



EXTREME[®] Outreach Society
Bringing Hope – Inspiring Dreams

newsletter

Merry Christmas and Happy New Year!



*19th Annual
Christmas
Dinner
December 17*

DETAILS ON
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FALL/WINTER 2016

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SuperKids



102 – 284 Helmcken Road
Monday–Friday, 8:30 am–4 pm
250-384-2064

Subscribe to our newsletter go to
www.extremeoutreach.com

STAY Connected    



Directors Cliff and Andrea Power

“I believe that as kids find hope and feel loved, it naturally causes them to believe they can rise above their situation, and that’s half the battle.”

– Cliff Power, Founder



Mission

Extrême Outreach Society is a local, non-profit organization that is committed to breaking the cycle of poverty, homelessness and addiction at an early age. We believe it is better to build-up kids now, than to rehabilitate adults later. In an effort to love, serve and connect with at-risk kids and their families, we serve over 10,000 meals a year (British Columbia has the highest child poverty rate in Canada). We envision a community where families no longer have to live in poverty, and where kids have the tools to say no to drugs, and yes to healthy life choices. We help build better communities by providing unique programs that inspire productive lifestyles and develop future leaders. ❤️



OUR PROGRAMS

SUPERKIDS –

A weekly program for kids ages 6–12. Superkids is a place for children to learn healthy living skills and relate to others in a caring atmosphere.

The day is filled with games, music, Bible stories, a healthy lunch and special events. Activities in this program are designed to bring hope to kids and inspire them to become leaders in the community. Our number one rule: HAVE FUN! (Transportation available)

* Volunteers & donations needed



SUPERKIDS CAMP – We are committed to ensuring that every child has an opportunity to enjoy a true summer camp experience, regardless of economic circumstance. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids. Five action-packed days of fun and excitement!

* Sponsor a child to go to camp (\$200)

BBQ OUTREACH PROGRAM – This interactive ministry has proven to be a success since 1998. We connect with families in need almost every week by providing FREE hot meals, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence. Preparing and sharing a meal together is a great way to build relationships.

*Sponsor a BBQ (\$300)

EXTREME ADVENTURES – Surfing, boating, wilderness field trips and other exciting adventures – creating memories that last a lifetime. Throughout the year, we love to surprise our kids by organizing great, new adventures. Many of the kids we reach out to do not have the means to participate in local adventure programs, trips, or organized sports – we are grateful to give them these opportunities.

*Sponsor an Extreme Adventure!

EXTREME CHRISTMAS DINNER – One of the greatest highlights of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not otherwise afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with a traditional Christmas dinner, gifts, and friendship. This ministry creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. The kids love this special time.

*Volunteers & donations needed

CHRISTMAS WARM A SOUL – Every year, we fill over 1000 stockings with gifts, treats and practical items. Our stockings are given to children in need, those in local shelters and detox sites, and to the men and women who live on our streets. Although we primarily focus on the children who are caught in the cycle of poverty and poverty-related issues, we also support those who end up at shelters, often feeling alone and alienated – those who would otherwise not receive a gift at Christmas.

*Volunteers & donations needed

EXTREME COFFEE HOUSE – Come enjoy a latte or snack at our new coffee shop. Lunch is also served while supplies last. This is where hospitality meets goodness. Book your event or party with us. Watch major sports events on the big screen. We can seat 40 people. Enjoy lattes, hot drinks, cool drinks, and snacks during your event.



To donate, volunteer or find more information about our programs, please visit: www.extremeoutreach.com ❤️



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19th Annual Christmas Dinner

SATURDAY • DECEMBER 17, 2016 • 1 PM

This is a **FREE** event for Superkids families, however you **MUST** have a ticket to get in.
For tickets, please call our office at **250-384-2064**.



Our
19th Annual
Christmas
Dinner
is fast
approaching!



Christmas is a special time of the year for everyone but it also brings in a lot of challenges for many families and the homeless. Bringing hope is our main mission at EOS and this is one of the ways we share hope. When these kids win bikes or just line up to receive a gift, smiles shows us that hope has entered into their hearts.

We always need volunteers to come and help us with our programs while building relationships, and the Christmas dinner is a fun and easy way to get involved.

