



# EXTREME<sup>®</sup> Outreach Society

Bringing Hope – Inspiring Dreams

SPRING/SUMMER 2020



*Help make a difference*

**Double Your Donation Event – June 27**

*details inside*

102 – 284 Helmcken Road • Monday–Friday, 8 am–4 pm

250-384-2064 • [office@extremeoutreach.com](mailto:office@extremeoutreach.com)

Subscribe to our newsletter at [www.extremeoutreach.com](http://www.extremeoutreach.com)

**STAY  
Connected**



**E**xtrême Outreach Society (EOS) is a non-discriminatory, local, non-profit organization with a vision to remove barriers caused by poverty, resulting in stronger, healthier communities. The mission of Extreme Outreach Society is to break the cycle of poverty, homelessness and addiction at an early age. We provide unique programs and services for underprivileged kids and their families in an effort to inspire productive lifestyles and develop future leaders, thereby strengthening communities. ♥

## OUR PROGRAMS

**VOLUNTEERS ALWAYS NEEDED**

### BBQ OUTREACH PROGRAM

This interactive outreach has proven successful since 1998. We connect with families in need almost every week by providing FREE hot meals, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence.

**Sponsor a BBQ (\$300)**



### SUPERKIDS CAMP

We are committed to ensuring that kids in our community have the opportunity to enjoy a true summer camp experience regardless of the economic circumstances of their families. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids.

**Sponsor a child to go to camp (\$200)**

### EXTREME COFFEE HOUSE

Come by for a coffee, latte, lunch or snack – all available by donation. All net profit helps to fund the programs of Extreme Outreach Society! Complimentary WiFi is available, as well as a fun children's play zone. Rent the Coffee House with full barista services for events up to 40 people. Full information is available on our website.

### YOUTH JOB SKILL TRAINING

Extreme Coffee House welcomes youth seeking job skills to our new **Youth Job Skills Training** program, which is free of charge for youth. We provide on-the-job training in mentorship, barista training, light cooking, Food-Safe, sanitation and serving the public. Youth will be given the chance to increase confidence and work through areas of personal difficulty in an uplifting environment while serving their community. Participants will gain the confidence and skills to enter the work force.



*“Developing work skills in youth prepares them for their future.”*

– Cliff Power

### CHRISTMAS WARM A SOUL

Every year we fill over 1000 stockings with gifts, practical items, and treats. Our stockings are given to children in need, as well as those in local shelters, detox sites, and living on our streets. Although we focus on the children who are caught in the cycle of poverty, we also support those who end up at shelters, often feeling alone and alienated – those who would otherwise not receive a gift at Christmas.



### EXTREME CHRISTMAS DINNER

The highlight of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with dinner, gifts and friendship. This program creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. Kids love this special time!

### SUPERKIDS ADVENTURES

Activities in this program are designed to bring hope to children and youth, and to inspire them to become leaders in the community. SuperKids Adventures include surfing, boating, wilderness field trips, hockey games at Save-On arena, and other special events, more – creating memories that last a lifetime.

To donate, volunteer or find more information about our programs, please visit: **[www.extremeoutreach.com](http://www.extremeoutreach.com)**



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**E**xtrême Outreach Society has been providing free programs to support local underprivileged children and youth for 22 years. Our goal is to continue serving these children, and community support is critical in order to do so. Due to the ongoing COVID-19 pandemic, the BC government has announced that no overnight camps will be allowed to run this summer. In place of our 17th Annual SuperKids Summer Camp, we will be hosting **SuperKids Summer Day Camps** at different locations in Greater Victoria. We will be following all the provided health guidelines to ensure safe and fun filled days. Starting in July, each week we will be providing children and youth with meals, games, and fun filled activities, giving them hope and encouragement during this unprecedented time. All costs for these outreaches will be covered through our fundraising efforts. **Our goal is to raise \$25,000.** We are grateful for your support over the years. We value your partnership, and look forward to your support again this year. Thank you! ❤️



*Volunteers enjoying a big dinner feast before the kids arrive the next day! (Camp 2019)*

# DOUBLE YOUR DONATION!

Saturday June 27, 10 am–3 pm @ Extreme Coffee House

Help us raise \$25,000

Double donation matched by Lagniappe Foundation



Some of the youth who participated in our training program in recent years.

