

250-384-2064 • office@extremeoutreach.com

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xtreme Outreach Society is a local non-profit organization with a vision to break the cycle of poverty, addiction, and homelessness before it begins. We provide unique programs and services for underprivileged kids and their families in a non-discriminatory environment.

OUR PROGRAMS **VOLUNTEERS ALWAYS NEEDED**

BBQ OUTREACH PROGRAM

This interactive outreach has proven successful since 1997. We connect with families in need almost every week by providing FREE hot meals, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence.

Sponsor a BBQ (\$300)



SUPERKIDS CAMP

We are committed to ensuring that kids in our community have the opportunity to enjoy a true summer camp experience regardless of the economic circumstances of their families. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids. Sponsor a child to go to camp (\$200)

EXTREME COFFEE HOUSE

Come by for a coffee, latte, lunch or snack – all available by donation. Proceeds help fund our programs! Complimentary WiFi is available, as well as a fun children's play zone. Rent the Coffee House with full barista services for events up to 40 people. Full information is available on our website.

YOUTH JOB SKILLS TRAINING

Extreme Coffee House welcomes youth ages 15 to 25 to join our Youth Job Skills Training Program, which is free of charge. We provide on-the-job training in barista skills, light food prep, FOODSAFE procedures, sanitation, and customer service skills. We are happy to help nurture youth by providing them with encouragement, mentorship, and skills that will build their confidence for the future. Youth are given the chance to gain valuable work skills in an uplifting environment while serving their community.



CHRISTMAS WARM A SOUL

Every year we fill over 1000 stockings with gifts, practical items, and treats for children in need, as well as First Nations communities, and those in local shelters, detox sites, and living on our streets – those who may not otherwise receive a gift at Christmas.



EXTREME CHRISTMAS DINNER

The highlight of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with dinner, gifts and friendship. This program creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. Kids love this special time!

EXTREME ADVENTURES

Activities in this program are designed to bring hope to children and youth, and to inspire them to become leaders in the community. Extreme Adventures include surfing, boating, wilderness field trips, hockey games and other events at Save-On arena, and more – creating memories that last a lifetime.

To donate, volunteer or find more information about our programs, please visit: www.extremeoutreach.com



Coffee House open Monday-Friday 8:30 am to 4:00 pm

102 - 284 Helmcken Road



Join in the fun!

oin us in sharing the joy of Christmas with local children, youth, and families in need! Our programs would not be possible without our amazing donors. Businesses and individuals alike can help us provide over 1000 stockings and gifts for our SuperKids Drive-Thru

Christmas event and Warm A Soul stocking program, as well as

15 brand-new bikes for our bike draw. Your financial donation will allow us to directly purchase the items needed to provide these programs for families in need.

lelp us make a difference

hristmas undraiser

PLATINUM

SPONSOR 40 GIFTS & 40 STOCKING

Special mention in the Extreme Outreach newsletter

GOLD

SPONSOR 20 GIFTS & 20 STOCKING

Special mention in the Extreme Outreach newsletter

\$500

SILVER

SPONSOR 10 GIFTS & 10 STOCKING

Special mention in the Extreme Outreach newsletter

BRON74E

SPONSOR 5 GIFTS & 5 STOCKING

Special mention in the Extreme Outreach newsletter



Donate Now!

Donate by calling our office at 250-384-2064, visiting us online at **www.extremeoutreach.com**, or scanning the QR code.





25th Annual Christmas Outreach

Saturday • December 17, 2022 • 11 am-3 pm

This is a FREE event for SuperKids families, however you MUST have a ticket to receive your items. For tickets, visit www.extremeoutreach.com.

hristmas is a special time of year for everyone but it also brings a lot of challenges for many families. Bringing hope is our main mission at Extreme Outreach and this is one of the ways we share hope.

We will once again be hosting a **SuperKids** Drive-Thru Christmas in place of our Annual Christmas Dinner. This event provides for over 60 families, who can sign up on our website to receive a stocking and gift for their children and youth. We are also hoping to once again give away 15 brand-new bikes. Rain or shine, we will be filling vehicles with gifts.

We look forward to seeing you there!



For more info visit www.extremeoutreach.com or call 250-384-2064



















Warming the souls of children this Christmas

hink back to the magic of Christmas that we have all hopefully experienced on Christmas morning as a child – rising at the crack of dawn, tiptoeing down the stairs and bolting to the stocking filled with gifts from Santa. Now, imagine your childhood without such a luxury. Hundreds of children in our community are caught in the treacherous cycle of poverty and have never received such a gift.

