

102 – 284 Helmcken Road Monday–Friday, 8 am–4 pm 250-384-2064

Subscribe to our newsletter go to www.extremeoutreach.com



YOUR SPONSORSHIP WILL MAKE A DIFFERENCE!

# EME. Mission

he mission of Extreme Outreach Society is to

break the cycle of poverty, homelessness and addiction at an early age. We provide unique programs and services for underprivileged kids and their families in an effort to inspire productive lifestyles and develop future leaders, thereby strengthening communities. 💙

### JR PROGRAI **VOLUNTEERS ALWAYS NEEDED**

#### **BBQ OUTREACH PROGRAM**

This interactive outreach has proven successful since 1998. We connect with families in need almost every week by providing FREE hot meals, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence.

Sponsor a BBQ (\$300)



#### SUPERKIDS CAMP

We are committed to ensuring that kids in our community have the opportunity to enjoy a true summer camp experience regardless of the economic circumstances of their families. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that Sponsor a child to go to camp (\$200) appeals to kids.

### **EXTREME COFFEE HOUSE**

Come by for a coffee, latte, lunch or snack - all available by donation. All net profit helps to fund the programs of Extreme Outreach Society! Complimentary WiFi is available, as well as a fun children's play zone. Rent the Coffee House with full barista services for events up to 40 people. Full information is available on our website.

### YOUTH IOB SKILL TRAINING

Extreme Coffee House welcomes youth seeking job skills to our new Youth Job Skills Training program, which is free of charge for youth. We provide on-the-job training in mentorship, barista training, light cooking, Food-Safe, sanitation and serving the public. Youth will be given the chance to increase confidence and work through areas of personal difficulty in an uplifting environment while serving their community. Participants will gain the confidence and skills to enter the work force.

"I believe that as kids find hope and feel loved, it naturally causes them to believe they can rise above their situation, and that's half the battle."



### **CHRISTMAS WARM A SOUL**

Every year we fill over 1000 stockings with gifts, practical items, and treats. Our stockings are given to children in need, as well as those in local shelters, detox sites, and living on our streets. Although we focus on the children who are caught in the cycle of poverty, we also support those who end up at shelters, often feeling alone and alienated – those who would otherwise not receive a gift at Christmas.

#### EXTREME CHRISTMAS DINNER

The highlight of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with dinner, gifts and friendship. This program creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. Kids love this special time!

#### SUPERKIDS/ADVENTURES

Superkids Saturdays are a seasonal, weekly action-packed program for kids ages 6 to 12. Children learn healthy living skills and how to relate to others in a caring atmosphere. The day is filled with games, music, Bible stories, a healthy lunch, and special events. Activities are designed to bring hope to kids and inspire them to become leaders in the community. Our number one rule: HAVE FUN! Superkids Adventures include

surfing, boating and wilderness field trips creating memories that last a lifetime. We love to surprise our kids by organizing great new adventures. Many of the kids we reach out to do not have the means to



participate in local adventure programs, trips or organized sports - we are grateful to provide these opportunities.

To donate, volunteer or find more information about our programs, please visit: www.extremeoutreach.com



### WE TAKE PRIDE IN OUR WORK. OUR NAME DEPENDS ON IT.

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### WWW.DONMANN.COM

### **SUMMER CAMP** Camp Barnard, Sooke BC • July 21-26, 2019

ere at **Extreme Outreach** we are preparing for our **I6th Annual Superkids Summer Camp** for local underprivileged children ages 6-12. We host approximately 100 children and youth who we work with throughout the year and need many **Volunteers**. Our camp is located on 250 acres of wilderness with a private lake and cabins. This provides a great opportunity for youth, young adult groups, families and individuals to come and serve. We welcome those interested ages 14+ to apply to join our team!

**Another big need is child sponsorship.** If you would like to Sponsor one or more children to come to camp, please visit our website or give us a call.

Camp Volunteer application forms and Child Sponsorship information can be found on our website at **www.extremeoutreach.com** – please complete an application ASAP if you think you might be interested in coming to camp!

If you have further questions please contact Extreme Outreach through: Phone: **250-384-2064 ·** Email: **office@extremeoutreach.com** 

### www.extremeoutreach.com

### **Volunteer Opportunities**

Kitchen Crew (10) Cabin Leaders (12 male, 12 female) Games Leader and Assistant Lifeguard (2) Clean Team (6) Nurse (1) Final Clean-up Crew (July 26)



### SPONSOR A CHILD TO CAMP CAMPAIGN

Make a dream come true today by sponsoring a child to attend summer camp.

www.extremeoutreach.com

YOU CAN MAKE A DIFFERENCE IN A LIFE TODAY!



