



EXTREME® Outreach Society
Bringing Hope – Inspiring Dreams

Merry Christmas and Happy New Year!



102 – 284 Helmcken Road • Monday–Friday, 8 am–4 pm
250-384-2064 • office@extremeoutreach.com

Subscribe to our newsletter at www.extremeoutreach.com

**STAY
Connected**



Extrême Outreach Society (EOS) is a non-discriminatory, local, non-profit organization with a vision to remove barriers caused by poverty, resulting in stronger, healthier communities. The mission of Extreme Outreach Society is to break the cycle of poverty, homelessness and addiction at an early age. We provide unique programs and services for underprivileged kids and their families in an effort to inspire productive lifestyles and develop future leaders, thereby strengthening communities. ♥

OUR PROGRAMS

VOLUNTEERS ALWAYS NEEDED

BBQ OUTREACH PROGRAM

This interactive outreach has proven successful since 1998. We connect with families in need almost every week by providing FREE hot meals, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence.

Sponsor a BBQ (\$300)



SUPERKIDS CAMP

We are committed to ensuring that kids in our community have the opportunity to enjoy a true summer camp experience regardless of the economic circumstances of their families. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids.

Sponsor a child to go to camp (\$200)

EXTREME COFFEE HOUSE

Come by for a coffee, latte, lunch or snack – all available by donation. All net profit helps to fund the programs of Extreme Outreach Society! Complimentary WiFi is available, as well as a fun children's play zone. Rent the Coffee House with full barista services for events up to 40 people. Full information is available on our website.

YOUTH JOB SKILL TRAINING

Extreme Coffee House welcomes youth seeking job skills to our new **Youth Job Skills Training** program, which is free of charge for youth. We provide on-the-job training in mentorship, barista training, light cooking, Food-Safe, sanitation and serving the public. Youth will be given the chance to increase confidence and work through areas of personal difficulty in an uplifting environment while serving their community. Participants will gain the confidence and skills to enter the work force.



"I believe that as kids find hope and feel loved, it naturally causes them to believe they can rise above their situation, and that's half the battle."

– Cliff Power, Founder

CHRISTMAS WARM A SOUL

Every year we fill over 1000 stockings with gifts, practical items, and treats. Our stockings are given to children in need, as well as those in local shelters, detox sites, and living on our streets. Although we focus on the children who are caught in the cycle of poverty, we also support those who end up at shelters, often feeling alone and alienated – those who would otherwise not receive a gift at Christmas.

EXTREME CHRISTMAS DINNER

The highlight of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with dinner, gifts and friendship. This program creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. Kids love this special time!

SUPERKIDS/ADVENTURES

Seeking location to host SuperKids (approx.1000 sq ft needed)

SuperKids Saturdays are a seasonal, weekly action-packed program for kids ages 6–12. SuperKids is a place for children to learn healthy living skills and relate to others in a caring atmosphere. The day is filled with games, music, a healthy lunch and special events. Activities in this program are designed to bring hope to kids and inspire them to become leaders in the community. Our number one rule: HAVE FUN! (Transportation available).

SuperKids Adventures include surfing, boating and wilderness field trips – creating memories that last a lifetime. We love to surprise our kids by organizing great new adventures. Many of the kids we reach out to do not have the means to participate in local adventure programs, trips or organized sports – we are grateful to provide these opportunities.

Volunteers and donations needed

To donate, volunteer or find more information about our programs, please visit: **www.extremeoutreach.com**



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22nd Annual Christmas Dinner

• SATURDAY • DECEMBER 14, 2019 • 1 PM •

This is a **FREE** event for SuperKids families, however you **MUST** have a ticket to get in.
For tickets, please call our office at **250-384-2064**.



Christmas is a special time of the year for everyone but it also brings in a lot of challenges for many families and the homeless. Bringing hope is our main mission at EOS and this is one of the ways we share hope. When these kids win bikes or just line up to receive a gift, smiles show us that hope has entered into their hearts.

We always need volunteers to come and help us with our programs while building relationships, and the Christmas dinner is a fun and easy way to get involved.

The best part about an Extreme Christmas Dinner is that we all pitch in together to pull it off! You can complete the volunteer application by using this link:

www.extremeoutreach.com/christmas-volunteer-application,

or visit our website and click the links to our "Christmas volunteer" application:

www.extremeoutreach.com. ♥



Kids lined up for Christmas gifts.

Needs

Here is a complete list of what we need...