Each year, EOS hosts a Christmas outreach to fill 1000 stockings. We focus primarily on children who have been subjected to poverty, as well as First Nations communities, and individuals who live in shelters, detox, and on the streets. Your generous donation will help bring the joy of Christmas to these people in their time of need.

"I gave her the stocking and she asked is that for me?" and then tears started flowing down her face. This had been the first stocking she had ever received in her life."

Help us fill 1000 stockings with gifts, hygiene items, and treats by sending a financial donation. The **Warm A Soul** campaign runs from **November 15 to December 15**. The stockings are delivered during our new **SuperKids Drive-Thru Christmas**. To help us reach our goal of 1000 stockings, we need your help. Businesses, schools, groups or individuals can easily get involved in bringing joy to hundreds of children in need this Christmas. Each stocking costs approximately \$20. Any contribution you can give, big or small makes all the difference in a child's life this season.

Help Us Make a Difference

Our goal each year is 1000 stockings. Our record is 1610 stockings.

Let's see if we can break the record this year.





Donate Now!

Donate by calling our office at 250-384-2064, visiting us online at **www.extremeoutreach.com**, or scanning the QR code.





Youth training program successes!

Extreme Coffee House

estled in a quiet corner of View Royal, our Extreme Coffee House has been open for 7 years. Since the beginning, we've been a peaceful and welcoming place for everyone. We are excited to reopen our indoor seating to the public, including our Kids Corner full of toys and games!

Our coffee beans are now from Galloping Goose Coffee, which buys the coffee from smallholder farmers through their long-term trusted trade relationships, paying the best price for their coffee. Here at home, they are meticulous about roasting. This ensures sustainability for farmers and traders as well as a great cup of coffee for you. Certifications at origins include Fairtrade, organic and Rainforest Alliance. Our baristas prepare a large variety of drinks, ranging from black drip coffee to multiple specialty drinks, like tasty mochas.

We serve fresh sandwiches and delicious baked goods daily, as well as soup and chili in the fall and winter months. Our baker does such an amazing job you'll want to try one of everything! All food and drink purchases remain 100% by donation. Proceeds after expenses go to support our programs. Who knew a simple cup of coffee could make such an impact!



Youth Job Skills Training

ach year, we have a number of youth successfully complete our Youth Job Skills Training Program. We provide onthe-job training in barista skills, light food prep, FOODSAFE procedures, sanitation, and customer service skills. We are happy to help nurture youth by providing them with encouragement, mentorship, and skills that will build their confidence for the future. Youth are given the chance to gain valuable work skills in an uplifting environment while serving their community. We welcome youth ages 15 to 25 to join our Youth Job Skills Training Program by submitting an application on our website.



102 – 284 Helmcken Road Monday-Friday, 8:30 am-4:00 pm



Renos Complete!

We're so excited to reopen our indoor seating after completing a renovation of our Coffee House! After over a year of planning, it came together so nicely. And thanks to the support from these businesses, The Home Depot Canada Foundation and BarterPay It Forward, Associated Sheet Metal, and Groove Electric, the cost of the renovation was completely covered by their donations! We are so happy with our new space and can't wait for everyone to come and enjoy it. ♥

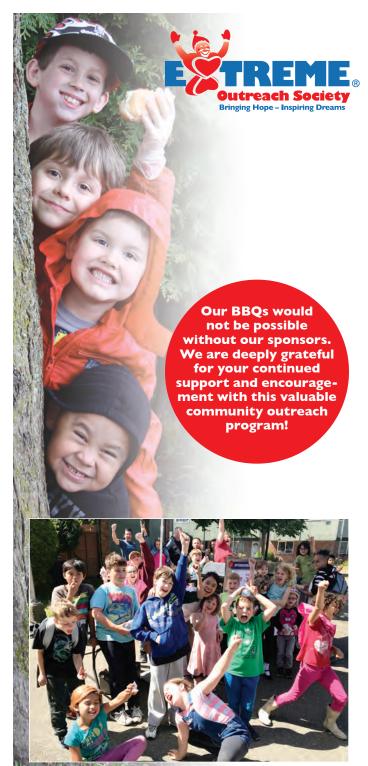
THANK YOU TO ALL THE BUSINESSES AND DONORS











Community Outreach

or most kids, enjoying a family BBQ, an outdoor adventure, or attending a fun workshop is part of normal childhood development and growing up in a healthy community. However, for marginalized or at-risk children, these opportunities are not easy to come by - activities that we often take for granted can be costly for families who cannot pay for them. Sometimes, parents who are struggling with responsibility and life skills don't realize that these activities are an important part of growing up.