#### Our BBQs would not be possible without our sponsors. We are deeply grateful for your continued support and encouragement with this valuable community outreach program!

## BBQ Outreach Ministry

or most kids, enjoying a family BBQ, an outdoor adventure, or attending a fun workshop is part of normal childhood development and growing up in a healthy community. However for children who are marginalized or at risk, these opportunities are not easy to come by – activities that we often take for granted can be costly for families who cannot pay for them. Sometimes, parents who are struggling with responsibility and life skills don't realize that these activities are an important part of growing up.

Our weekly BBO ministry is held at low cost housing complex that is home to many at-risk children and youth. Over the years Cliff Power has developed many life-long relationships, while inspiring children to cook and co-operate with each other. The BBQ is full of fun, energy and happiness as the children and their community gather to eat and play together. The BBQ starts with some of the regular attendee volunteers, eagerly waiting for Cliff to pull up in the bus and unload supplies. From there, they help with everything from putting smokies on the grill, to setting up buns and treats. The children are taught how to cook safely and with the best sanitary practices, giving them confidence that they can take home to their own families. While they take turns on the BBQ, they get to connect with Cliff and the other Outreach volunteers, while joking around with each other and having fun. When the food is ready, the children blow a horn letting the rest of the community know that it's eating time! Siblings, parents and friends come to the small square where they are handed their food, which they have anticipated the whole day. In some cases, this will be the first and/or only meal of the day. It is also one of the only times that the whole community comes together like this. The weekly BBQ ministry brings the best of Community Outreach together: co-operation, cooking, volunteers and family. 💙

"The impact this has had is far reaching for both the students and participants. The students are keen to find ways to help out in the community, and for many of them, they are especially passionate about working with children. The BBQ offers a way to connect with other people in the community, while also helping Extreme Outreach to do their good work." ~ Laurie Parker, BA, MA

Community Services Coordinator St. Michaels University School

Sponsor a BBQ today! Call our office at 250-384-2064 and visit www.extremeoutreach.com

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Saturday June 15 10 am-2 pm Extreme Coffee House Double donation matched by Lagniappe Foundation

EXTREME OUTREACH SOCIETY NEWS Charitable No. 89221 3414 RR0001





Some of the youth who participated in our training program in recent years.

# Extreme Coffee House

There are few things more satisfying in life than a warm cup of coffee. Richly roasted, swirling with your favourite flavours or purist of black.

Combine that satisfying cup of joe with helping less-fortunate kids from Victoria and you've got a match made in heaven!

Our **Extreme Outreach Coffee House** in View Royal serves as an homage to tranquility and an oasis away from the outside world.

We serve up some of the best locally roasted, organic coffee in Victoria, with proceeds funding our Superkids programs for children in the community.

We use certified organic coffee beans from the famous Chiapas region of Southern Mexico. Local farmers have come together to produce an outstanding estate quality Arabica coffee. Using sustainable practices, the farmers have taken special care to organically cultivate coffee beans that truly are remarkable in taste, aroma and body. Beans are then shipped directly to our local Vancouver Island roaster who masterfully provides a rich cup of coffee with a cause.

Not only do we serve coffee, we also sell our beans in one pound or five pound bags. Recently, a local business purchased 300 bags of coffee for their company's gifts! Purchase the beans for your own home, or gift a bag to friends and help us spread the word.

Share the love of coffee and generosity and see what ripples you can create in our community. We will be sure to keep you posted on our newest projects! ♥

Together we can make a difference!

> Special thanks to Joan M. Turner, Artist • Our Volunteer Bakers All our Coffee House Volunteers

### ORDER YOUR COFFEE TODAY!

We will grind our fresh beans on site, or take home whole beans.

Our organic coffee beans make a great gift!





Youth training program successes!

### Youth Job Skills Training

■ xtreme Coffee House welcomes youth seeking job skills to our new Youth Job Skills Training program which is free of charge for youth. We provide on-the-job training in mentorship, barista training, light cooking, Food-Safe, sanitation and serving. We are proud to help nurture youth by providing them with the confidence that they lacked prior to volunteering at the Extreme Coffee House. They are given the chance to increase confidence and work through areas of personal difficulty in an uplifting environment while serving their community.



