



SPRING/SUMMER 2016

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102 – 284 Helmcken Road Monday–Friday, 8:30 am–4 pm 250–383–2064

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250-383-2064

STAY Connected







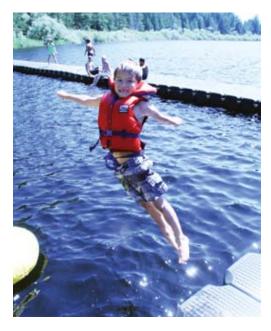


Directors Cliff and Andrea Power

"I believe that as kids find hope and feel loved, it naturally causes them to believe they can rise above their situation, and that's half the battle."

- Cliff Power, Founder





Mission

xtreme Outreach Society is a local, non-profit organization that is committed to breaking the cycle of poverty, homelessness and addiction at an early age. We believe it is better to build-up kids now, than to rehabilitate adults later. In an effort to love, serve and connect with at-risk kids

and their families, we serve over 10,000 meals a year (British Columbia has the highest child poverty rate in Canada). We envision a community where families no longer have to live in poverty, and where kids have the tools to say no to drugs, and yes to healthy life choices. We help build better communities by providing unique programs that inspire productive lifestyles and develop future leaders.

OUR PROGRAMS

SUPERKIDS –

A weekly program for kids ages 6–12. Superkids is a place for children to learn healthy living skills and relate to others in a caring atmosphere. The day is filled with games, music, Bible



stories, a healthy lunch and special events. Activities in this program are designed to bring hope to kids and inspire them to become leaders in the community. Our number one rule: HAVE FUN! (Transportation available)

* Volunteers & donations needed

SUPERKIDS CAMP – We are committed to ensuring that every child has an opportunity to enjoy a true

summer camp experience, regardless of economic circumstance. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids.



Five action-packed days of fun and excitement!

* Sponsor a child to go to camp (\$200)

BBQ OUTREACH PROGRAM – This interactive ministry has proven to be a success since 1998. We connect with families in need almost every week by providing FREE hot meals, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence. Preparing and sharing a meal together is a great way to build relationships.

*Sponsor a BBQ (\$300)

EXTREME ADVENTURES – Surfing, boating, wilderness field trips and other exciting adventures – creating memories that last a lifetime. Throughout the year, we love to surprise our kids by organizing great, new adventures. Many of the kids we reach out to do not have the means to participate in local adventure programs, trips, or organized sports – we are grateful to give them these opportunities.

*Sponsor an Extreme Adventure!

greatest highlights of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not otherwise afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with a traditional Christmas dinner, gifts, and friendship. This ministry creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. The kids love this special time.

*Volunteers & donations needed

CHRISTMAS WARM A SOUL – Every year, we fill over 1000 stockings with gifts, treats and practical items. Our stockings are given to children in need, those in local shelters and detox sites, and to the men and women who live on our streets. Although we primarily focus on the children who are caught in the cycle of poverty and poverty-related issues, we also support those who end up at shelters, often feeling alone and alienated – those who would otherwise not receive a gift at Christmas.

*Volunteers & donations needed

EXTREME COFFEE HOUSE – Come enjoy a latte or snack at our new coffee shop. Lunch is also served while supplies last. This is where hospitality meets goodness. Book your event or party with us. Watch major sports events on the big screen. We can seat 40 people. Enjoy lattes, hot drinks, cool drinks, snacks during your event.



To donate, volunteer or find more information about our programs, please visit: **www.extremeoutreach.com**



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Kids love the Kid's Corner!



Hot chocolate, Yum!



Youth mentorship.



xtreme Outreach Coffee House has been open since May 2015, and I must say it has been an exciting year! We are primarily run by volunteers, and all of our drinks and snacks are by donation. With Level Ground Coffee on our side, and the training we have been given by their staff, we are able to make a great cup of coffee and create the best lattes. Come on down and see us!

COFFEE HOUSE TESTIMONIAL

Working at the Extreme Coffee House as an employee (thanks to a grant from the government) and now as a volunteer throughout this past year has been a truly heartening and wonderful experience. The people are what make this place come to life: the other volunteers, the customers, and anyone else who walks through our door. I come in every week looking forward to spending time with these outstanding people who form our Extreme Coffee House community.

- Nicole, UVic student



Kitchen Skills Training Program

xtreme Coffee House welcomes teens seeking job skills to participate in our new Kitchen Skills Training Program.