- Financial donations
- 100 volunteers (this fills up fast so don't wait to sign up!)
- 40 turkeys
- Potatoes and veggies
- 50 bouquets of flowers
- 20 trays of stuffing
- 25 new bikes
- 500 children's gifts
- 150 soccer balls, volleyballs, or basketballs
- 1000 stockings
- 1000 pairs of gloves, toques and scarves

If you would like to donate, please call our office at 250-384-2064 or click here to visit our website:

www.extremeoutreach.com ♥

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Glenlyon Norfolk Junior School stocking contribution.

Warming the souls of children this Christmas

Extrême Outreach Society has been providing generous programs for less-fortunate and under-privileged kids for the last 22 years. One of the various outreach programs we provide is a beloved annual Christmas event called **Warm-A-Soul**.

Think back to the magic of Christmas that we have all hopefully experienced on Christmas morning as a child – rising at the crack of dawn, tiptoeing down the stairs and bolting to the stocking filled with gifts from Santa. Now, imagine your childhood without such a luxury. Hundreds of children in our community are caught in the treacherous cycle of poverty and have never received such a gift. Holidays and luxuries we take for granted would be life-changing for a child.

Each year, EOS hosts a Christmas and New Year's event to spread cheer and raise donations to help fill 1000 stockings. EOS focuses primarily on children who have been subjected to poverty, but also supports individuals who live in shelters, detox, and on the streets. These individuals have many needs, and without your generous donations, would not receive any gift at all. As a community, we feel it is our responsibility and privilege to offer kindness and Christmas spirit to all.

"I gave her the stocking and she asked 'is that for me?' and then tears started flowing down her face. This had been the first stocking she had ever received in her life."

Having the ability to impact a child in this way is so rewarding, and we are so lucky that our community warmly welcomes our society and its values into their holiday traditions.

Help us fill 1000 stockings with gifts, hygiene items, and treats for our children, by sending a financial donation. The Warm-A-Soul campaign runs from November 15 to December 15. The stockings are delivered during our **Annual Christmas Dinner**. To help us reach our goal of 1000 stockings, we

need your help. Businesses, schools, and other groups or individuals can easily get involved in bringing joy to 100s of children in need this Christmas. Each stocking costs approximately \$20. Any contribution you can give, big or small makes all the difference in a child's life this season.

Help us make a difference with the spirit of giving this Christmas. ♥

www.extremeoutreach.com

Our goal each year is 1000 stockings.

Our record is 1610 stockings.

Let's see if we can break the record this year.



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Some of the youth who participated in our training program in recent years.

Extreme Coffee House

COFFEE WITH A CAUSE

There are few things more satisfying in life than a warm cup of coffee. Richly roasted, swirling with your favourite flavours or purist of black.

Combine that satisfying cup of joe with helping less-fortunate kids from Victoria and you've got a match made in heaven!

Our **Extreme Outreach Coffee House** in View Royal serves as an homage to tranquility and an oasis away from the outside world.

We serve up some of the best locally roasted, organic coffee in Victoria, with proceeds funding our SuperKids programs for children in the community.

We use certified organic coffee beans from the famous Chiapas region of Southern Mexico. Local farmers have come together to produce an outstanding estate quality Arabica coffee. Using sustainable practices, the farmers have taken special care to organically cultivate coffee beans that truly are remarkable in taste, aroma and body. Beans are then shipped directly to our local Vancouver Island roaster who masterfully provides a rich cup of coffee with a cause.

Not only do we serve coffee, we also sell our beans in one pound or five pound bags. Recently, a local business purchased 300 bags of coffee for their company's gifts! Purchase the beans for your own home, or gift a bag to friends and help us spread the word.

Share the love of coffee and generosity and see what ripples you can create in our community. We will be sure to keep you posted on our newest projects! ♥

Together we can make a difference!



ORDER YOUR COFFEE TODAY!

We will grind our fresh beans on site, or take home whole beans.

Our organic coffee beans make a great gift!



Youth training program successes!

Youth Job Skills Training

Extrême Coffee House welcomes youth seeking job skills to our new **Youth Job Skills Training** program which is free of charge for youth. We provide on-the-job training in mentorship, barista training, light cooking, Food-Safe, sanitation and serving. We are proud to help nurture youth by providing them with the confidence that they lacked prior to volunteering at the Extreme Coffee House. They are given the chance to increase confidence and work through areas of personal difficulty in an uplifting environment while serving their community. ♥



102 – 284 Helmcken Road
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Special thanks to

Joan M. Turner, Artist • Our Volunteer Bakers
All our **Coffee House Volunteers**



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BBQ Outreach Ministry

For most kids, enjoying a family BBQ, an outdoor adventure, or attending a fun workshop is part of normal childhood development and growing up in a healthy community. However for children who are marginalized or at risk, these opportunities are not easy to come by – activities that we often take for granted can be costly for families who cannot pay for them. Sometimes, parents who are struggling with responsibility and life skills don't realize that these activities are an important part of growing up.

