



EXTREME[®] Outreach Society

Bringing Hope – Inspiring Dreams

250-384-2064

WINTER 2015

in this issue...

- 2** Our Mission and Programs
- 3** Christmas Dinner
- 5** Warm-A-Soul
- 6** BBQ Outreach Ministry
- 7** Superkids Camp
- 8** Superkids Saturdays
- 9** Extreme Coffee House
- 10** In Our Community
- 12** The Benefits of Giving/
How to Place an Ad
- 13** Ways to Volunteer
- 15** Ways to Give
- 16** Gala Dinner and Auction

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DONOR TESTIMONIAL

“We have known Cliff Power for around 20 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city.”



*Merry Christmas and
Happy New Year!*

– Directors Cliff and Andrea Power



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Mission

Extrême Outreach Society is a local, non-profit organization that is committed to breaking the circle of poverty, homelessness and addiction at an early age. We believe it is better to build-up kids now, than to rehabilitate adults later. In an effort to love, serve and connect with at-risk kids and their families, we serve over 10,000 meals a year (British Columbia has the highest child poverty rate in Canada). We envision a community where families no longer have to live in poverty, and where kids have the tools to say no to drugs, and yes to healthy life choices. We help build better communities by providing unique programs that inspire lifestyles and develop future leaders.

"I believe that as kids find hope and feel loved, it naturally causes them to believe they can rise above their situation, and that's half the battle."

– Cliff Power, Founder

OUR PROGRAMS

SUPERKIDS – A weekly program for kids ages 6–12. Superkids is a place for children to learn healthy living skills and relate to others in a caring atmosphere. The day is filled with games, music, Bible stories, a healthy lunch and special events. Activities in this program are designed to bring hope to kids and inspire them to become leaders in the community. Our number one rule: HAVE FUN! (Transportation available)



* Volunteers & donations needed

SUPERKIDS CAMP – We are committed to ensuring that every child has an opportunity to enjoy a true summer camp experience, regardless of economic circumstance. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids. Five action-packed days of fun and excitement!



* Sponsor a child to go to camp (\$200)



BBQ OUTREACH PROGRAM – This interactive ministry has proven to be a success since 1998. We connect with families in need almost every week by providing FREE hot meals, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence. Preparing and sharing a meal together is a great way to build relationships.

*Sponsor a BBQ (\$300)

EXTREME ADVENTURES – Surfing, boating, wilderness field trips and other exciting adventures - creating memories that last a lifetime. Throughout the year, we love to surprise our kids by organizing great, new adventures. Many of the kids we reach out to do not have the means to participate in local adventure programs, trips, or organized sports - we are grateful to give them these opportunities.

*Sponsor an Extreme Adventure!

EXTREME CHRISTMAS DINNER – One of the greatest highlights of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not otherwise afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with a traditional Christmas dinner, gifts, and friendship. This ministry creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. The kids love this special time.

*Volunteers & donations needed

CHRISTMAS WARM A SOUL – Every year, we fill over 1000 stockings with gifts, treats and practical items. Our stockings are given to children in need, those in local shelters & detox sites, and to the men and women who live on our streets. Although we primarily focus on the children who are caught in the cycle of poverty and poverty-related issues, we also support those who end up at shelters, often feeling alone and alienated - those who would otherwise not receive a gift at Christmas.

*Volunteers & donations needed

To donate, volunteer or find more information about our programs, please visit: **ExtremeOutreach.com** ❤️



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18th Annual Christmas Dinner

SUNDAY • DECEMBER 20, 2015 • 1 PM



This is a **FREE** event for Superkids families, however you **MUST** have a ticket to get in.
For tickets, please call our office at **250-384-2064**.



Annual bike race; and yes, all the kids keep the bikes!



Wish List

Here is a complete list of what we need...

- 100 volunteers (this fills up fast so don't wait to sign up!)
- 40 turkeys
- Potatoes and veggies
- 50 bouquets of flowers
- 20 trays of stuffing
- 25 new bikes
- 500 children's gifts
- 150 soccer balls, volleyballs, or basketballs
- 1000 stockings
- 1000 pairs of gloves, toques and scarves
- Financial donations also needed

If you would like to donate,
please call our office at 250-384-2064
or click here to visit our website:
www.extremeoutreach.com ♥

Feeding people a turkey dinner is an awesome ministry that allows us to create a community where people are safe, loved and feel connected with each other. Many families have told us that our dinners are now their Christmas tradition, as they cannot afford to host a "traditional" Christmas dinner on their own. We feel so grateful for the opportunity to meet the families of our Superkids and bless them with turkey, gifts, and friendship.