Youth between the ages of 16-22 will commit to four hours per week for eight weeks and will receive free training in the areas of:

- barista training
- light cooking
- · baking and raw-food baking
- chilled drinks prep (coffees and smoothies)
- FoodSafe
- janitorial
- general workplace skills mentorship.

Upon successful completion of 32 hours of training, Extreme will assist the trainee into possible job-entry positions through offering a Letter of Recommendation to potential employers in the community.

This program will commence July 2016 and will run for eight weeks, consecutively for one year as a pilot program. All trainees will work alongside our dedicated coffee house volunteers. Contact us at 250-384-2064 for more details or to register.



Youth training – making lattes.



Some of our Coffee House Volunteers.

Fresh New Faces of Level Ground!



























COFFEE HOUSE RENTAL TESTIMONIAL

Island Hoppers have taken the opportunity to rent out the Extreme Coffee House as a meeting place and party venue for our jumpers and parents of the Island Hoppers Competitive Jump Rope team — everyone thoroughly enjoyed themselves! Being a non-profit organization ourselves, we really appreciate the fact that all rentals of the Extreme Coffee House facility are by donation, and love the kind of atmosphere it has to offer.

- Island Hoppers Team



Youth Training.



102 – 284 Helmcken Road Monday-Friday, 8:30 am-4 pm 250-383-2064

A perfect venue for small parties or events:

- Corporate meetings
- Team Functions
- Youth Groups
- Volunteer Organizations
- Birthday Parties
- ... or watch the game on the big screen TV with your friends!

We can accommodate approximately 40 people and rental is by donation.

Book your event today!

Call 250-383-2064 or email office@extremeoutreach.com.

www.extremeoutreach.com



TAKE

THE TIME

TO MAKE

THE CHANGE

Save your **FREE** seat online for a BY DESIGN WORKSHOP hosted at the Extreme Outreach Coffee shop!

All donations benefit the Extreme Outreach Society and Superkids!

Join us for the By Design Life Challenge: an

8 WEEK INTERACTIVE PROGRAM

that teaches simple, effective strategies to pay off debt, increase your influence, strengthen relationships, prioritize what's important and have more fun living your dreams!







"As Andrea and I were handing out stockings we ran into a guy who received a stocking last year. He was so happy and told us how he had received a coffee thermos, and how it was the best thing ever, and that he uses it every day. This is a good example of how something so little can bring so much joy."



Cliff and helper handing out stockings.

t was amazing again as the community came together and we met our goal of over 1000 Christmas stockings for those caught in the cycle of poverty. The men,women and children were so excited to receive these stockings filled to the brim with great things. Especially knowing that someone cares.

Women transition housing exclaimed after they received the stockings and 25 bouquets of flowers from Extreme – "This was a most incredible donation and such thoughtful gifts. THANK YOU!"

We all must continue to remember all those in transition. They are our brothers and sisters, and fellow human beings who need a hand up and a filling up at the Hope Station!

Glenlyon Norfolk School is such a leader for this event. The students participate to help us reach our goal of

1000 stockings. All the students from grades I to I2 bring in a stocking that matches their age and gender. The school has embraced this program for the last four years.

Timeless Toys has been a great example of business partnership. They embraced the program and handed out empty stockings to their customers to bring back full and ready for Warm-A-Soul.



Glenlyon Norfolk Junior School students bring out the stockings.

Nicholes from Pacific Christian School has been a great asset to the team. He has been the trail blazer at PCS, putting together over 100 stockings for the Warm-A-Soul program.

Thank you to all the social groups, youth groups, community residents, businesses, and Church communities that make this happen.



Girl Guide helpers.



Teen receives exactly what he likes.



We want to end poverty.

Thank you

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for suppling

all the

flowers.

No one should be hungry, struggle to find a job, or be forced to sleep on the street.

www.salvationarmy.ca



ur 18th Annual CHRISTMAS dinner was over the top! Thanks to all the generous donations, we were able to meet our goal. All the kids received gifts, as well as stockings and, of course, a great traditional turkey dinner which fed more than 500 guests.

Christmas is a special time of the year for everyone, but it also brings in a lot of challenges for many families and the homeless. Bringing hope is our main mission at EOS and this is one of the ways we share hope. When these kids win bikes, or just line up to receive a gift, their smiles show us that hope has entered their hearts.

I was amazed at all the volunteer support again this year. When I received a call asking if 75 girl guides could come and help, I thought "Wow! Of course! Let's make it happen." They were so much fun and did a great job.



Cliff and Andrea with Chief Ron, Songhees First Nation Community, and Chief Harvey and his wife Lillian, Tsawout First Nation Community, who came to help serve and welcome all the guests at the community dinner.