Our weekly BBQ ministry is held at low cost housing complex that is home to many at-risk children and youth. Over the years Cliff Power has developed many life-long relationships, while inspiring children to cook and co-operate with each other. The BBQ is full of fun, energy and happiness as the children and their community gather to eat and play together. The BBQ starts with some of the regular attendee volunteers, eagerly waiting for Cliff to pull up in the bus and unload supplies. From there, they help with everything from putting smokies on the grill, to setting up buns and treats. The children are taught how to cook safely and with the best sanitary practices, giving them confidence that they can take home to their own families. While they take turns on the BBQ, they get to connect with Cliff and the other Outreach volunteers, while joking around with each other and having fun. When the food is ready, the children blow a horn letting the rest of the community know that it's eating time! Siblings, parents and friends come to the small square where they are handed their food, which they have anticipated the whole day. In some cases, this will be the first and/or only meal of the day. It is also one of the only times that the whole community comes together like this. The weekly BBQ ministry brings the best of Community Outreach together: co-operation, cooking, volunteers and family. ♥

"The impact this has had is far reaching for both the students and participants. The students are keen to find ways to help out in the community, and for many of them, they are especially passionate about working with children. The BBQ offers a way to connect with other people in the community, while also helping Extreme Outreach to do their good work."

~ Laurie Parker, BA, MA
Community Services Coordinator St. Michaels University School

Our BBQs would not be possible without our sponsors. We are deeply grateful for your continued support and encouragement with this valuable community outreach program!



Sponsor a BBQ today!

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and visit www.extremeoutreach.com**

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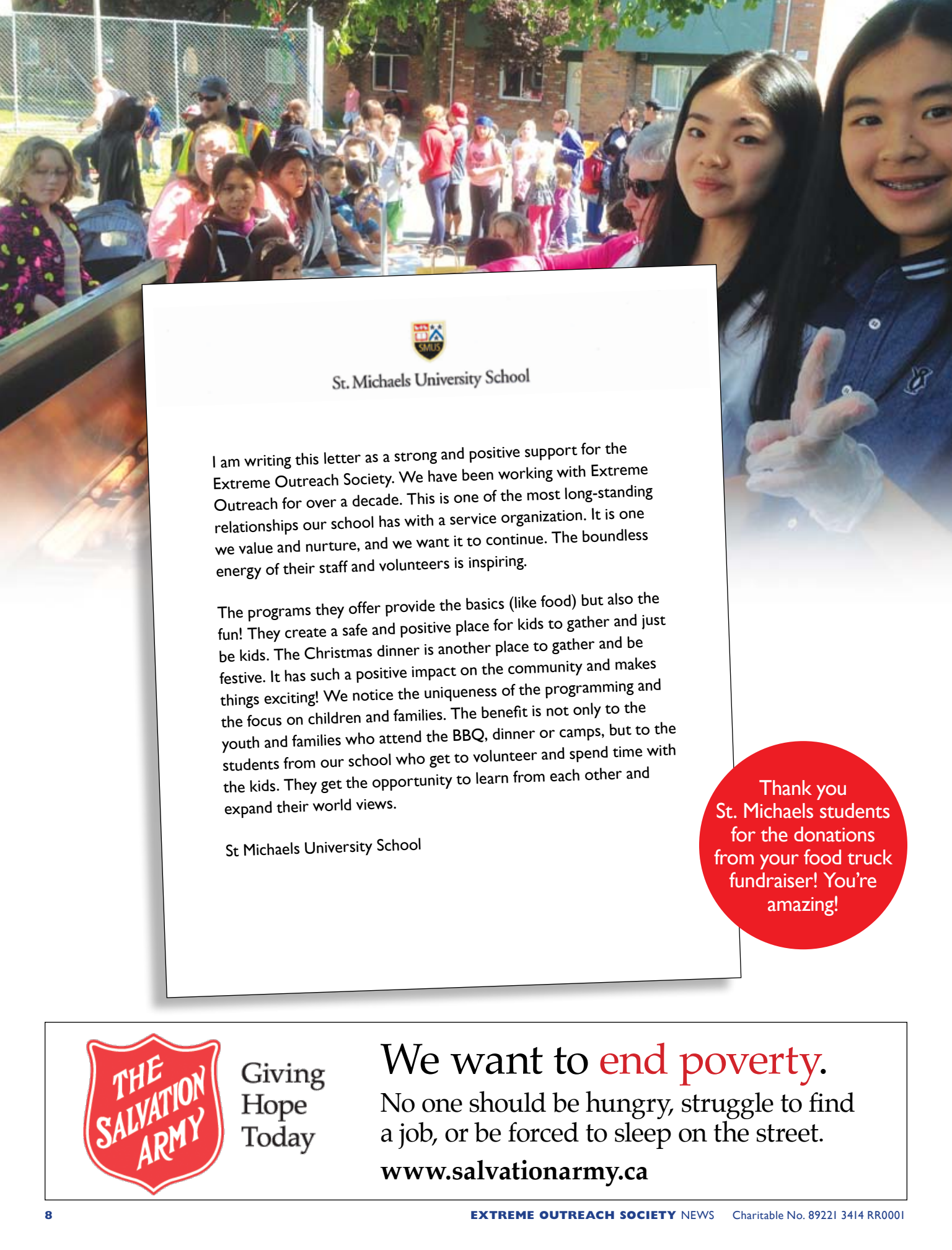
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St. Michaels University School