Our weekly BBQ ministry is held at low-cost housing complexes, home to many at-risk children and youth. Over the years, Extreme Outreach has developed many life-long relationships, while inspiring children to cook and cooperate with each other. The BBQ is full of fun, energy and happiness as the children and their community gather to eat and play together. The BBQ starts with some of the regular attendee volunteers, eagerly waiting for Cliff to pull up in the bus and unload supplies. From there, they help with everything from putting smokies on the grill, to setting up buns and treats. The children are taught how to cook safely and with the best sanitary practices, giving them confidence that they can take home to their own families. While they take turns on the BBQ, they connect with Cliff and the other outreach volunteers, all while joking around and having fun. When the food is ready, the children blow a horn to let the community know. For some, this will be the first and/or only meal of the day. It is also one of the only times that the whole community comes together like this. The weekly BBQ Outreach helps build the heart of Community.

"The impact this has had is far reaching for both the students and participants. The students are keen to find ways to help out in the community, and for many of them, they are especially passionate about working with children. The BBQ offers a way to connect with other people in the community, while also helping Extreme Outreach to do their good work."

~ Laurie Parker, BA, MA Community Services Coordinator St. Michaels University School



Before Extreme

"They hit me," you will say, "but I'm not hurt! They beat me, but I don't feel it! When will I wake so I can find another drink?" Proverbs 23:35.

Unfortunately, that's how I lived my life growing up in Langford, where you were nothing unless you knew how to party. My goal was to be the best party animal the world has ever known. What a mistake! I don't recommend this goal to anyone.

It came to an end when I hit rock bottom one day. I was ready and trying to die. I had no hope at all. After praying with tears streaming down my face, saying, "God, if you are real, please help me", a miracle saved me, and I was completely covered by the purest love I've ever felt, and I opened my heart to Jesus. That's when the transformation began to happen. I've been straight since that experience on November 17, 1987. 35 years now, and no matter what I do, I give God all the glory. Without experiencing His love, Extreme wouldn't exist.

It has been a crazy ride but a good one. God uses my past now to encourage others to know Him. I started Extreme Outreach Society, and now we're celebrating 25 years.



25 years serving together, 16 years of marriage







Residents at the motel could not always celebrate birthdays due to living in a non-stop crisis. We made it a point to celebrate with them. Tears flowed many times.

The first 5 years focused on helping the people who lived at Holiday Court Motel, Victoria's main epicentre of crime. It was previously a tired tourist hotel but had become the unofficial transition house for the drugaddicted, prostituted, and just plain out of luck. I guit my drywall career and moved into room 21. My goal was to love the residents there, yet

much more began to happen. Slowly I gained the trust of the people in the motel, and their lives began to change. I brought them to treatment centres, taught drywall, helped with job placements, and started a teen basketball team. The constant police presence, overdoses, and fights were starting to fade until they were no longer present. The motel was eventually sold and torn down. To my surprise, where my room

21 had been, there's now a continuously flowing 3-pillar fountain.



BBO OUTREACH

The BBQ outreach began at Holiday Court Motel outside of room 21, when I would grill up burgers for hungry tenants to eat a real meal

for free. After the motel was gone, I turned my attention to a nearby low-income housing complex that had been a breeding

ground for teen drug users in the past. I began my BBQ outreach on the basketball courts at a school nearby, hoping to build relationships with vulnerable teens who might be considering or dealing with drug abuse. Instead, I found a community of young children potentially at risk due to their surroundings. Through this outreach, I began meeting their families. As we got to know the kids, we saw the need to

connect with them more often and developed the SuperKids Saturdays and Camp programs. The BBQ outreach continues to this day. Kids learn how to BBQ and serve their community, which builds their confidence.