Our amazing volunteers from Glenlyon Norfolk School.



Thank you to Sotheby's Realty for sponsoring our Christmas Dinner Event by covering the hall rental.



Donor Testimonial

We have known Cliff Power for around 20 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city.



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"This is the best camp ever! How did my Mom find this camp!? - 10 year old boy

July 11-15 2016 uperkids Camp is always an adventure; it's a lot of work but it's worth it. I always want to say a special thank you to our Volunteers and supporters, so: THANK YOU! These kids have so my fun all week long and are given this amazing opportunity because of you.

A week at camp can really change a kid's life. Most kids are tired and pushed to do so many activities nowadays with heavy workloads and crazy schedules. We always hope to put on a camp where it becomes a time for kids to lay all that behind and just have fun. Our team works tirelessly to make this happen.

This was an exceptionally challenging year. But once again we are excited for camp. We are so thankful for the many people that will jump in to help.

Camp fills up so fast with kids; we expect to be at full capacity again this year. Our highlights are always canoeing in Young Lake, hiking the amazing trails, playing crazy games and swimming every day. Kids learn and sing in chapel time about encouraging one another and that they are loved by a loving God.

By the end of camp kids were walking on water!





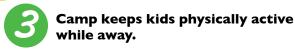


Camp is the place where kids make their very best friends.





Camp experience supports healthy child development and gets kids back outside.





BBB A+ RATING – 2012 Torch Award Double Finalist (6-time nominee)

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"Thank you so much for the camp... Jenna came home with so many great stories." - Happy Mom

Will you help send a kid to camp?

VOLUNTEER TESTIMONIAL

I started working for Extreme Outreach Society in May as Camp Coordinator, and I quickly realized that what I thought was going to be a one-time summer job was in fact something I wanted to be a part of and stay a part of. It was a huge learning experience for me; being a new member of an immensely established and truly inspiring organization and jumping in to what I knew was such an important role for them, I really wanted to do it justice — "sink or swim" I was told! Stack on top of that a brand new Extreme Outreach Coffee House and Cliff and Andrea's gigantic move and I knew I was in for quite an interesting experience.

The camp itself made all of the stressful days worth it. The kids reminded me of the reason why I applied for the Camp Coordinator job in the first place — the ones who had been coming for years were so happy to show me around and tell me stories about the awesome times they have had in previous years at Camp, and how it was always the highlight of their summer. On that note, I am so thankful for all the Volunteers who took me in and made me feel welcome at camp. I am really looking forward to next year when I get to spend another incredible week with everyone.

Watching the excitement on the SuperKids' faces really allowed me to fully understand how much this camp means to them. Cliff, Andrea and all the other Volunteers make such a huge impact on their lives and I feel very honored to have been able to be a part of this adventure. I fully intend on continuing to participate in the years to come!

Nicole



Camp build's self-confidence and self-esteem.



Camp encourages kids to try something new.







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liff and I are so thankful for the privilege it is to provide a safe and fun atmosphere where the kids in Victoria can come and feel at home. There is a big need for this and **we love to plant positive seeds in the lives of each child**, which will later help them make healthy choices in their lives. Each child is a work of art, a beautiful creation, and we love to bless and call forth the uniqueness and gifting in each one.

We are thankful for our wonderful volunteer team composed of adults, youth and families who have joined us in this vision and have been a real blessing!

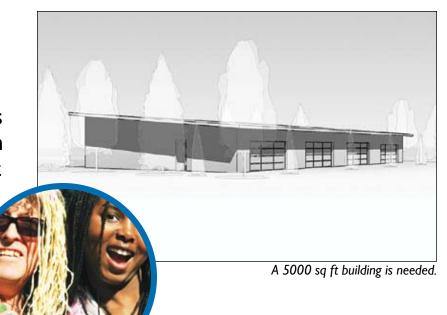
If you would like to become a monthly sponsor to help us continue this and other valuable programs we provide, we would be grateful. For more information you can find us at www.extremeoutreach.com.

Andrea Power
Children's Program Director

e had to make a hard decision and cancel this season of **Superkids**, but are hoping to make it up next season.

We are thankful for the use of the location at Glad Tidings Church, but their programs have grown and they will soon be renovating their gym. We felt it was better not to start the **Superkids** program this year if we couldn't carry it through the whole season. We need our own home for **Superkids** where the program can run all year long for the kids who need and love it. This is a big request and we hope, with the help of the community, to find an amazing place.