# Extreme Coffee House

## COFFEE WITH A CAUSE

**T**here are few things more satisfying in life than a warm cup of coffee. Richly roasted, swirling with your favourite flavours or purist of black.

Combine that satisfying cup of joe with helping less-fortunate kids from Victoria and you've got a match made in heaven!

Our **Extreme Outreach Coffee House** in View Royal serves as an homage to tranquility and an oasis away from the outside world.

We serve up some of the best locally roasted, organic coffee in Victoria, with proceeds funding our SuperKids programs for children in the community.

We use certified organic coffee beans from the famous Chiapas region of Southern Mexico. Local farmers have come together to produce an outstanding estate quality Arabica coffee. Using sustainable practices, the farmers have taken special care to organically cultivate coffee beans that truly are remarkable in taste, aroma and body. Beans are then shipped directly to our local Vancouver Island roaster who masterfully provides a rich cup of coffee with a cause.

Not only do we serve coffee, we also sell our beans in one pound or five pound bags. Recently, a local business purchased 300 bags of coffee for their company's gifts! Purchase the beans for your own home, or gift a bag to friends and help us spread the word.

Share the love of coffee and generosity and see what ripples you can create in our community. We will be sure to keep you posted on our newest projects! ♥

**Together we can make a difference!**



**ORDER YOUR COFFEE TODAY @**  
[www.extremecoffeehouse.com](http://www.extremecoffeehouse.com)

We will grind our fresh beans on site, or take home whole beans.

**Our organic coffee beans make a great gift!**



Youth training program successes!

## Youth Job Skills Training

**E**xtrême Coffee House welcomes youth seeking job skills to our new **Youth Job Skills Training** program which is free of charge for youth. We provide on-the-job training in mentorship, barista training, light cooking, Food-Safe, sanitation and serving. We are proud to help nurture youth by providing them with the confidence that they lacked prior to volunteering at the Extreme Coffee House. They are given the chance to increase confidence and work through areas of personal difficulty in an uplifting environment while serving their community. ♥



**102 – 284 Helmcken Road**  
**Monday–Friday, 8:30 am–4:30 pm**

*Special thanks to*

**Joan M. Turner, Artist • Our Volunteer Bakers**  
 All our **Coffee House Volunteers**



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## Community Outreach

For most kids, enjoying a family BBQ, an outdoor adventure, or attending a fun workshop is part of normal childhood development and growing up in a healthy community. However, for children who are marginalized or at risk, these opportunities are not easy to come by – activities that we often take for granted can be costly for families who cannot pay for them. Sometimes, parents who are struggling with responsibility and life skills don't realize that these activities are an important part of growing up.

Our weekly BBQ ministry is held at low cost housing complexes that are home to many at-risk children and youth. Over the years Extreme Outreach has developed many life-long relationships, while inspiring children to cook and co-operate with each other. The BBQ is full of fun, energy and happiness as the children and their community gather to eat and play together. The BBQ starts with some of the regular attendee volunteers, eagerly waiting for Cliff to pull up in the bus and unload supplies. From there, they help with everything from putting smokies on the grill, to setting up buns and treats. The children are taught how to cook safely and with the best sanitary practices, giving them confidence that they can take home to their own families. While they take turns on the BBQ, they get to connect with Cliff and the other Outreach volunteers, while joking around with each other and having fun. When the food is ready, the children blow a horn letting the community know that the food is ready. In some cases, this will be the first and/or only meal of the day. It is also one of the only times that the whole community comes together like this. The weekly BBQ Outreach helps build the heart of Community. ♥

**Our BBQs would not be possible without our sponsors. We are deeply grateful for your continued support and encouragement with this valuable community outreach program!**



