 1000 hours of outreach. The job-related skills, life lessons and lessons in compassion and giving back have shaped his foundation and allowed him to reach great success in his short 17 years."

"Volunteering at Extreme Coffee House has been a unique opportunity for me as a barista. The atmosphere is uplifting, my teammates a joy to work with and the people we serve a gracious cast of characters. Highlights of my year include Christmas stocking stuffing, getting to know the clientele and drinking my own lattes — the best coffee hands down!"

Ginny, Volunteer

"Wednesdays, when you came to Blanshard Courts with the hot dog cart, were one of my favourite memories and meant so much to me. You should keep doing what you're doing. SuperKids Camp was awesome, and another thing you guys did, you gave me the coolest pair of runners and I didn't have many shoes and I thought that was awesome. I remember that was so big in my life it was awesome, and the lunches at SuperKids — delicious."

Anonymous SuperKid



Donor Testimonial

"We have known Cliff Power for around 25 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city."



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"I am writing this letter as a strong and positive support for the Extreme Outreach Society. We have been working with Extreme Outreach for over a decade. This is one of the most long-standing relationships our school has with a service organization. It is one we value and nurture, and we want it to continue. The boundless energy of their staff and volunteers is inspiring.

The programs they offer provide the basics (like food) but also the fun! They create a safe and positive place for kids to gather and just be kids. The Christmas dinner is another place to gather and be festive. It has such a positive impact on the community and makes things exciting! We notice the uniqueness of the programming and the focus on children and families. The benefit is not only to the youth and families who attend the BBQ, dinner or camps, but to the students from our school who get to volunteer and spend time with the kids. They get the opportunity to learn from each other and expand their world views."

St Michaels University School



Eagle Creek

for raising \$1,000 for us in April, and for always going above and beyond with your support!





(Sail and Life Training Society) partnership that allowed us to send 6 of our youth on a 10-day sailing trip last summer! These trips have been amazing for all of our youth who have had this wonderful opportunity through the years. It's incredible to hear the excitement in their voices when they talk about their life-changing trip. We look forward to this continued partnership bringing more life-changing opportunities for our youth this summer.



31 Helmcken Rd View Royal, BC 778 265 6282









Super Kids Drive-Thru Christmas UPDATE

ur SuperKids Drive-Thru Christmas Event was a great success! We had over 75 families sign up for our 25th Annual Christmas Outreach. Each family received gifts, Christmas stockings, whole frozen chickens, fresh COBS dinner rolls, and household items. We also gave 15 bikes to children and teens through our bike draw! Thank you to Harbour City Kitchens for donating bikes again, and to our other generous donors who also supplied bikes and other gifts.

Filling the gift bags and stockings full of goodies was so much fun! Selecting gifts and giving them to each child, youth, and family created smiles and warmed the hearts of everyone.

One mom wrote us saying, "I just wanted to say thank you sooo much to everyone for the amazing stockings! I can see all the love and effort that went into making them!" Another mom wrote us, saying, "Just wanted to say thank you to everyone. My son Lloyd loves his new bike and I really appreciate the assistance with getting it home. Appreciate all of you and all the hard work." Receiving messages like these always reminds us why we do what we do. We look forward to supporting low-income families again this year.





harbourcitykitchens.com 250-652-5200 2189 Keating Cross Road





We provided stockings for children, teens, and adults in need throughout Greater Victoria, the Songhees First Nation, and on the lower mainland.

Thank you to all the donors, businesses, schools, churches, and individuals who helped us surpass our goal of 1000 stockings. We were happy to welcome multiple groups at the Coffee House to help us fill stockings. Thanks to everyone's hard work, we were able to get all the stockings made! It is always so much fun to have groups from PCS, SMUS, and other groups and individuals help us fill the stockings.

Most of the children and teen stockings were handed out during our SuperKids Drive-Thru Christmas, and to a school on the mainland that we have been able to bless through a charity partnership for many years. We had fun driving around in the snow and going door to door at the Songhees First Nation community, surprising children, youth and families. We also gave stockings to local seniors again, many of whom do not receive other gifts. Even with the snowy weather, we could get all our stockings delivered to many grateful people in the city and beyond. Thank you to everyone who donated, helped fill stockings, and helped us deliver them to those in need at Christmas.





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Become a Monthly Donor

Be Part of Something Bigger

y becoming an Extreme Donor, you can extend your generosity in a meaningful way in the heart of your own community, creating real-life results in the lives of at-risk children, youth, and their families. With your monthly support, Extreme Outreach Society can offer supportive programs for more children, feed a greater number of children and their families, as well as purchase better quality supplies, toys, learning materials, and outdoor equipment, while accessing facilities and resources that we otherwise could not.

You become part of our Extreme Adventures, Summer Camp programs, weekly BBQs, youth training, Christmas outreaches, and our continued efforts to love and serve those in need within our community.

HOW TO BECOME A MONTHLY DONOR

Simply decide on an amount that feels right for you; then sign up to become a monthly donor by visiting us online at

www.extremeoutreach.com

calling the office at 250-384-2064 or scan the QR code to open the donation page.





DONOR TESTIMONY

"What I love about Extreme Outreach is that their support for people in need is personal. They come alongside the most vulnerable families in our city and invest in their lives — doing the hard and beautiful work of not just giving to people, but of loving people in need. I've not seen anywhere that does this more genuinely, and more impactfully, than Extreme Outreach. An organization that is truly living out the message of the Kingdom of God, connecting with and lifting up the poor and brokenhearted within our city, and demonstrating love, honour and dignity. It's a privilege and a gift to be able to partner with them and participate in the work Extreme does." Chelsea C., Donor



January, 2023

Moved!



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Lagniappe Foundation































































































































DOUBLE DONATION!

MARK YOUR CALENDERS

Saturday June 17 · 10 am-3 pm @ Extreme Coffee House & online until midnight Scan to donate or go to www.extremeoutreach.com Our goal is to raise \$50,000





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