The best part about an Extreme Christmas Dinner is that we all pitch in together to pull it off! You can complete the volunteer application by using this link www.extremeoutreach.com/christmas-volunteer-application, or visit our website and click the links to our "Christmas volunteer" application: www.extremeoutreach.com. ♥

Wish List

Here is a complete list of what we need...

- 100 volunteers (this fills up fast so don't wait to sign up!)
- 40 turkeys
- Potatoes and veggies
- 50 bouquets of flowers
- 20 trays of stuffing
- 25 new bikes
- 500 children's gifts
- 150 soccer balls, volleyballs, or basketballs
- 1000 stockings
- 1000 pairs of gloves, toques and scarves
- Financial donations also needed



If you would like to donate, please call our office at 250-384-2064 or click here to visit our website: www.extremeoutreach.com ♥



Annual bike race; and yes, all the kids keep the bikes!



Our set-up crew.

Donor Testimonial

"We have known Cliff Power for around 20 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city."



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Glenlyon Norfolk Junior School stocking contribution.



Warm-A-Soul at Christmas

"had the worst day ever and was sitting outside crying and a random little boy stopped and gave me a bouquet of flowers :) ♡"

– Warm-A-Soul Recipient's text message



Glenlyon Norfolk Junior School students bring out the stockings.



Cliff and helper handing out stockings.

Every year, we fill over 1000 stockings with gifts and treats. Although we focus primarily on children who are caught in the cycle of poverty, we also support people who end up at shelters, detox and on the street – those who would otherwise never receive a gift.

We typically fill 300 stockings for women, and 300 for men. All of the rest of the stockings go to children.

The **Warm A Soul Campaign** runs from November 15–December 15. For more details, visit our website and click on the links to our Warm-A-Soul page: www.extremeoutreach.com.

Here's How To Join In On The Fun:

- Each stocking should cost approximately \$20 to fill.
- For women and children, pick up a large red stocking from any Dollar Store.
- For men, use a pair of large wool socks. Put one sock in the toe of the other.
- Fill your sock/stocking with items such as brushes, hygiene products, clothing, toys, books, games, and hard candy. For more gift ideas, see the section in the sidebar: "Creative Ways To Help."
- Please secure stockings with a safety pin.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- Please call our office at 250-384-2064 to arrange stocking drop off.

If you don't have time to make a stocking, consider donating financially so we can make one on your behalf! ♡



Teen receives exactly what he likes.



Girl Guide helpers.



Giving
Hope
Today

We want to **end poverty.**

No one should be hungry, struggle to find a job, or be forced to sleep on the street.

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Men's group continues on Monday nights. Come join us at 7 pm.



102 - 284 Helmcken Road
Monday-Friday, 8:30 am-4 pm
250-384-2064

Extreme Coffee House

Extreme Outreach Coffee House has been open since May 2015, and I must say it has been an exciting year! We are primarily run by volunteers, and all of our drinks and snacks are by donation. With Level Ground Coffee on our side, and the training we have been given by their staff, we are able to make a great cup of coffee and create the best lattes. Come on down and see us! ♥

COFFEE HOUSE TESTIMONIAL

I went into my summer job at Extreme Outreach thinking I would create some good relationships and make some wicked coffees... but that was an understatement. Right from the get-go I was part of the family. Within the first month, I felt involved in the society at large. I had never worked in a coffee shop before, but I learned quickly thanks to some great teachers. I received long-lasting friendships with colleagues, and also relationships with the customers! So many happy faces with different stories! The occasional morning grumpy face was nothing one of my honey cream lattes couldn't fix!

As summer camp preparation began, life got busy for Extreme Outreach. I learned a lot, working alongside the management staff, not under them. I did organizing, shopping, emailing, and preparing. A perfect learning role for me, as I was able to work on my leadership and problem-solving abilities. Extreme Outreach's camp was the best and most tiring experience of my life! I loved being a support and friend to all the amazing kids. At times it was tough, and that's when I really tried to apply our motto "Remember to love." God taught me a lot about being a leader and about having patience with these kids and the difficulties they might face at home. Overall, it was an incredible experience filled with lasting memories.

After camp, I adopted a managerial role at the café, and learned about scheduling, inventory, administration, as well as making super delicious coffees. This really built up my communication and time management skills. I have learned a lot and have surprised myself! This was one of my best summers for learning and individual growth.