BBQ at Holiday Court

Around 2005, Extreme Outreach purchased 8 houses on 2005 McKenzie Avenue to provide a safe, drug-free place for those transitioning out of rehab centres and the like. We also ran an Extreme thrift store for 2 years, had 50 gumball machines in businesses, and owned

The Shepherd's Guide to help raise funds to help pay the \$15,800/month mortgage. Miraculously, we never missed a payment! However, after 5 years of being extremely shortstaffed and running all of that, we began to burn out. So I shut down the thrift store and sold the gumball business and The Shepherd's Guide. It was time to turn our focus to breaking the cycle of poverty, homelessness, and addiction before it begins and continue to do outreaches for the kids.



Atreme THRIFT

... Continued from page 8

Eventually, the recovery house ministry was closed down, and we sold the houses and paid off the \$2.3 million mortgage,

providing a fresh start for a new season. We all deserved an "I survived!" T-shirt after this. It was really hard to let go of that vision, but I had to. I always seem to be a million short of fulfilling the vision in my heart.



SUPERKIDS

As time went on, the focus of the ministry transformed to the younger generation, mainly 6 to 12-year-olds. We started our SuperKids Saturday outreach in 2003, where we fed the kids lunch, played games,



SuperKids Saturday 2013

sang songs, and shared encouragement with them. We need a new home for this outreach.

Warm A Soul started 25 years ago with 25 stockings for the homeless. Now they are given to children in need, as well as First Nations communities, and those in local shelters, detox sites, and living on our streets - those who may not otherwise receive a gift at Christmas. It's amazing. We put together and give away more

than 1,000 stockings each year, with a record of 1610. This is made possible by people like you, either making a stocking or making a donation for us to make a stocking on your behalf.



CHRISTMAS **DINNER**

We have also provided a free Christmas dinner since the beginning. Over the years, this traditional Christmas dinner has become a

place where we give each child and youth a stocking and gift, have a bike draw for the kids and youth, and have door prizes for the parents. The dinner is now held at Songhees Wellness Centre for over 400 guests with the help of over 100 volunteers.





Leonna was the first recipient of the steak & pierogis Christmas dinner at Holiday Court Motel.

SUPERKIDS CAMP

Through our fundraising efforts, we strive to ensure that kids in our community have the opportunity to enjoy a true summer camp

experience, regardless of economic circumstances. Our overnight camp has become a highlight for kids and teens. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids! Most campers come from our other programs, so we get to know the kids well throughout the year.





ADVENTURES

Alongside our regular programs, we love to surprise our kids by organizing great new adventures. Many of the kids we reach out to do not have the means to participate in local adventure programs, trips, or organized sports. We are grateful to provide these life-changing opportunities. Our adventures have included surfing, sailing,

EXTREME COFFEE **HOUSE**

Two years after the sale of the houses, we purchased a space for our office for \$250,000. That brought our bank balance to 0. This was another start to a new adventure called

Extreme Coffee House. We've been running the Coffee House and our office there for 7 years now. It has been remarkable to see the number of youth we have been able to train. We are the first by-donation Coffee House as far as I know.

hiking, movie outings, hockey games, and more.



"As I look back on the past 25 years with Extreme, my heart overflows with gratitude. I think of all the lives that have been touched and of all the individuals who have partnered with us to help make our outreaches a success. So many wonderful relationships have been formed! With the help of our sponsors and volunteers, we have been able to serve thousands of men, women and children in our city and beyond, letting each one know how valuable they are. A special thank you to everyone who has partnered with us over the past 25 years. We couldn't do it without you."

Andrea Power, Children's Program Director

"As we continue with Extreme Outreach Society and the life-giving programs we provide, I hope we will always be able to show love and kindness to all. My book will soon be out and will go into way more detail. CHEERS!" Cliff Power, Founder & Executive Director



Chelsea M., Arianna, Alonzo, with Cliff & Andrea

"I really looked forward to the BBQs, getting out to see a bunch of the other kids in the neighbourhood. I had a lot of hard times getting to know the kids my age. I always felt like I got along with older people a lot better, and the BBQ just helped me get the mix of both of them... I just I felt like king of the world there... It's not like the experience ever ends. Even now I'm coming back and helping out, and I wouldn't want to do anything else... It was so much fun, kinda scary at times too but no matter what, we just kept going and everything turned out great. Even some of the hardship that Extreme had to face that I got to see the tiniest little bit of, we made it through and it's still kicking great."