Superkids Camp is going ahead, and will be amazing! ♥



KPL James architecture

519 Pandora Avenue Victoria, BC V8W 1N5

E: info@kpljames.com

www.kpljames.com







BBQ Outreach Ministry

ur weekly BBQ ministry is held at a low cost housing complex that is home to many at-risk children and youth. Cliff Power has been doing ministry at this location for over 10 years, and it is from his BBQ cart that he has developed many life-long relationships, while inspiring children to cook and cooperate with each other. The BBQ is full of fun, energy and happiness as the children and their community gathers to eat and play together.



Please call our office at 250-384-2064

Saint Michaels University School

e have hosted many groups at our weekly BBQ and SMUS is always leading the way. We have trained over 200 students in the past five years and it's always fun to see the international students play with the kids.

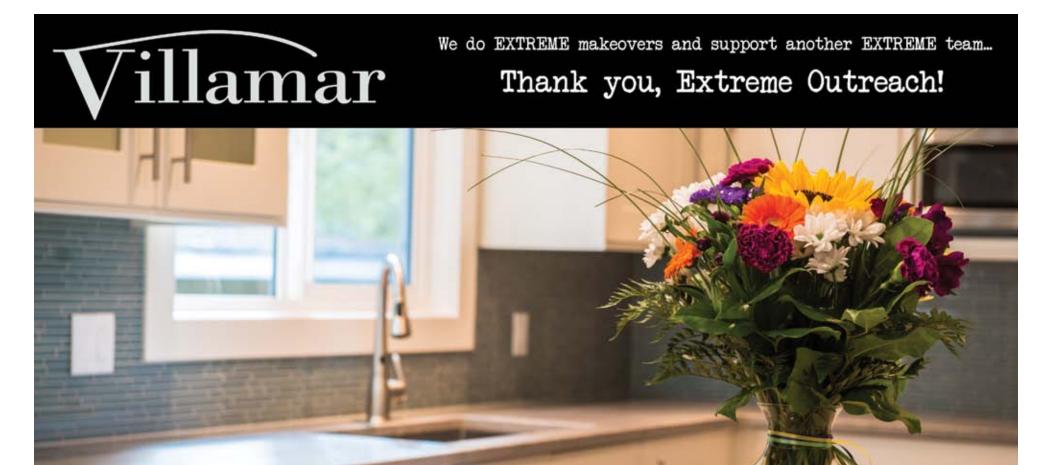


SMUS students in action.

SMUS TESTIMONIAL

The students at St. Michaels University School have been volunteering with the weekly BBQs for almost a decade. They are involved in so many ways, and help set up the food, run the grill, play street hockey or soccer, turn the skipping ropes, and have great conversations with the families that attend. The impact it has had is far reaching, for both the students and the participants. The students (mostly in grades 9-12) are keen to find ways to help out in the community, and for many of them, they are especially passionate about working with children. The BBQ offers a way to connect with other people in the community, while also helping Extreme Outreach to do their good work. We hope this connection continues for many more decades!

- Laurie Parker BA, MA, Community Service Coordinator



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www.extremeoutreach.com

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Extreme Outreach Volunteer Experience Working for Cliff at Extreme Outreach

has been a delight for the last three years. He has a way of making work fun, but also teaching you things. Along with many

skills you pick up that helps in versatility, it

also teaches you discipline, improves your work ethic and helps develop a mindset

needed succeed and excel under pressure.

people you meet at Extreme are accepting,

fun to work with and trusting. They help

you build your confidence, hear you out,

and graciously accept you into their family. Extreme has developed into more than a place to volunteer, it has become my

second family, a place I always look forward

to and miss when I'm not present. My time there has helped made me into a strong worker, a better man and leaves me with lessons that I will never forget.

"Work smarter not harder!"

I would recommend it to anyone who wants to do well, and go far in life. The

at 250-384-2064

YOUTH TESTIMONIAL

GIFT























































BABE'S



Glenlyon Norfolk School







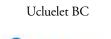






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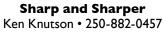
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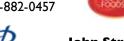
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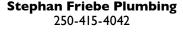
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Benefits of Placing an Ad

- Helps Extreme Outreach cover cost of Newsletter
- 30,000 copies are delivered to every major grocery store, library, rec center from Nanaimo to Victoria and from Sooke to Sidney; also sent to over 100 churches, 2000 businesses, and 3000 residents

Call 250-383-2064 for details.