– Ezra, Canada Summer Jobs grant student employee



Ezra training one of our youth.

Kitchen Skills Training Program

Extreme Coffee House welcomes teens seeking job skills to participate in our new **Kitchen Skills Training Program**.

Youth between the ages of 16–22 will commit to four hours per week for eight weeks and will receive free training in the areas of:

- barista training
- light cooking
- baking and raw-food baking
- general workplace skills mentorship.
- FoodSafe
- janitorial
- chilled drinks prep (coffees and smoothies)

Upon successful completion of 32 hours of training, Extreme will assist the trainee into possible job-entry positions through offering a Letter of Recommendation to potential employers in the community.

This program will commence July 2016 and will run for eight weeks, consecutively for one year as a pilot program. All trainees will work alongside our dedicated coffee house volunteers. Contact us at 250-384-2064 for more details or to register. ♥

COFFEE HOUSE RENTAL TESTIMONIAL

Island Hoppers, a competitive jump rope team, has taken the opportunity to rent out the Extreme Coffee House as a meeting place and party venue for the jumpers and their parents. Everyone thoroughly enjoyed themselves! We really love the kind of atmosphere it has to offer.

– Island Hoppers Team



Moms with babies are regulars at the Coffee House and they say "...this is the best place to have a nice time together, and the sandwiches and coffee are great!"



A big Thank You to our volunteers!

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- Corporate meetings
- Team Functions
- Youth Groups
- Volunteer Organizations
- Birthday Parties
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www.extremehouse.com



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Special thanks to John Gowans for being a Platinum sponsor and sending 10 kids to camp!

Sincerely, Extreme Outreach Society



We had a great time again this year with all the kids who came to camp. They were so excited and had the fun of a life time. Our teaching that week was about how to overcome the many challenges that life can throw at as. We encouraged them to remember that they don't have to do it alone. John Wason, the DRAMA KING, came and did an amazing job teaching the kids through drama stories. ❤️

PARENT TESTIMONIAL

I asked my children what Superkids/Superkids Camp means in their lives. Nine-year-old Seth replies "Happiness, fun adventures, safety, love for God and good teachings for caring for one another and how much Cliff and his wife Andrea are always there for all of us kids. It's like we all are their kids." Seven-year-old Alaya replies "It's like Cliff and Andrea are our family, really friendly and caring. I like Superkids mom. Even when new kids come I like when new kids join our family. I like everything about Superkids; there are hamster balls, playing capture the flag, and swimming in the lake, and eating." As my son starts smiling upon his memories and says "Cliff works round the clock for Superkids, for all of us." I see how much joy this organization brings to my children – from Saturday morning up early ready to go to Superkids, to rushing home from school for the hot dog BBQ. Endless dedication to those less fortunate makes kid's lives memorable. Living low income can take its toll. The joy my kids have on their faces after an adventure with Superkids. The many things Cliff offers I would have never done without the help of Superkids. The camps are the greatest joy for my children. All my kids have had the greatest memories of Superkids and the Summer Camp. Without this organization and loving people like Cliff and Andrea for all they do endlessly, what kind of hope would there be for low income families with kids without the hope from Superkids. I started attending church and bringing God into my children's lives because of Cliff and his wife Andrea and love it. Thank you Cliff and Superkids.

Rachel, a Grateful Superkids Mom



**Next SUPERKIDS CAMP:
July 7-14, 2017**



"I wish camp could be forever"

- 7-year-old girl



Thanks to all our volunteers and sponsors!



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We need a new home!



We are still looking for a location to hold **Superkid Saturdays** and hope the community can help! We need a gym with full kitchen – room to play and learn. The kids are waiting patiently! ♥



Cliff and I are so thankful for the privilege it is to provide a safe and fun atmosphere where the kids in Victoria can come and feel at home. There is a big need for this and **we love to plant positive seeds in the lives of each child**, which will later help them make healthy choices in their lives. Each child is a work of art, a beautiful creation, and we love to bless and call forth the uniqueness and gifting in each one.

We are thankful for our wonderful volunteer team composed of adults, youth and families who have joined us in this vision and have been a real blessing!