Alonzo, SuperKid

"I started going to all of [the programs] at age 8. My mom was an alcoholic and life was difficult. These programs really helped me through this difficult time and to get out of the house. Cliff and Andrea, who I call my adoptive parents, have been my light at the end of the tunnel. If it were not for them being there and teaching me and helping me grow, I would not be where I am today. They gave me hope. I now have a real desire to help children all over the world!" Arianna, SuperKid

"When I was 5 I started going to the [programs]. Cliff started running a camp during the summer and I went to every one from there on. It was something I looked forward to all year. I remember bunking with my friends in the cabin... I never wanted to go home. Camp was a place where I could be a kid and not have to worry about what was going to happen to me the next day. I was safe and that was the feeling I liked the most. I became very close with Cliff and Andrea, they were like my second parents. Growing up with the BBQs, SuperKids, and Christmas dinners has helped me grow into a stronger person. I was able to see that there was a way to have a normal life without lies and with love and honesty. Now I am living a positive life and I owe that to everyone who has helped me... Cliff used to tell me "Sometimes you need to be the light that outshines the darkness" and I strongly believe this is true." Chelsea M., SuperKid



"Cliff helped shape me by being a father figure. I love you guys for being there for me, keeping me busy and showing me how life works." Edward, SuperKid

"SuperKids Camp has been an incredible week of fun, adventure and growth every year that I've been a part of it. There are so few opportunities in life to just throw yourself fully into an experience without being distracted by questions of whether your efforts make a tangible difference — but at this camp, you can see the impact of your service in real time, in the smiles of the kids, in the joy they experience in the exciting, uplifting, judgement-free and safe environment that the volunteers create together. It's hard work, but I've never been part of something more rewarding!"

Aaron, Volunteer



Box seats for Royals games generously donated

"Extreme Outreach has probably been my favourite group of people to gather with. I love absolutely everything I do with them. Such as the days we took a bus to eat lunch and play games, and the summer camp... As a teen now, even volunteering for the clean crew is fun. Even though Covid came they found a way to keep us still close with day camps. They always made sure we get stockings on Christmas & Christmas dinners are the ones I wait all year for. The dinners are absolutely amazing and delicious. They make sure it's for absolutely everyone. I loved the balloon drops we used to do. Extreme Outreach will always be a part of my life as they've made such a positive impact on my life!"

Antoinette, SuperKid

"I'm so happy to be able to help inspire these kids.
Thank you for being such a good mentor and
inspiration. When we all succeed, we all succeed!"
Gerald. Donor



Antoinette & siblings, with Cliff & Andrea

"I asked my children what SuperKids means in their lives. My 9-year-old replies, happiness, fun adventures, safe, love for God and good teachings for caring for one another, and how much Cliff and his wife are always there for all of us kids. It's like we all are their kids. My 7-year-old replies, it's like Cliff and Andrea are our family, really friendly and caring. I like SuperKids. Even when new kids come I like when new kids join our family. I like everything about SuperKids... Cliff works round the clock for SuperKids for all of us... I see the joy this organization brings upon my children... Endless dedication for those less fortunate making kids' lives memorable, as living low income can take its toll, especially as I am a single mother of three kids. Cliff would bring all families together for many occasions, the many things he offers I would have never done without the help of SuperKids cause I can't afford it. Without this organization and loving people like Cliff and Andrea, what kind of hope would there be for low-income families without the hope from SuperKids? Thank you."

Rachel, Mother





"Extreme Outreach came into my life when I was very young in the form of weekly BBQs. It was something I always looked forward to, along with SuperKids on the weekends. It was something that I could guarantee would happen, every week. Cliff has always tried to help as many children and adults as he can, and overall he's helped more than he probably realizes. Same with Andrea. They are two of the kindest people you'll meet. I'm so glad they've continued helping and doing what they do."

Chelsea K., SuperKid



"I'd like to say thank you to Extreme Outreach Society and Cliff Power who always advocates for my boy. Without you and your belief in my son's abilities, this SALTS trip wouldn't have been a reality. We are forever grateful and consider you family and an amazing mentor. Cassius loves helping out however he can and loves doing things with the SuperKids crew." Jessica, Mother

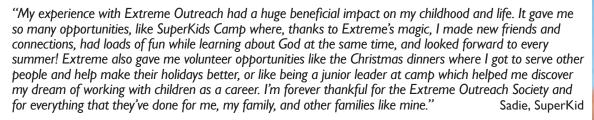


"A big thank you to Cliff and Andrea for helping me over the years with so much. I started going to SuperKids when I was 6 years old, and throughout the years I grew into a camp leader! This taught me so many valuable lessons in life that I still carry with me today. I am now 25 years old and have an amazing career and beautiful life. Without their guidance, influence and love I am not sure where I would be. I will forever be grateful for what you and everyone at Extreme Outreach did for me.