We always need volunteers to come and help us with our programs while building relationships, and the Christmas dinner is a fun and easy way to get involved.

The best part about an Extreme Christmas Dinner is that we all pitch in together to pull it off! You can complete the volunteer application by clicking here **www.extremeoutreach.com/christmas-volunteer-application**, or visit our website and click the links to our "Christmas volunteer" application: **www.extremeoutreach.com** ♥

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It's always exciting to have help from the youth volunteers of GNS.



Here is one of the happy winners in our huge teddy bear draw. The kids are always so excited to win a Bear. Also, every kid will leave with a stocking and a gift.

Villamar

From one EXTREME team to another...

Thank you, Cliff & Extreme Outreach!



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Warm-A-Soul at Christmas

Every year, we fill over 1000 stockings with gifts and treats. Though we focus primarily on children who are caught in the cycle of poverty, we also support people who end up at shelters, detox and on the street – those who would otherwise never receive a gift.

We typically fill 300 stockings for women, and 300 for men. All of the rest of the stockings go to children.

The **Warm A Soul Campaign** runs from November 15–December 15. For more details, **click this link**, or visit our website and click on the links to our Warm a Soul page: www.extremeoutreach.com.

Here's How To Join In On The Fun:

- Each stocking should cost approximately \$20 to fill.
- For women and children, pick up a large red stocking from any Dollar Store.
- For men, use a pair of large wool socks. Put one sock in the toe of the other.
- Fill your sock/stocking with items such as brushes, hygiene products, clothing, toys, books, games, and hard candy. For more gift ideas, see the section in the sidebar: "Creative Ways To Help."
- Please secure stockings with a safety pin.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- Please call our office at 250-384-2064 to arrange stocking drop off.

If you don't have time to make a stocking, consider donating financially so we can make one on your behalf! ❤️

"had the worst day ever and was sitting outside crying and a random little boy stopped and gave me a bouquet of flowers :) ❤️"

– Warm-A-Soul Recipient's text message



Glenlyon Norfolk School leads the way in Warm-A-Soul – our biggest giver for stockings each year.



The Home Depot Foundation donated \$3500 to help with Extreme Coffee House

homedepot.ca/foundation



Creative Ways To Warm A Soul:

- Get a group of friends together and have a stocking stuffer party!
- Make a video and we can spread it through our social media channels.
- Have a contest in your office to see which team can bring in the most stockings or donate financially so we can make them.
- Plan a class project at your school where students stuff stockings, learning about how to help those in need. ❤️



Gala Event
NOVEMBER 12

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How A Local Company Becomes A Hero

In 2015, we were blessed to have several fantastic companies sponsor many of our weekly BBQs. In order to continue offering this important community service for at-risk children, we are inviting companies to join in on the fun by sponsoring a BBQ for the upcoming year. Sponsors get their company logo placed on our signage display (see image), which gets a lot of visual attention. We take many pictures during the event, posting them in our various social media channels as well as in our newsletter. If your company is that week's BBQ sponsor, people all over Victoria will know about the great work that your business does to support at-risk children in our City.

Additionally, we encourage you to send anyone from your company to join us for the BBQ fun.

Sponsoring is easy. Each BBQ costs \$300 to run; this includes purchasing hot dogs, buns, condiments, beverages, cooking equipment and our health approved mobile hot dog BBQ cart. To find out more about how your company can sponsor one or more BBQ events, visit page 16.

Extreme Outreach volunteers, the children and their families send a heartfelt thanks to our 2014 BBQ sponsors! We couldn't do it without your generous support. ❤️



BBQ Outreach Ministry

For most kids, enjoying a family BBQ, an outdoor adventure or attending a fun workshop is part of normal childhood development and growing up in a healthy community. However for children who are marginalized or at risk, these opportunities are not easy to come by – activities that we often take for granted can be costly for families who cannot pay for them. Sometimes, parents who are struggling with responsibility and life skills don't realize that these activities are an important part of growing up.

