

MEDIUM ROAST

fremecoffee house

Bringing Hope - Inspiring Dreams



freme coffee house

Bringing Hope - Inspiring Dreams

102 – 284 Helmcken Road • 250-31

www.extremeoutreach

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FALL/WINTER 2018

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#### VOLUNTEER **OPPORTUNITIES**

**Extreme Coffee House Christmas Dinner** 

Warm-A-Soul **Office Administration** 



102 - 284 Helmcken Road Monday-Friday, 8:30 am-4 pm 250-384-2064

Subscribe to our newsletter go to www.extremeoutreach.com











Come in to purchase **Extreme** Coffee Beans, or enjoy lunch and a latte from our Coffee House!

ready to serve you!

Our gifted baristas are

102 – 284 Helmcken Road • 250-384-2064 www.extremeoutreach.com

Open

**Monday-**

**Friday** 8:30 am-

4 pm



# Directors Cliff and Andrea Power

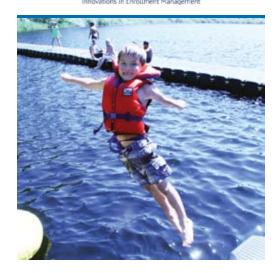
"I believe that as kids find hope and feel loved, it naturally causes them to believe they can rise above their situation, and that's half the battle."

- Cliff Power, Founder



A big thank you to **Enrollment Resources Inc** for redeveloping our website!





# Mission

he mission of Extreme Outreach Society is to break the cycle of poverty, homelessness and addiction at an early age. We provide unique programs and services for underprivileged kids and their families in an effort to inspire productive lifestyles and develop future leaders, thereby strengthening communities.

#### OUR PROGRAMS **VOLUNTEERS ALWAYS NEEDED**

#### **SUPERKIDS**

A weekly program for kids ages 6-12. Kids learn healthy living skills and how to relate to others in a caring atmosphere. The day is filled with games, music,



Bible stories, a healthy lunch and special events. Activities in this program are designed to bring hope to kids and inspire them to become leaders in the community. Our number one rule: HAVE FUN! (Transportation available) **SEEKING NEW LOCATION** 



We are committed to ensuring that kids in our community have the opportunity to enjoy a true summer camp experience regardless of the economic circumstances of their families. At camp, we cultivate positive life skills, teach kids about the environment, and develop future leaders in a way that appeals to kids. Kids enjoy five action-packed days of fun and excitement!

Sponsor a child to go to camp (\$200)

#### **EXTREME ADVENTURES**

Surfing, boating, wilderness field trips and other exciting adventures - creating memories that last a lifetime. Throughout the year, we love to surprise our kids by organizing great, new adventures. Many of the kids we reach out to do not have the means to participate in local adventure programs, trips, or organized sports - we are grateful to give them these opportunities.

#### **Sponsor an Extreme Adventure!**

#### **BBQ OUTREACH PROGRAM**

This interactive outreach has proven to be a success since it began. We connect with families in need almost every week by providing FREE hot meals, rain or shine! Kids learn how to BBQ and serve their community, which builds their confidence. Preparing and sharing a meal together is a great way to build relationships.

Sponsor a BBQ (\$300)

#### **CHRISTMAS WARM A SOUL**

Every year, we fill over 1000 stockings with gifts, treats and practical items. Our stockings are given to children in need, those in local shelters and detox sites, and to the men and women who live on our streets. Although we primarily focus on the children who are caught in the cycle of poverty and poverty-related issues, we also support those who end up at shelters, often feeling alone and alienated - those who would otherwise not receive a gift at Christmas. Volunteers and donations needed

**EXTREME CHRISTMAS DINNER** 

One of the greatest highlights of the year! So many families in need have told us that our Christmas dinners are now their tradition. Many of these families could not otherwise afford to have a traditional Christmas dinner on their own. We love the opportunity to meet the families, and bless them with a traditional Christmas dinner, gifts, and friendship. This ministry creates a festive atmosphere where everyone feels connected to one another, enjoying a sense of community. The kids love this special time.