I love you guys always."

Devin, SuperKid

"Working with Cliff at Extreme Outreach has been a delight. He has a way of making work fun but also teaching you things. Along with many skills you pick up that help in versatility, it also teaches you discipline, improves your work ethic and helps develop a mindset needed to succeed and excel under pressure. I would recommend it to anyone who wants to do well and go far in life. The people you meet at Extreme are accepting, fun to work with and trusting... Extreme has developed into more than a place to volunteer, it has become my second family... My time there has helped made me into a strong worker, a better man and leaves me with lessons that I will never forget."





"Thank you to Extreme Outreach for all the opportunities given to my daughter starting at such a tender age like 5 years old, fast forward to now 15 years of age. My girl has learned things she would have never experienced if it wasn't for Extreme Outreach. Such an incredible experience and memories that will last her a lifetime."

Yours truly from a grateful Mama

















SuperKids

Bringing Hope and Inspiring Dreams













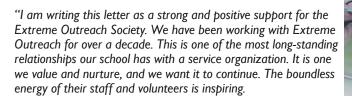
#I Rule: HAVE FUN!







Community Partnership



The programs they offer provide the basics (like food) but also the fun! They create a safe and positive place for kids to gather and just be kids. The Christmas dinner is another place to gather and be festive. It has such a positive impact on the community and makes things exciting! We notice the uniqueness of the programming and the focus on children and families. The benefit is not only to the youth and families who attend the BBQ, dinner or camps, but to the students from our school who get to volunteer and spend time with the kids. They get the opportunity to learn from each other and expand their world views."

St Michaels University School



there will be less youth in custody, thank you."

Youth Custody Centre Chaplain



Te are very thankful for our SALTS (Sail and Life Training Society) partnership that allowed us to send 6 of our youth on a 10-day sailing trip this summer! These trips have been amazing for all of our youth who have had this wonderful opportunity through the years. It's incredible to hear the excitement in their voices when they talk about their life-changing trip. We look forward to this continued partnership bringing more life-changing opportunities for our youth.







SuperKids

Camp is

the best!

CAMP PARTICIPANT







Become a Monthly Donor Be Part of Something Bigger

by becoming an Extreme Donor, you can extend your generosity in a meaningful way in the heart of your own community, creating real-life results in the lives of at-risk children, youth, and their families. With your monthly support, Extreme Outreach Society can offer supportive programs for more children, feed a greater number of children and their families, as well as purchase better quality supplies, toys, learning materials, and outdoor equipment, while accessing facilities and resources that we otherwise could not.

You become part of our Extreme Adventures, Summer Camp programs, weekly BBQs, youth training, Christmas outreaches, and our continued efforts to love and serve those in need within our community.



Simply decide on an amount that feels right for you; then sign up to become a monthly donor by visiting us online at

www.extremeoutreach.com

calling the office at 250-384-2064 or scan the QR code to open

the donation page.





"What I love about Extreme Outreach is that their support for people in need is personal. They come alongside the most vulnerable families in our city and invest in their lives - doing the hard and beautiful work of not just giving to people, but of loving people in need. I've not seen anywhere that does this more genuinely, and more impactfully, than Extreme Outreach. An organization that is truly living out the message of the Kingdom of God, connecting with and lifting up the poor and brokenhearted within our city, and demonstrating love, honour and dignity. It's a privilege and a gift to be able to partner with them and participate in the work Extreme does."

Chelsea C., Donor



"I became involved with EOS 9 years ago as a single mother with 2 children. I am so thankful and blessed every day for all the help EOS has given us. EOS has put huge smiles on all of my kids' faces every year at Christmas with dinner, stockings, gifts, and amazing experiences. Once, 2 short months after getting his new bike, it was stolen from my son. EOS was there to help and replaced it. To this day my son still remembers that... They have blessed my kids with many years of overnight camp that I, as a single mom, could never have afforded... My daughter recently was able to experience a trip of a lifetime through the SALTS program thanks to EOS. My children will carry these experiences with them into their adult lives. I will forever be grateful to EOS. And that's why I became a monthly donor." From a truly blessed and thankful family.







Lagniappe Foundation



















































































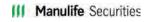
































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