At Extreme Outreach, we believe that kids need to work and play with each other in a safe, happy environment and under the guidance of healthy role models. They need to do the things that build lifelong skills and qualities; to develop spiritually, socially, physically and cognitively. Our hope is that they build confidence and can grow into healthy, happy adults who radiate with joy, live productive lives and serve others in return.

Year after year, we have had seen huge success with our weekly BBQ at Blanchard Courts. It gives us the opportunity to regularly connect with at-risk children, youth, their families and their community. Because we aim to develop long-term relationships, visiting the children on an ongoing basis is an important factor in the success of our programs. ❤️



BBQ Ministry

Our weekly BBQ ministry is held at a low cost housing complex that is home to many at-risk children and youth. Cliff Power has been doing ministry at this location for over 10 years, and it is from his BBQ cart that he has developed many life-long relationships, while inspiring children to cook and co-operate with each other. The BBQ is full of fun, energy and happiness as the children and their community gathers to eat and play together.

The BBQ starts with some of the regular children eagerly waiting for Cliff to pull up in the bus and unload supplies. From there, the children help with everything from putting smokies on the grill, to setting up buns and treats. They are taught how to cook safely and with the best sanitary practices, giving them confidence that they can take home to their own families. While they take turns on the BBQ, they get to connect with Cliff and the other Outreach Volunteers, joking around with each other and having fun in the meantime.

When the food is ready, the children blow a horn letting the rest of the community know that the meal is ready! After much anticipation, siblings, parents and friends gather around the small square where they are handed warm, fresh cooked food. In some cases, this will be the first and/or only meal of the day. It is also one of the only times that the whole community comes together like this. It is a very rewarding thing to see and to experience.

The weekly BBQ ministry brings the best of a community outreach together; co-operation, communal cooking, volunteering and family. We welcome you to check it out weekly on our Facebook page, or contact us to find out more about volunteering. ❤️



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Nicole's Testimony

I started working for Extreme Outreach Society in May as Camp Coordinator, and I quickly realized that what I thought was going to be a one-time summer job was in fact something I wanted to be a part of and stay a part of. It was a huge learning experience for me; being a new member of an immensely established and truly inspiring organization and jumping in to what I knew was such an important role for them, I really wanted to do it justice – “sink or swim” I was told! Stack on top of that a brand new Extreme Outreach Coffee House and Cliff and Andrea’s gigantic move and I knew I was in for quite an interesting experience.

The camp itself made all of the stressful days worth it. The kids reminded me of the reason why I applied for the Camp Coordinator job in the first place – the ones who had been coming for years were so happy to show me around and tell me stories about the awesome times they had had in previous years at Camp, and how it was always the highlight of their summer. On that note, I am so thankful for all the Volunteers who took me in and made me feel welcome at camp. I am really looking forward to next year when I get to spend another incredible week with everyone.

Watching the excitement on the SuperKids’ faces really allowed me to fully understand how much this camp means to them. Cliff, Andrea and all the other Volunteers make such a huge impact on their lives and I feel very honored to have been able to be a part of this adventure. I fully intend on continuing to participate in the years to come! ♥

– Nicole

Mark Your Calendars!

Next year’s
Superkids Camp
will be held from
July 11–15, 2016



Summer Camp 2015

SuperKids Camp is always an adventure; it’s a lot of work but it’s worth it. I always want to say a special thank you to our Volunteers and supporters, so: THANK YOU. These kids have so much fun all week long and are given this amazing opportunity because of you.

A week at camp can really change a kid’s life. Most kids are tired and pushed to do so many activities nowadays with heavy workloads and crazy schedules. We always hope to put on a camp where it becomes a time for kids to lay all that behind and just have fun. Our team works tirelessly to make this happen.

This was an exceptionally challenging year. My bus decided it was time to retire and I got notice just before camp that they were starting to build at 999 McKenzie so it was time to look for a new place (we had sold that property 4 years ago). We are so thankful for the many people who jumped in to help. That was the toughest move ever, however camp was first priority and with God’s Grace we made it through it.