**Volunteers and donations needed** 



#### **EXTREME COFFEE HOUSE**

Come by for a coffee, latte, lunch or snack – there is no set price; everything is available by donation. All net profit helps to fund the programs of Extreme Outreach Society! Complimentary WiFi is available as well as a children's area with some great toys, puzzles, and books for them to enjoy. Venue rentals are also available! We can seat 40 people and can provide full barista

services. Full information is available on our website.



To donate, volunteer or find more information about our programs, please visit: www.extremeoutreach.com



EST. 1947

#### WE TAKE PRIDE IN OUR WORK. **OUR NAME DEPENDS ON IT.**

4098 LOCHSIDE DRIVE, VICTORIA, BC V8X 2C8 6:30 AM - 6:00 PM MONDAY TO FRIDAY

DISPATCH@DONMANN.COM • DISPATCH: 250.479.8283 • FAX: 250.479.9552

WWW.DONMANN.COM



SATURDAY • DECEMBER 15, 2018 • 1 PM

This is a **FREE** event for SuperKids families, however you **MUST** have a ticket to get in. For tickets, please call our office at **250-384-2064**.



hristmas is a special time of the year for everyone but it also brings in a lot of challenges for many families and the homeless. Bringing hope is our main mission at EOS and this is one of the ways we share hope. When these kids win bikes or just line up to receive a gift, smiles show us that hope has entered into their hearts.

We always need volunteers to come and help us with our programs while building relationships, and the Christmas dinner is a fun and easy way to get involved.

The best part about an Extreme Christmas Dinner is that we all pitch in together to pull it off! You can complete the volunteer application by using this link **www.extremeoutreach.com/christmas-volunteer-application**, or visit our website and click the links to our "Christmas volunteer" application: **www.extremeoutreach.com**.



Kids lined up for Christmas gifts.

#### Wish List

Here is a complete list of what we need...

- 100 volunteers (this fills up fast so don't wait to sign up!)
- 40 turkeys
- Potatoes and veggies
- 50 bouquets of flowers
- 20 trays of stuffing
- 25 new bikes
- 500 children's gifts
- 150 soccer balls, volleyballs, or basketballs
- 1000 stockings
- 1000 pairs of gloves, toques and scarves
- Financial donations

If you would like to donate, please call our office at 250-384-2064 or click here to visit our website:

www.extremeoutreach.com

#### **Donor Testimonial**

We have known Cliff Power for around 20 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city.



maxxaminsurance.com

#### Maxxam Insurance in Victoria

Located next to City Hall in Langford: Open 9am-9pm • Seven Days a Week

#### **Maxxam Insurance Services Inc**

867 Goldstream Avenue Victoria, BC V9B 4V5 Office: 250-391-8809 Fax: 250-391-8879

Toll Free: 1-877-391-8809

# Help us meet our goal of 1000 Christmas Stockings! Glenlyon Norfolk Junior School stocking contribution. EXTREME Warm-SI-Soul at Christmas

Had the worst day ever and was sitting outside crying and a random little boy stopped and gave me a bouquet of flowers:)

- Warm-A-Soul Recipient's text message

**Bringing Hope - Inspiring Dreams** 



Any group can put together stockings. This men's group really came together last year to help us meet our goal!

#### Here's How To Join The Fun:

- Each stocking should cost approximately \$20 to fill.
- For women and children, pick up a large red stocking from any Dollar Store.
- For men, use a pair of large wool socks. Put one sock in the toe of the other.
- Fill your sock/stocking with items such as brushes, hygiene products, clothing, toys, books, games, and hard candy.
- Please secure stockings with a safety pin.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- Please call our office at 250-384-2064 to arrange stocking drop off.

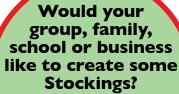
If you don't have time to make a stocking, consider donating financially so we can make one on your behalf!

very year, we fill over 1000 stockings with gifts and treats. Although we focus primarily on children who are caught in the cycle of poverty, we also support people who end up at shelters, detox and on the street – those who would otherwise never receive a gift.

We typically fill 300 stockings for women, and 300 for men. All of the rest of the stockings go to children.

The **Warm A Soul Campaign** runs from November 15–December 15. For more details, visit our website and click on the links to our Warm-A-Soul page: **www.extremeoutreach.com**.