*"The impact this has had is far reaching for both the students and participants. The students are keen to find ways to help out in the community, and for many of them, they are especially passionate about working with children. The BBQ offers a way to connect with other people in the community, while also helping Extreme Outreach to do their good work."*

~ Laurie Parker, BA, MA  
Community Services Coordinator St. Michaels University School

**Will You Be our next sponsor?**

**Sponsor a BBQ today!**

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and visit [www.extremeoutreach.com](http://www.extremeoutreach.com)**

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# Warm a Soul

**A**fter speaking at Sidney Rotary and receiving their first ever standing ovation in 10 years, Ian Brown shared his dream about having a Santa's workshop. So I thought, let's do it, and the plans began. Sidney Rotary, Ian Brown's company Tower Kitchens and Millwork, along with Extreme Outreach Society took on the challenge. We planned for two workshops – one in the morning starting with breakfast, and one in the afternoon starting with lunch. Both workshops were filled in no time with registered kids, and everyone had a great time!

## Yukon Story

I had the opportunity to fly to the Yukon to deliver Christmas stockings. I assembled the team and we got a huge load ready for the Yukon. I had to be back by Friday because the big Christmas dinner was on Saturday. My wife said "are you sure about this?" Of course, it will be exciting! Ten volunteers met at the coffee house and put together 175 stockings, over 100 backpacks and other assorted gifts for kids in remote areas in the Yukon. It was a rush order but the little elves pulled together and got it done. A volunteer transferred eleven boxes to Yukon Air who have been flying the Warm a Soul delivery for years at no charge. Thank you, Yukon Air! Monday Morning after the successful event at the first annual Santa's Workshop, I was on the plane to the Yukon. The Warm a Soul stockings and gifts were on the cargo plane and arrived 30 minutes before me. My hosts (one of my SuperKids families that moved back to the Yukon a few years ago) were there to meet me. It was so amazing to see them again. We went straight to the radio station where they interviewed me and the family, and welcomed me to the Yukon. We then rushed over to my next interview at another station. It was very exciting! (More details on page 8)

Two days later I was on my way back to Victoria to get ready for that Saturday's amazing Christmas Dinner with 500 guests.❤



**Over 1000 Stockings were filled and delivered to Shelters and kids, Thank you Victoria! ❤**



Thank you, Westshore RCMP and Greater Victoria Police, and all first responders. Your service is needed and appreciated.



## Here are some highlights of our annual Christmas Dinner

▼ Kitchen volunteers at our 2019 Christmas Dinner.



▲ Delivering hampers.

▼ Harbour City Kitchens Bike donation through Rays Bikes.



THANK  
YOU FOR  
ALL YOUR  
SUPPORT!

Cliff & Andrea Power



# Yukon Warm a Soul

Cliff flew to the Yukon and got to personally hand out children's Christmas stockings to the Ghuch Tla Community School located in Carcross Tagish First Nation.

It's been a blast for the last seven years delivering stockings as far away as Old Crow, Nunuvut, Haines Junction, Watson Lake, Teslin and surrounding areas. Air North Cargo in Vancouver has been delivering these stockings every year for free. Thank you, Yukon Air.

When Cliff arrived, he went straight to be interviewed by CHON FM Indigenous Radio and CBC's Air Play with Dave White. This is the second year the Ghuch Tla Community School in Carcross Tagish First Nation have received the Christmas stockings. They were joined by RCMP Corporal Jason Muise and RCMP Constable David LaVallee. Last year Constable JP Cormier joined Corporal Muise to officially kickoff what will be a continuing Holiday tradition.