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## Coffee with a Cop

t's funny how life can go full circle. When the police called and asked if they could do **Coffee with a Cop** at our Coffee House to help break the stigma, I thought "great idea, sure!" Then it dawned on me that they were the Langford police. Langford was where I got into trouble when I was a kid. And that's one of the reasons why I encourage kids not to go the direction I went. The RCMP asked if I would do a BBQ at the station to further help break the stigma! Of course, I said "YES!" This is the same station I was taken to almost

every weekend because of fighting in drunken brawls. It's been 30 years now that I've been clean, thanks to a life changing experience with God. A full circle!  $\checkmark$ 

### Youth Job Skills Training

Extreme Coffee House welcomes youth seeking job skills to our new **Youth Job Skills** 

**Training** program which is free of charge for youth. We provide on-the-job training in mentorship, barista training, light cooking, Food-Safe, sanitation and serving. We are proud to help nurture youth by providing them with the confidence that they lacked prior to volunteering at the Extreme Coffee House. They are given the chance to increase confidence and work through areas of personal difficulty in an uplifting environment while serving their community.



### Congratulations Matthew!

just want to take a minute to share a story of a young man. I had an event at the coffee House called Coffee with a Cop. It went very well except people were too shy to come in. I was nervous myself! I'm glad some people came in to get to know the officers who came in to hang out. The RCMP were really impressed with the youth volunteering that day, making them lattes. I told one officer that Matthew was coming up to 1000 volunteer hours. He said "WOW we should do something for him." I agreed of course. Matthew has volunteered at the Extreme Coffee House for two years now. He's 14 and can run the whole place! Thank you for your dedication Matthew! ♥



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### St. Michaels University School

I am writing this letter as a strong and positive support for the Extreme Outreach Society. We have been working with Extreme Outreach for over a decade. This is one of the most long-standing relationships our school has with a service organization. It is one we value and nurture, and we want it to continue. The boundless energy of their staff and volunteers is inspiring.

The programs they offer provide the basics (like food) but also the fun! They create a safe and positive place for kids to gather and just be kids. The Christmas dinner is another place to gather and be festive. It has such a positive impact on the community and makes things exciting! We notice the uniqueness of the programming and the focus on children and families. The benefit is not only to the youth and families who attend the BBQ, dinner or camps, but to the students from our school who get to volunteer and spend time with the kids. They get the opportunity to learn from each other and expand their world views.

St Michaels University School

Giving

Hope

Today

We want to end poverty.

No one should be hungry, struggle to find a job, or be forced to sleep on the street.

### www.salvationarmy.ca

## Superkids Camp is the best!

- CAMP PARTICIPANT

Congratulations on your efforts to make a difference. These events help residents bring pride into the community and create a sense of belonging. – BC HOUSING

If you have been injured in an accident or need to set up an estate, the right legal advice is essential. Call Oana for a free consultation to understand your rights. She also speaks Romanian!"

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Glenlyon Norfolk Junior School stocking contribution.

## Warm-A-Soul at Christmas

Every year, we fill over 1000 stockings with gifts and treats. Although we focus primarily on children who are caught in the cycle of poverty, we also support people who end up at shelters, detox and on the street – those who would otherwise never receive a gift.

We typically fill 300 stockings for women, and 300 for men. All of the rest of the stockings go to children.

The **Warm-A-Soul Campaign** runs from November 15– December 15. Find out how to join the fun by visiting our website!

### www.extremeoutreach.com

their stockings.





We surpassed our goal of 1000 stockings and delivered a record-breaking 1610 stockings!

### Annual Christmas Dinner since 1998!

Christmas is a special time of the year for everyone but it also brings in a lot of challenges for many families and the homeless. Bringing hope is our main mission at EOS and this is one of the ways we share hope. When these kids win bikes or just line up to receive a gift, smiles show us that hope has entered into their hearts.

We always need volunteers to come and help us with our programs while building relationships, and the Christmas dinner is a fun and easy way to get involved.

The best part about an **Extreme Christmas Dinner** is that we all pitch in together to pull it off! On our website you'll find a complete list of the donations we need, a volunteer application form, a photo gallery, and more information about this important event!  $\checkmark$ 

### www.extremeoutreach.com

### Donor Testimonial

••We have known Cliff Power for around 20 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city.



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construction management commercial renovations 'big or small :)' We do EXTREME makeovers and support another EXTREME team. Thank you, Extreme Outreach!

villamar.ca





### We Need Monthly Donors

### **Be Part of Something Bigger**

By becoming an Extreme Sponsor, you can extend your generosity in a meaningful way in the heart of your own community, creating real-life results in the lives of at-risk children and their families.

With your monthly support, Extreme Outreach Society can offer supportive programs for more children, feed a greater number of children and their families, and purchase better quality supplies, toys, learning materials, and outdoor equipment while accessing facilities and resources that we otherwise could not.

You become part of our Extreme Adventures, SuperKids Saturdays and Summer Camp programs, weekly BBQs, Christmas Outreach and our continued efforts to love and serve those in need within our community.