Camp filled up so fast with kids; we were packed to full capacity and then some. As the bus pulled up to pick up the kids it was so amazing to see them start cheering and being so excited to go to camp. Once there, highlights are always canoeing in Young Lake, hiking the amazing trails, playing crazy games and swimming every day. Kids learn and sing in chapel time about encouraging one another and that they are loved by a loving God. ♥

“Thank you so much for the camp... Jenna came home with so many great stories.”

– Happy Mom



This is the best camp ever! How did my Mom find this camp!?

– 10-year-old boy



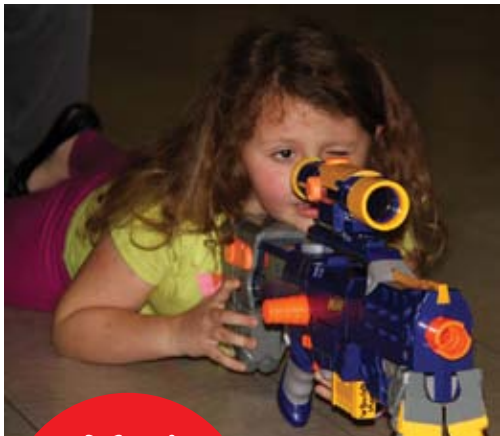
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**#1 Rule:
Have Fun!**



*Mark
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SuperKids
starts March 14!

Call 250-384-2064
for details.

SuperKids

TRAINING

starts February 28, 2 pm
at Extreme Outreach
Coffee House
102 – 284 Helmcken Rd.



We had another great year with the kids at our Superkids Saturdays program with 130 kids registered between the ages of 6–12. Each Saturday starts with a ride on the lively Superkids Bus. Once we arrive, the day is filled with games, songs, creative activities, Bible stories, a healthy lunch, and special events. We have a scripture memory verse as well as different themes each week such as; mission impossible, rainbow day, crazy hair day, etc – which makes it extra fun!

Cliff and I are so thankful for the privilege it is to provide a safe and fun atmosphere where the kids in Victoria can come and feel at home. There is a big need for this and **we love to plant positive seeds in the lives of each child**, which will later help them make healthy choices in their lives. Each child is a work of art, a beautiful creation, and we love to bless and call forth the uniqueness and gifting in each one.

We are thankful for our wonderful volunteer team composed of adults, youth and families who have joined us in this vision and have been a real blessing!

If you would like to become a monthly sponsor to help us continue this and other valuable programs we provide, we would be grateful. For more information you can find us at www.extremeoutreach.com. ♥

Andrea Power
Children's Program Director



John Wason Drama Time.

Christmas Workshops!
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Extreme Coffee House

102 – 284 Helmcken Road, Monday–Friday, 8:30–4:30

We are on to a new adventure and now serving coffee at our new administration/coffee house. We are no longer at 999 McKenzie Avenue.

Four years ago we sold the property on McKenzie and started looking for a new place to locate.

We found our new office at 102 – 284 Helmcken Road. As the reno began I was a little unclear of the direction to take. Many people from the community would come by and say hi, and ask if the coffee shop which was at this location was coming back. So, of course, that sent me on the direction of a community coffee house. Through many volunteers and the donation of materials from many businesses (listed below) we were able to finish the reno in nine months (we gave birth!). Hooray!

We have been open since May 2015 and things are going really well. We are run by volunteers and all our drinks are by donation, “SAY WHAT? BY DONATION?” – yes by donation. The people we serve here are kind, and love the concept to be able to give what they want. This is a great way to meet the community, and train our staff about hospitality and how to make lattes. I couldn’t even make a pot of coffee when we opened, let alone make a latte.



With Level Ground Coffee on our side and the training we were given from their staff, there was only one word that could describe the future: SUCCESS. As customers were coming in, they would say “WOW! that was a great cup of coffee,” or “What an amazing latte!”

I remember a serious guy came in and asked for an Americano (a what?). I said “Sure I can make you one, but what is it?” He stood back shocked and said ... “really?” ... Yes really, as I smile! He got his Americano and seemed stunned, but happy.

I’m now working on my Ultimate Breakfast Sandwich, and people are loving it. We are accepting volunteers!

Come on down and see us!

Cliff



The Rock Outreach News



A couple of our regulars.



Happy staff.

Thanks to all the donors who made our coffee house possible!