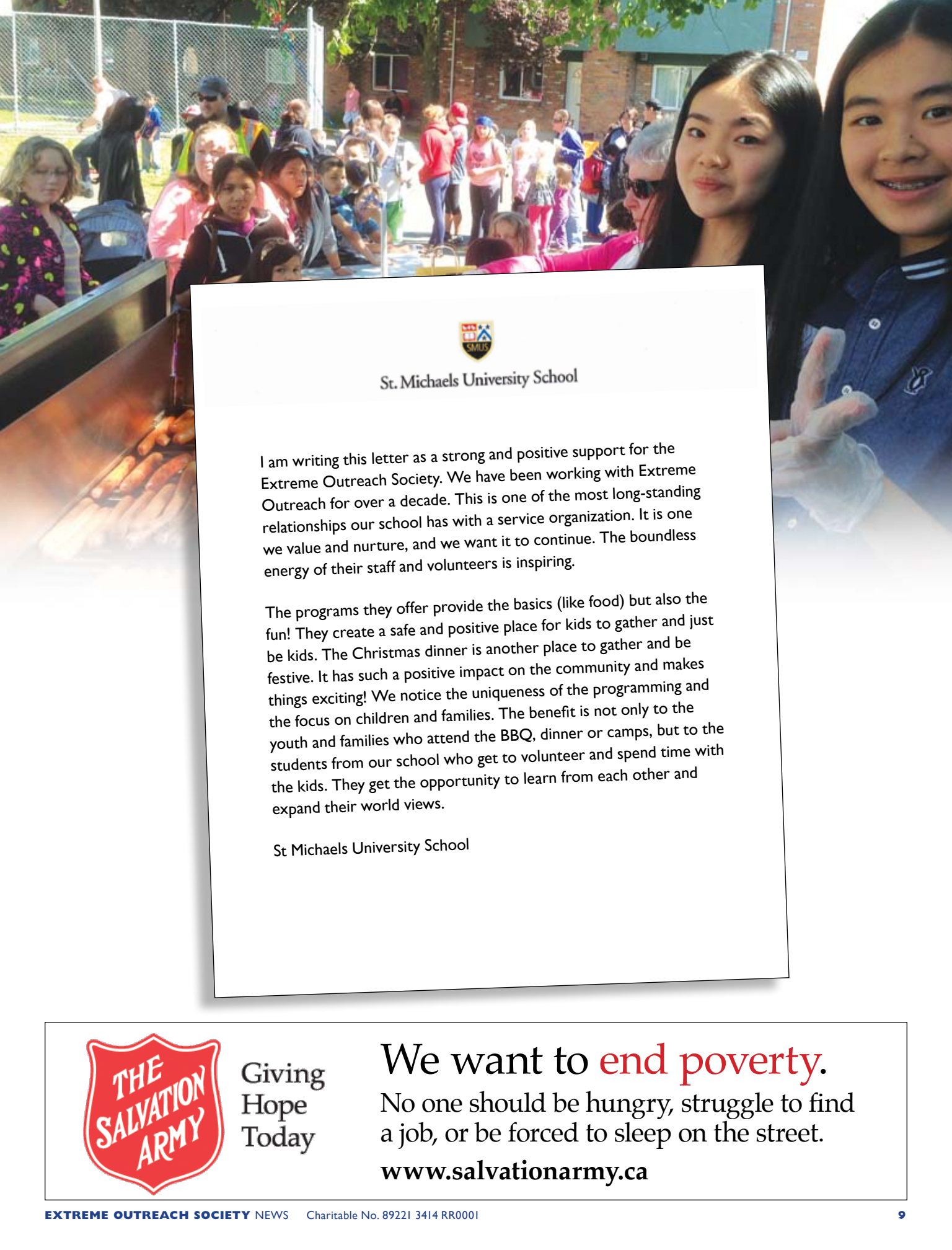
Before the stockings were handed out, teacher Gary Sidney Johnson introduced the Aan Yatx'i Saani (children of the land) who performed traditional and surrounding First Nation songs and dances.

They performed a Tsimshian eagle song (*our hearts are good when we soar like the eagle*), the raven strut which was in both Tsimshian and Tlingit languages, the bear dance (local), *Sindi Tlaas ya aandeí kwagoot* (*Santa Claus is Coming to Town*), *We Will See You Again/Later* song, and *Tsu heide Shoogaaxtootaan* (*We will once again open the container of wisdom left in our care*).