### HOW TO BECOME A MONTHLY SPONSOR

Simply decide on an amount that feels right for you; then sign up to become a monthly sponsor by visiting us online at **www.extremeoutreach.com**. ♥

"Help us to continue reaching out to the children in Victoria by becoming a monthly sponsor. Call the office at 250-384-2064. Thank you!" - Cliff & Andrea

#### Monthly Giving Through Your Employer

- We are registered with:
- Telus monthly giving
  TIME TO G
- Microsoft monthly giving
- Provincial Employees
  Community Services Fund
- United Way

Coop Gas Rebate

Use our COOP number when you fill your tank. At the end of the year, Extreme will receive the 2% rebate on all the gas you purchased.

Extreme Outreach # 26103





CALL NOW 250-384-2064 OR DONATE ONLINE: www.extremeoutreach.com





### THANKS TO OUR BUSINESS AND GIFTS-IN-KIND DONORS





**Saturday June 15** 10 am-2 pm **Extreme Coffee House** Double donation matched by Lagniappe Foundation



his winter, as one little eight-year-old girl handed in her registration form for our Superkids Saturday program, she handed in a second one for Superkids Summer Camp, which was more than six months away. When we asked her if she had accidentally filled in the wrong form she said no, she just wanted to make sure there was definitely room for her at camp again! It's stories like this that make us excited to be planning our annual Superkids Summer Camp up at Sooke's Camp Barnard, which provides an incredible camp experience for local children who often can't otherwise afford to go. We treasure the gold mine of growth opportunities that camp presents; it builds confidence in kids, as they have a chance to sleep out in a cabin, hike awesome trails, take leadership roles in various activities, try new sports, and make new friends. Unfortunately, not every child in Victoria has the chance to go to camp, as prices often soar way above what is possible for many families to afford.

Extreme Outreach's Superkids Summer Camp attempts to keep costs low by finding a sponsor for every child that attends: just \$200 provides one child's transportation to and from camp, four nights and five days at camp, all meals, the cost of a cabin, a T-shirt and gift bag, and all extracurricular activities. Last year, we welcomed kids from all walks of life, dealing with all sorts of home situations. One nine-year-old girl was dealing with several traumatic situations in her family when she came to camp. In these cases, camp offers a week for a child to relax, and to have a chance to feel like a care-free kid. We also had a ten year-old camper who was pretty troubled when we first welcomed him through our "high-five highway" at camp. He was dealing with an absent parent and very low self-esteem, but throughout the week we spent time showing him he was loved and involved him with leadership and other responsibilities. By the end of the week, he was offering to stay behind and help after meals, and was much calmer and far more confident than when we met him.

Camp provides an awesome week of making friends and growing in confidence in a safe and loving environment, as well as a chance to experience the great outdoors. For some, it offers a chance to discover life-saving tools that they learn to apply in their lives.

Volunteers are needed to come out to Superkids camp again this year! We're looking for dedicated cabin leaders, kitchen help, clean up crew, lifeguards, and a nurse. If you're interested in volunteering, please apply online at **www.extremeoutreach.com** and click the VOLUNTEER button! **V** 



Visit www.extremeoutreach.com for registration & donation details



#### CABIN LEADER TESTIMONIAL

"SuperKids Camp has been an incredible week of fun, adventure and growth every year that I've been a part of it. There are so few opportunities in life to just throw yourself fully into an experience without being distracted by questions of whether your efforts make a tangible difference – but at this camp, you can see the impact of your service in real time, in the smiles of the kids, in the joy they experience in the exciting, uplifting, judgement-free and safe environment that the volunteers create together. It's hard work, but I've never been part of something more rewarding!"



www.acornandbranch.com

Help us send kids to camp! Become a donor.

> "My daughter packed 8 months ago for camp!" нарру мом

"I just **love** the food!" HAPPY CAMPER

"Can camp be all year?!" нарру самрег

> "My son doesn't stop asking when camp is!" нарру дад



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25



### Sponsor a Kid to Camp!



# Every kid should get the chance to go to summer camp!

ummer camp is one of the greatest places a child can go in their lives. Unfortunately for some families it is just not in the budget, so many children do not get the opportunity to experience camp life.

Extreme Outreach Society has been providing free programs to support local underprivileged children and youth for 20 years. Our goal is to continue serving these children, and community support is critical in order to do so. Our annual SuperKids Summer Camp hosts over 100 children and youth who enjoy a week of fun-filled activities – making memories and acquiring skills that will last a lifetime. Our goal is to raise \$25,000 to ensure that no child will be left behind. Will you sponsor some kids to camp?

Visit **www.extremeoutreach.com** for current dates and registration info.

**ES** want to sponsor a Kid to Camp. CALL NOW 250-384-2064 OR DONATE ONLINE: www.extremeoutreach.com