Don Yuelle Plumbing 250-413-7522
John Strasdas Plumbing
Stephan Friebe Plumbing 250-415-4042
Jack Driebergen Painting 250-216-9701
Bob the finisher • Rick the painter
John Sidney painting
Tyson Airaksinen Photography 250-686-3507
Honorable mentions:
Ensing Family, Jellema Family, Alonzoe,
Brian Drescher, Kathy Cormack,
Joel Conway, Evan Conway, Chad, André, Jays,
Gord Anderson, Life Tree Youth Group

Thank you! And if there are any unsung heros I may have forgot, THANK YOU!

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The Benefits of Giving

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– BC Housing



We want to thank all those who purchased an ad in this publication.

This helps us to cover the cost of our newsletter.

Thank you so much.

Giving is a gift for others to enjoy! When we give, we not only help the immediate recipient of our gift, we also spur a ripple effect of generosity through our community. So whether you buy gifts, volunteer your time, or donate money to charity this holiday season, your giving is much more than just a year-end chore. It may help you build stronger social connections and even jumpstart a cascade of generosity through your community ... and don't be surprised if you find yourself benefiting from a big dose of happiness in the process!

Giving releases a heart of gratitude. Whether you're on the giving or receiving end of a gift, that gift can release feelings of gratitude – it can be a way of expressing gratitude or instilling gratitude in the recipient. Research has found that gratitude is integral to happiness, health, and social bonds.

Giving promotes cooperation and social connection. When you give, you're more likely to get back. Several studies have suggested that when you give to others, your generosity is likely to be rewarded by others down the line – sometimes by the person you gave to, sometimes by someone else.

“Whoever is generous to the poor lends to the Lord, and he will repay him for his deed.”

– Proverbs 19:17

Giving is good for our health – it makes us think of others and gets us off of our seats and onto the streets! Giving makes us feel happy – research has found that giving can not only increase feelings of gratitude but also an over all sense of well being.

As you enter the upcoming season of Christmas, remember these wise words –

“It is more blessed to give than to receive.”

– Acts 20:35 ❤️



Extreme Outreach provides local children with nourishment for the body and soul. Banner ads in *The Rock Outreach News* provide an opportunity for your business to publicly partner with us.

Banner ad Benefits

- Helps Extreme Outreach cover cost of newspaper/ social media
- 10,000 copies delivered to local churches, 2000 businesses, 3000 residents
- Social media campaign to over 50,000 viewers
- Over 1000 emails sent out to subscribers

Call 250-383-2064 for details

There Are So Many Different Ways to Volunteer!



BBQ MINISTRY



SuperKids



SUMMER CAMP



AROUND THE OFFICE



CHRISTMAS DINNERS



WARM-A-SOUL



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www.extremeoutreach.com/ways-to-help/volunteer

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Help us Warm A Soul this Christmas!
We distribute 1000 Stockings to the homeless and kids who need a little something extra.
extremeoutreach.com



THANKS TO OUR GIFTS IN KIND DONORS



REMEMBER US

Legacy giving is a wonderful way to support the things you care about most, now and after you're gone. For many donors, it's also an important part of their estate planning and exemplifies the vision and forethought of their philanthropic beliefs. If you are interested in including Extreme Outreach Society in your will, or if you desire to give a gift in memory of someone you love, contact our office at office@extremeoutreach.com. ♥



We want to say a huge thank you to all of our amazing volunteers and supporters this season!

Volunteer and help change a life!

Villamar

We do EXTREME makeovers and support another EXTREME team...

Thank you, Extreme Outreach!



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renovations 'big or small :)'

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Our Monthly Donor Program

Running Extreme Outreach requires an inspired vision, organized and committed volunteers, and financial support to fuel the fire. With all of these elements in place, we are able to help bring hope, stability and joy into people's lives.

Many of our readers are people in the community who have big hearts. They are people who care a whole lot about making a difference to those in need, especially children. However with the fast pace of life that we all have; family, career and personal matters make for an already full day, and volunteering just isn't an option.

That's why choosing to be a monthly donor is the perfect solution. By becoming a Monthly Donor, you are able to get the best of both- you can use your time for career and family life, yet you can also extend your generosity in a meaningful way; creating real-life results in any of our fantastic programs and ministries.