Coop Gas Rebate

Use our COOP number when you fill your tank. At the end of the year, Extreme will receive the 2% rebate on all the gas you purchased.

Extreme Outreach # 26103

We want to thank all those who purchased an ad in this publication. This helps us to cover the cost of our newsletter.

Chank you so much.

We want to say a huge thank you to all of our amazing volunteers and supporters.

Volunteer and help change a life!

The Benefits of Giving

iving is a gift for others to enjoy! When we give, we not only help the immediate recipient of our gift, we also spur a ripple effect of generosity through our community. It may help you build stronger social connections and even jumpstart a cascade of generosity through your community ... and don't be surprised if you find yourself benefiting from a big dose of happiness in the process!

Giving releases a heart of gratitude. Whether you're on the giving or receiving end of a gift, that gift can release feelings of gratitude – it can be a way of expressing gratitude or instilling gratitude in the recipient. Research has found that gratitude is integral to happiness, health, and social bonds.

Giving promotes cooperation and social connection. When you give, you're more likely to get back. Several studies have suggested that when you give

to others, your generosity is likely to be rewarded by others down the line – sometimes by the person you gave to, sometimes by someone else.

"Whoever is generous to the poor lends to the Lord, and he will repay him for his deed."

- Proverbs 19:17

Giving is good for our health - it makes us think of others and gets us off of our seats and onto the streets! Giving makes us feel happy research has found that giving can not only increase feelings of gratitude but also an overall sense of well being.

"It is more blessed to give than to receive."

Acts 20:35





Thank you to the Hero who donated our awesome new bus. Now we just need to get it ready for our SuperKids! YAY!









Become a Monthly Donor

unning Extreme Outreach requires an inspired vision, organized and committed volunteers, and financial support to fuel the fire. With all of these elements in place, we are able to help bring hope, stability and joy into people's lives.

Many of our readers are people in the community who have big hearts. They are people who care a whole lot about making a difference to those in need, especially children. However with the fast pace of life that we all have; family, career and personal matters make for an already full day, and volunteering just isn't an option.

That's why choosing to be a monthly donor is **the perfect solution.** By becoming a Monthly Donor, you are able to get the best of both- you can use your time for career and family life, yet you can also extend your generosity in a meaningful way; creating real-life results in any of our fantastic programs and ministries.

With your Monthly Support, Extreme Outreach can feed more children, purchase better quality food, toys, learning materials and outdoor equipment, all while accessing facilities and resource that we otherwise could not. As a Monthly Donor, you get the satisfaction of knowing that your generosity is making a difference in the lives of at-risk children and youth.

In a way, you become a part of our camping trips and our weekly BBQs. You become a part of developing stronger, healthier kids.

Without much effort at all, you become part of something bigger than yourself.

Becoming a Donor is easy – simply decide on an amount that feels right for you, and then visit us online, call us or send in this form.

Be a Hero, and become part of something bigger. Join our Monthly **Donor Program today.**

"Help us to continue reaching out to the children in Victoria by becoming a monthly sponsor. Fill out the form below or call the office at 250-384-2064. Thank you!"

- Cliff & Andrea





Help us have a great year!

Monthly Giving Through Your Employer

We are registered with:

- Telus monthly giving
- Microsoft monthly giving
- Provincial Employees **Community Services Fund**
- United Way

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Card No: Expiry Date:	
Signature:	
Name of Cardholder: For monthly donors, please enclose a cheque marked "void" or complete credit card information above. Your monthly donation will be processed at the beginning of the month.	

There are many opportunities to help, but one of our greatest needs is financial support. Thank you for helping us save money by supplying your own donation envelope.









Every kid should get the chance to go to summer camp!

ummer camp is one of the greatest places a child can go in their lives. Unfortunately for some families it is just not in the budget, so many children do not get the opportunity to experience camp life.

Extreme Outreach Society has been providing free programs to support local underprivileged children and youth for 18 years. Their goal is to continue serving these children, and community support is critical in order to do so. Their annual SuperKids Summer Camp will be held this year from July 11–15, where approximately 100 children and youth will be coming out for a week of fun filled activities – making memories and acquiring skills that will last a lifetime. Our goal is to raise \$25,000 to ensure that no child will be left behind.



Thank you!

Go to www.extremeoutreach.com to donate today!



Yes! I will send a kid to camp.	CALL NOW OR DONATE ONLINE: www.extremeoutreach.com
First Name: Last Name: Address:	 □ I Kid \$200 □ 2 Kids \$400 □ 3 Kids \$600 □ 5 kids \$1000 □ Other \$
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