I am writing this letter as a strong and positive support for the Extreme Outreach Society. We have been working with Extreme Outreach for over a decade. This is one of the most long-standing relationships our school has with a service organization. It is one we value and nurture, and we want it to continue. The boundless energy of their staff and volunteers is inspiring.

The programs they offer provide the basics (like food) but also the fun! They create a safe and positive place for kids to gather and just be kids. The Christmas dinner is another place to gather and be festive. It has such a positive impact on the community and makes things exciting! We notice the uniqueness of the programming and the focus on children and families. The benefit is not only to the youth and families who attend the BBQ, dinner or camps, but to the students from our school who get to volunteer and spend time with the kids. They get the opportunity to learn from each other and expand their world views.

St Michaels University School

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“We have known Cliff Power for around 20 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city.”



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Extreme Outreach Annual Christmas Dinner



And thank you to all the generous local businesses who contributed to make this a great success!

Merry Christmas!

Let us encourage one another towards love and good deeds



Santa's Workshop

Saturday December 7
Breakfast group 9–11:30 am | Lunch group 12-2:30 pm

A wonderful free woodworking workshop for kids aged 6 to 12. They will make something fun to take home, and a meal is included!

Registration required | For more information, please call 250-384-2064

Partners include Sidney Rotary and Tower Kitchens & Millwork Ltd

Volunteers Needed







THANK
YOU FOR
ALL YOUR
SUPPORT!

Cliff & Andrea Power



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**SuperKids
CAMP**

**Summer Camp
was a great
success!**

All sponsorships
were covered.

Thank you to our
many donors and
volunteers!




Thank you!



EXTREME
Outreach Society
Bringing Hope - Inspiring Dreams





We Need Monthly Donors

Be Part of Something Bigger

By becoming an Extreme Sponsor, you can extend your generosity in a meaningful way in the heart of your own community, creating real-life results in the lives of at-risk children and their families.

With your monthly support, Extreme Outreach Society can offer supportive programs for more children, feed a greater number of children and their families, and purchase better quality supplies, toys, learning materials, and outdoor equipment while accessing facilities and resources that we otherwise could not.

You become part of our Extreme Adventures, SuperKids Saturdays and Summer Camp programs, weekly BBQs, Christmas Outreach and our continued efforts to love and serve those in need within our community.

HOW TO BECOME A MONTHLY SPONSOR

Simply decide on an amount that feels right for you; then sign up to become a monthly sponsor by visiting us online at www.extremeoutreach.com. ♥

"Help us to continue reaching out to the children in Victoria by becoming a monthly sponsor. Call the office at 250-384-2064. Thank you!"

– Cliff & Andrea

Monthly Giving Through Your Employer

We are registered with:

- Telus monthly giving
- Microsoft monthly giving
- Provincial Employees Community Services Fund
- United Way



Coop Gas Rebate

Use our COOP number when you fill your tank. At the end of the year, Extreme will receive the 2% rebate on all the gas you purchased.

Extreme Outreach
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OR DONATE ONLINE: www.extremeoutreach.com

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*"My son
doesn't stop
asking when
camp is!"*
HAPPY DAD



bjk

architecture inc.

Brian Kapuscinski - Architect AIBC

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