A big thank you to all who participated in another successful Warm a Soul Yukon Christmas Stocking giveaway! ❤️



Always take time to inspire the next Generation; I'm always excited to share my story and inspire Youth to do great things!



### St. Michaels University School

I am writing this letter as a strong and positive support for the Extreme Outreach Society. We have been working with Extreme Outreach for over a decade. This is one of the most long-standing relationships our school has with a service organization. It is one we value and nurture, and we want it to continue. The boundless energy of their staff and volunteers is inspiring.

The programs they offer provide the basics (like food) but also the fun! They create a safe and positive place for kids to gather and just be kids. The Christmas dinner is another place to gather and be festive. It has such a positive impact on the community and makes things exciting! We notice the uniqueness of the programming and the focus on children and families. The benefit is not only to the youth and families who attend the BBQ, dinner or camps, but to the students from our school who get to volunteer and spend time with the kids. They get the opportunity to learn from each other and expand their world views.

St Michaels University School



Giving  
Hope  
Today

## We want to **end poverty.**

No one should be hungry, struggle to find a job, or be forced to sleep on the street.

[www.salvationarmy.ca](http://www.salvationarmy.ca)

# Arianna's Story

**T**his is a story to tell you a little about myself, and where I came from to get to where I am today.

I started going to a program called SuperKids when I was 8 years old. Extreme Outreach provided many programs for me including Summer Camp, SuperKids Saturdays, Extreme Adventures and Christmas banquet dinners. I went to all of these growing up and they gave me hope. During this time it was tough though, as my mom started dating a guy who is now her husband, that led her farther away from herself and from me. She is an alcoholic and smoker, she wasn't like that before she met him. Growing up it was hard to do anything or grow as a person because I was stuck at home. I even had to stop playing sports because my asthma got so bad from them smoking in the house. So SuperKids really helped me through this difficult time and to get out of the house. Cliff and Andrea, who I call my adoptive parents, have been my light at the end of the tunnel. If it were not for them being there and teaching me and helping me grow, I would not be where I am today.

I have been with the Extreme for 17 years now. I grew up attending the programs as a kid, and later became a youth leader and then an adult leader. Through this, my faith grew and I discovered that I love working with children. So I took a step toward making that dream come true. I am going to bible



college and just completed my third year of a BA in Children's Ministry. I will be completing my fourth year next year. During this time I had the opportunity to go to Israel, and also did an internship in Dominican Republic and worked with the children there. Travelling to these places and seeing other cultures has changed me forever, and I now have a real desire to help children all over the world.

Overall I have had tough times and fun times in my life. The struggles of dealing with my family were hard, but the fun times with Extreme Outreach and all the activity's that went with it gave me hope and really helped me growing up. All of these experiences have shaped me and turned me into the person I am now, and will continue shaping me. I am truly grateful for all the amazing experiences I had through Extreme. The people behind it are amazing and the relationships I formed will last a lifetime. ❤️

Arianna



Arianna's internship in Dominican Republic.

*"It's amazing to know someone is thinking of our well being and security. So thankful for all the support given to my community by Extreme in the past years and especially during these current trying times when mobility and accessibility are definitely an issue.*

*Thank you Extreme Outreach"*

From the President of a community housing group

## Donor Testimonial

*"We have known Cliff Power for around 20 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city."*



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# Extreme Teens Girls Group

Our Extreme Teens Girls group is for girls who have been in our SuperKids program as kids and have become teens. It is a place for mentorship and growth, fun, and to just hangout. The teen years can be difficult, so the goal of this group is to provide a safe and positive atmosphere where each teen feels accepted, connected and encouraged. Since Covid, we have continued to meet regularly online. We look forward to when we can meet in person outside with social distancing, hopefully soon. ❤️



Through the generosity and partnership of Glad Tidings Church, the girls were given the opportunity to attend the Illuminate Girls Weekend in February and enjoyed it. Thank you GT!