With your Monthly Support, Extreme Outreach can feed more children, purchase better quality food, toys, learning materials and outdoor equipment, all while accessing facilities and resource that we otherwise could not. As a Monthly Donor, you get the satisfaction of knowing that your generosity is making a difference in the lives of at-risk children and youth.

In a way, you become a part of our camping trips and our weekly BBQs. You become a part of developing stronger, healthier kids.

Without much effort at all, you become part of something bigger than yourself.

This year, our Goal is to reach the top of this thermometer, at 50 steady Donors per month. **But we need your help to make it happen!**

Becoming a Donor is easy – simply decide on an amount that feels right for you, and then visit us online, call us or send in this form.

Be a Hero, and become part of something bigger. Join our Monthly Donor Program today.

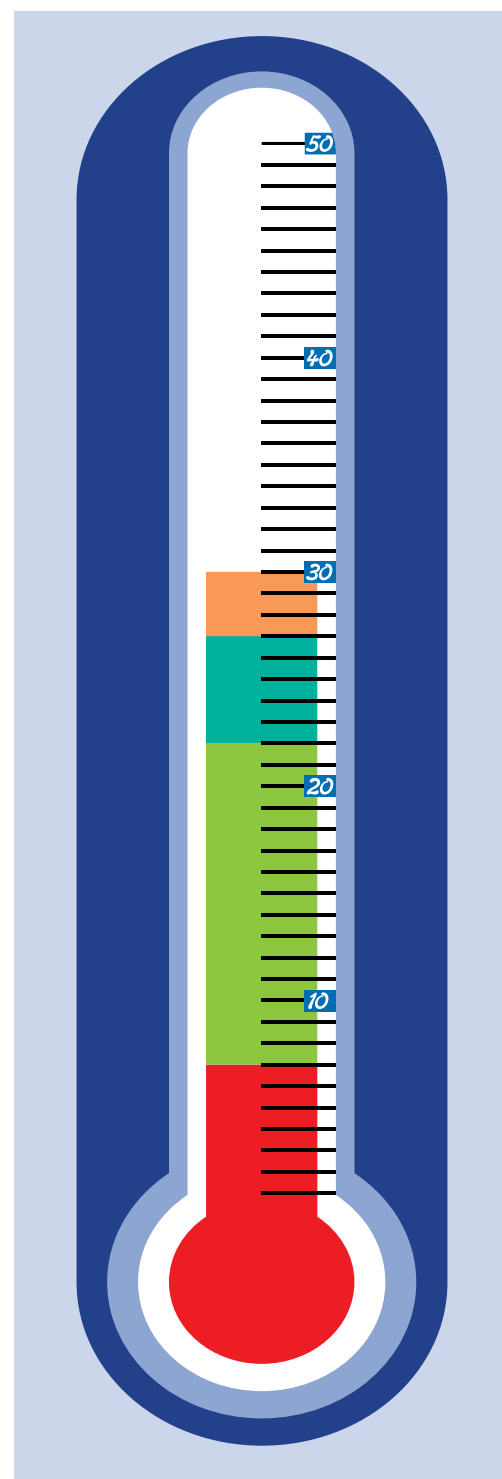
Call us: 250-384-2064

Website: www.extremeoutreach.com/donate

Or fill out the form below and mail it to:



102 – 284 Helmcken Road
Victoria BC V9B 1T2



Our Heros

Our **Hero Award**, an extra special way to say thank you to our donors who go above and beyond. ❤️



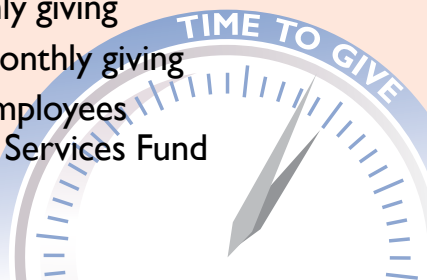
"Help us to continue reaching out to the children in Victoria by becoming a monthly sponsor. Fill out form below or call the office at 250-384-2064. Thank you!"

– Cliff & Andrea

Monthly Giving Through Your Employer

We are registered with:

- Telus monthly giving
- Microsoft monthly giving
- Provincial Employees Community Services Fund
- United Way



Coop Gas Rebate

Use our COOP number when you fill your tank. At the end of the year, Extreme will receive the 2% rebate on all the gas you purchased.