If you would like to become a monthly sponsor to help us continue this and other valuable programs we provide, we would be grateful. For more information you can find us at www.extremeoutreach.com. ♥

Andrea Power
Children's Program
Director



BOTTLE AND COPPER DRIVE Saturdays
Oct 29, Nov 26, Jan 7
10am-2pm
Extreme Coffee House

There Are So Many Different Ways to Volunteer!

COFFEE SHOP • BBQ MINISTRY • OFFICE HELP
SUPERKIDS SATURDAYS • SUMMER CAMP
CHRISTMAS DINNERS • WARM-A-SOUL

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www.extremeoutreach.com/ways-to-help/volunteer



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BBQ Outreach Ministry

Our weekly BBQ ministry is held at a low cost housing complex that is home to many at-risk children and youth. Cliff Power has been doing ministry at this location for over 10 years, and it is from his BBQ cart that he has developed many life-long relationships, while inspiring children to cook and cooperate with each other. The BBQ is full of fun, energy and happiness as the children and their community gathers to eat and play together. ❤️



Saint Michaels University School

We have hosted many groups at our weekly BBQ and SMUS is always leading the way. We have trained over 200 students in the past five years and it's always fun to see the international students play with the kids. ❤️

SMUS students in action.



SMUS TESTIMONIAL

The students at St. Michaels University School have been volunteering with the weekly BBQs for almost a decade. They are involved in so many ways, and help set up the food, run the grill, play street hockey or soccer, turn the skipping ropes, and have great conversations with the families that attend. The impact it has had is far reaching, for both the students and the participants. The students (mostly in grades 9–12) are keen to find ways to help out in the community, and for many of them, they are especially passionate about working with children. The BBQ offers a way to connect with other people in the community, while also helping Extreme Outreach to do their good work. We hope this connection continues for many more decades!

– Laurie Parker BA, MA, Community Service Coordinator



SMUS students take the lead.



Sponsor a BBQ today!
Please call our office at 250-384-2064



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The Benefits of Giving

REMEMBER US

Legacy giving is a wonderful way to support the things you care about most, now and after you're gone. For many donors, it's also an important part of their estate planning and exemplifies the vision and forethought of their philanthropic beliefs. If you are interested in including Extreme Outreach Society in your will, or if you desire to give a gift in memory of someone you love, contact our office at office@extremeoutreach.com. ❤️

Giving is a gift for others to enjoy! When we give, we not only help the immediate recipient of our gift, we also spur a ripple effect of generosity through our community. It may help you build stronger social connections and even jump start a cascade of generosity through your community ... and don't be surprised if you find yourself benefiting from a big dose of happiness in the process!

Giving releases a heart of gratitude. Whether you're on the giving or receiving end of a gift, that gift can release feelings of gratitude – it can be a way of expressing gratitude or instilling gratitude in the recipient. Research has found that gratitude is integral to happiness, health, and social bonds.

Giving promotes cooperation and social connection. When you give, you're more likely to get back. Several studies have suggested that when you give to others, your generosity is likely to be rewarded by others down the line – sometimes by the person you gave to, sometimes by someone else.

Giving is good for our health – it makes us think of others and gets us off of our seats and onto the streets! Giving makes us feel happy – research has found that giving can not only increase feelings of gratitude, but also an overall sense of well being. ❤️

“It is more blessed to give than to receive.”
– Acts 20:35

Benefits of Placing an Ad

- Helps Extreme Outreach cover cost of Newsletter
- 30,000 copies are delivered to every major grocery store, library, rec center from Nanaimo to Victoria and from Sooke to Sidney; also sent to over 100 churches, 2000 businesses, and 3000 residents

Call 250-384-2064 for details.

Coop Gas Rebate

Use our COOP number when you fill your tank. At the end of the year, Extreme will receive the 2% rebate on all the gas you purchased.

**Extreme Outreach
26103**

We want to thank all those who purchased an ad in this publication. This helps us to cover the cost of our newsletter.

Thank you so much.

We want to say a huge thank you to all of our amazing volunteers and supporters.

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Become a Monthly Donor

Running Extreme Outreach requires an inspired vision, organized and committed volunteers, and financial support to fuel the fire. With all of these elements in place, we are able to help bring hope, stability and joy into people's lives.

Many of our readers are people in the community who have big hearts. They are people who care a whole lot about making a difference to those in need, especially children. However with the fast pace of life that we all have; family, career and personal matters make for an already full day, and volunteering just isn't an option.