## SuperKids ADVENTURES



S.A.L.T.S sailing trip – thank you S.A.L.T.S!



SuperKids boys hockey event.



[harbourcitykitchens.com](http://harbourcitykitchens.com)

250-652-5200

2189 Keating Cross Road



# Covid Relief Outreaches

**D**uring the pandemic, Extreme has been able to deliver food and gift baskets to many families, and pick up people that needed to be isolated. At Easter we delivered 300 gift bags to children. We have been available for families who need help.

*Tsawout First Nations Easter Outreach.*



A recent highlight was delivering 7000 freezes to two different communities. These were donated by Superstore Westshore. Wow! You should have seen how happy these kids were when they peeked through the door. We took a box to each door put it down, knocked and walked away – then watched the recipients read the card and receive their gift. People were so thankful. It was so funny that I started with one helper, then two, then three, and more wanted to help. Ten helpers in all – gloved, practicing social distancing, just having a great time – kids, teens and a few mothers of course!

A message I received from a Mom:

*“My daughter was so excited when she went to the door after the truck left. She even stood in the door way and was just listening to how excited kids were to find a special treat. It brightened her day so much and I loved showing her how we can all help each other right now, even when everyone is feeling so isolated.” ♥*



*During Covid Extreme has been partnering with Salvation Army delivering hampers to people still in isolation.*



**Coming soon!**



**Become a Monthly Donor**  
**Be Part of Something Bigger**



**CALL NOW 250-384-2064**  
**OR DONATE ONLINE:**  
**[www.extremeoutreach.com](http://www.extremeoutreach.com)**





## We Need Monthly Donors

### Be Part of Something Bigger

**B**y becoming an Extreme Sponsor, you can extend your generosity in a meaningful way in the heart of your own community, creating real-life results in the lives of at-risk children and their families.

With your monthly support, Extreme Outreach Society can offer supportive programs for more children, feed a greater number of children and their families, and purchase better quality supplies, toys, learning materials, and outdoor equipment while accessing facilities and resources that we otherwise could not.

You become part of our Extreme Adventures, SuperKids Saturdays and Summer Camp programs, weekly BBQs, Christmas Outreach and our continued efforts to love and serve those in need within our community.

### HOW TO BECOME A MONTHLY SPONSOR

Simply decide on an amount that feels right for you; then sign up to become a monthly sponsor by visiting us online at [www.extremeoutreach.com](http://www.extremeoutreach.com). ♥

*"Help us to continue reaching out to the children in Victoria by becoming a monthly sponsor. Call the office at 250-384-2064. Thank you!"*

— Cliff & Andrea

#### Monthly Giving Through Your Employer

##### We are registered with:

- Telus monthly giving
- Microsoft monthly giving
- Provincial Employees Community Services Fund
- United Way

#### Coop Gas Rebate

Use our COOP number when you fill your tank. At the end of the year, Extreme will receive the 2% rebate on all the gas you purchased.

**Extreme Outreach**  
# 26103



**Yes!**

I will become a Monthly Partner.

**CALL NOW 250-384-2064**

**OR DONATE ONLINE: [www.extremeoutreach.com](http://www.extremeoutreach.com)**

# DOUBLE YOUR DONATION!

**Saturday June 27, 10 am–3 pm @ Extreme Coffee House**  
**Help us raise \$25,000**

Double donation matched by Lagnippe Foundation



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Encourage one another  
towards Love and good  
deeds!



Together  
We Are  
Better!

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during this unprecedented time. All costs for these outreaches will be covered through our fundraising efforts.

**Our goal is to raise \$25,000.**

### WAYS TO DONATE:

- online **[www.extremeoutreach.com](http://www.extremeoutreach.com)**
- e-transfer email **[bk@extremeoutreach.com](mailto:bk@extremeoutreach.com)**
- phone **250-384-2064** we can take your info over phone
- Extreme Coffee House **10 am–2 pm**  
**102 – 284 Helmcken Road, Victoria BC V9B 1T2**



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