Extreme Outreach # 26103



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☐ \$100 ☐ \$50 ☐ \$ _____
(Any amount helps)

☐ Enclosed is my cheque payable to **Extreme Outreach Society**

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Signature: _____

Name of Cardholder: _____

A tax receipt will be issued for all donations over \$10.

Thank you for helping us save money by supplying your own donation envelope.

A Monthly Gift

☒ **Yes, I will help a child in need in my city!**

☐ I would like to be a monthly donor. I'll pledge a monthly gift of:
☐ \$100 ☐ \$50 ☐ \$25 ☐ Other \$ ____/month

Your monthly donation will be processed at the beginning of the month. Please enclose a cheque marked "void" or complete credit card information to the left.

Signature _____

Visit **www.extremeoutreach.com** for on-line donations.

Our guarantee: You can change or cancel your monthly gift at anytime by calling 250-384-2064. We adhere to privacy legislation.

We invite you to join us on at the beautiful Oak Bay Beach Hotel for our...

Gala Dinner with Live and Silent Auction

NOVEMBER 12, 2015

5:30 pm Cocktails | 6:30 pm Dinner



We look forward to seeing you there!

Auction items include:

Luxurious Resort Getaways, Helijet tickets, Spa Packages, Sports Memorabilia (signed Blue Jays & Steve Nash items, as well as Wayne Gretzky items), Art, Collectables and much more!

Tickets \$200
(Only 150 Tickets Available)

Purchase Tickets Online at
www.extremeoutreach.com
(or by phone at 250.384.2064)

You will receive a special parting gift in appreciation for your support.

Gala guests will also receive a special overnight room rate:
www.oakbaybeachhotel.com
(mention "Take the Elevator Home" rate).

To donate collectables or other items,
please call 250-384-2064.

All proceeds will benefit Extreme Outreach Society's Children's programs.



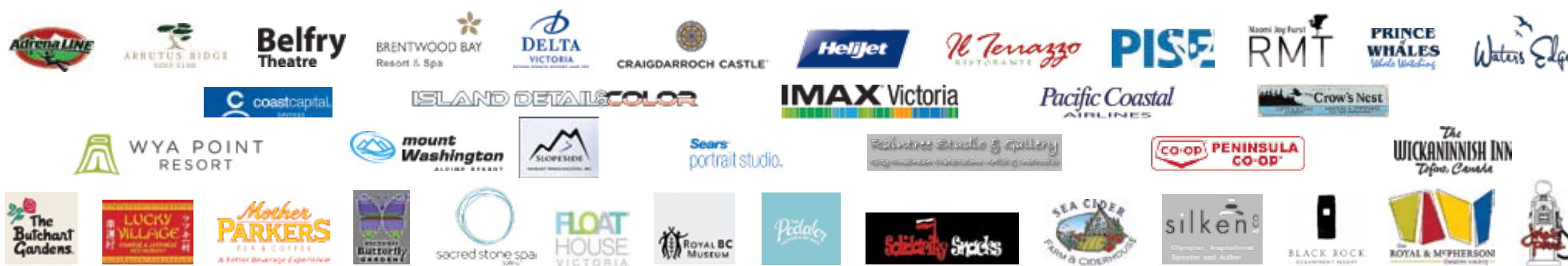
102 - 284 Helmcken Road, Victoria BC V9B 1T2
Tel: 250-384-2064

Registered Charitable No: 89221 3414 RR0001

Visit Us On Facebook | Follow Us On Twitter

Check Out Our Website

www.extremeoutreach.com



Developing Future Leaders

The mission of Extreme Outreach is to provide holistic development and mentorship to Victoria's children at-risk in a safe, positive, non-discriminatory environment. We desire to develop future leaders with healthy, productive lifestyles.



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office@extremeoutreach.com
www.extremeoutreach.com

☒ Yes, I will help change a child's life today!

Fill in the form on page 15 for monthly sponsorships and donations.

- ☐ I would like advertise in this publication. Please contact me.
- ☐ Please send me the newsletter electronically.
- ☐ I would like to volunteer.
- ☐ Please send me information about remembering Extreme Outreach Society in my will.
- ☐ Please update my contact information (if applicable) and continue keeping me informed of your activities:

Name/address: _____

Email address: _____ Phone: _____

Charitable No. 89221 3414 RR0001