That's why choosing to be a monthly donor is the perfect solution. By becoming a Monthly Donor, you are able to get the best of both- you can use your time for career and family life, yet you can also extend your generosity in a meaningful way; creating real-life results in any of our fantastic programs and ministries.

With your Monthly Support, Extreme Outreach can feed more children, purchase better quality food, toys, learning materials and outdoor equipment, all while accessing facilities and resource that we otherwise could not. As a Monthly Donor, you get the satisfaction of knowing that your generosity is making a difference in the lives of at-risk children and youth.

In a way, you become a part of our camping trips and our weekly BBQs. You become a part of developing stronger, healthier kids.

Without much effort at all, you become part of something bigger than yourself.

Becoming a Donor is easy – simply decide on an amount that feels right for you, and then visit us online, call us or send in this form.

Be a Hero, and become part of something bigger. Join our Monthly Donor Program today. ♥

"Help us to continue reaching out to the children in Victoria by becoming a monthly sponsor. Fill out the form below or call the office at 250-384-2064. Thank you!"

– Cliff & Andrea



Help us have a great year!



Monthly Giving Through Your Employer

We are registered with:

- Telus monthly giving
- Microsoft monthly giving
- Provincial Employees Community Services Fund
- United Way



Yes!

I will become a Monthly Partner.

CALL NOW OR DONATE ONLINE:
www.extremeoutreach.com

First Name: _____

Last Name: _____

Address: _____

Phone: _____

Email: _____

Mail this form or visit our website:

102 – 284 Helmcken Road, Victoria BC V9B 1T2
Tel 250-384-2064 • office@extremeoutreach.com

www.extremeoutreach.com

\$25 \$50 \$100 Other \$ _____ (any amount helps)

Enclosed is my cheque payable to **Extreme Outreach Society**

I prefer to use my: Visa Mastercard Direct deposit (call office for details)

Card No: _____ Expiry Date: _____ / _____

Signature: _____

Name of Cardholder: _____

For monthly donors, please enclose a cheque marked "void" or complete credit card information above. Your monthly donation will be processed at the beginning of the month.

There are many opportunities to help, but one of our greatest needs is financial support.
Thank you for helping us save money by supplying your own donation envelope.



19th Annual Christmas Dinner

🌿 SATURDAY • DECEMBER 17, 2016 • 1 PM 🌿

Wish List

Here is a complete list of what we need...

- 100 volunteers (this fills up fast so don't wait to sign up!)
- 40 turkeys
- Potatoes and veggies
- 50 bouquets of flowers
- 20 trays of stuffing
- 25 new bikes
- 500 children's gifts
- 150 soccer balls, volleyballs, or basketballs
- 1000 stockings
- 1000 pairs of gloves, toques and scarves
- Financial donations also needed

If you would like to donate, please call our office at 250-384-2064 or visit our website: www.extremeoutreach.com ♥



Feeding people a turkey dinner is an awesome ministry that allows us to create a community where people are safe, loved and feel connected with each other. Many families have told us that our dinners are now their Christmas tradition, as they cannot afford to host a "traditional" Christmas dinner on their own. We feel so grateful for the opportunity to meet the families of our **Superkids** and bless them with turkey, gifts, and friendship.

We always need volunteers to come and help us with our programs while building relationships, and the Christmas dinner is a fun and easy way to get involved.

The best part about an Extreme Christmas Dinner is that we all pitch in together to pull it off! You can find the volunteer application button on our website under *Ways to Help – Volunteer*. ♥



Yes! I want to donate to the Christmas Fund. 🌿

CALL NOW OR DONATE ONLINE:
www.extremeoutreach.com

First Name: _____

Last Name: _____

Address: _____

Phone: _____

Email: _____

\$25 \$50 \$100 Other \$ _____ (any amount helps)

Enclosed is my cheque payable to **Extreme Outreach Society**

I prefer to use my: Visa Mastercard Direct deposit (call office for details)

Card No: _____ Expiry Date: _____ / _____

Signature: _____

Name of Cardholder: _____

Mail this form or visit our website:
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Tel 250-384-2064 • office@extremeoutreach.com
www.extremeoutreach.com 🌿

There are many opportunities to help, but one of our greatest needs is financial support.
Thank you for helping us save money by supplying your own donation envelope.