It's a wonderful way to share in the joy of the season! Thanks to Deep Cove Elementary for joining the Warm-A-Soul Stocking Challenge and putting together an amazing 400 Stockings!







In 2017 we surpassed our goal of 1000 stockings and delivered a record-breaking 1610 stockings! Let's see if we can break that record this year!

ana Grant came to the coffee shop for the first time in the fall of 2017 and was so very glad that she did. She brought by her son Brady, and soon after, her husband Peter. They found out about Christmas Warm-A-Soul program. She knew right away that this is something that her family will do every year from then on!

"It was a beautiful experience to go and shop with Brady and think about all the things kids would like to receive in their Christmas stocking...then, an even more rewarding experience to talk to him about the SuperKids' programs and the joy they are bringing to our community."

Oana



Oana and Brady deliver their stockings.

"If you have been injured in an accident or need to set up an estate, the right legal advice is essential. Call Oana for a free consultation to understand your rights. She also speaks Romanian!"

Oana I. Grant (previously Burdett) personal injury and estate litigation



Direct: 250-999-8460 Fax: 250-478-7605

Dinning Hunter Jackson Law Westshore: 813 Goldstream Ave Downtown: 1202 Fort St, Victoria www.dinninghunter.com













Some of the youth who participated in our training program in the last year.

# Extreme Coffee House

#### **COFFEE WITH A CAUSE**

here is nothing better than a good cup of coffee as we head into the cooler days of fall. Richly roasted, swirling with your favourite flavours or purist of black.

Combine that glorious cup of joe with helping your local kids in Victoria and you've got a match made in heaven!

Our Extreme Outreach coffee shop in View Royal serves up some of the best locally roasted organic coffee in Victoria with proceeds going to our programs for kids in the community. Now how's that for coffee with a kick!

Certified organically grown in Mexico, our beans are shipped direct to our local Vancouver Island roaster in Parksville, BC who masterfully creates a rich cup of coffee with a cause. They've partnered with Extreme Outreach Society because they believe in supporting our kids at home, those who without the Extreme Outreach Programs, may not have the opportunities other children do. Right here in Victoria!

We are passionate about making a lasting difference in our kids, providing support through weekly BBQ outreach programs that provide over 10,000 meals a year in the heart of subsidized housing in Victoria. Summer camps, outdoor adventures, and just being an ear for families who could use some extra support when times are hard. And we are grateful for our community who share in our vision to make connections, build confidence and plant seeds of promise early in life.

Who knew a simple cup of coffee could make such an impact! And the best thing is you can share in the cause. Come visit The Extreme Coffee House, take some coffee home, or gift some coffee to friends and help us get the word out.

Recently a local business purchased 300 bags of coffee for their company Christmas gifts. Thank you! Share the love of coffee and see what ripples you can make in our community. We'll be sure to keep you posted on all the things we are up to. **Together we can make a difference!** 



Youth training program successes!

#### EXTREME COFFEE HOUSE TESTIMONIAL

"Extreme has the best coffee in town, our favourite for sure!"

ORDER YOUR
COFFEE TODAY!
Take home fresh
beans or we can
grind them for you.
Makes great
Christmas
gifts!

#### **JOIN OUR TEAM**

We are looking for **Volunteers** to join our Coffee House Team for I or 2 half-day shifts per week, between 7:30 am – 4:30 pm Monday to Friday. Training provided.

Contact us at 250-384-2064 or go to www.extremeoutreach.com



#### **VOLUNTEER TESTIMONIAL**

"Volunteering at Extreme Outreach Coffee House has been a unique opportunity for me as a barista. The atmosphere is uplifting, my teammates a joy to work with and the people we serve a gracious cast of characters. Highlights of my year include Christmas stocking stuffing, getting to know the clientele and drinking my own lattes — best coffee hands down! PS: Bugging Cliff is also a blast."

Ginny McInnes





102 – 284 Helmcken Road Monday–Friday, 8:30 am–4 pm 250–384–2064



### A perfect venue for small parties or events:

- Corporate meetings
- Team Functions
- Youth Groups
- Volunteer Organizations
- Birthday Parties
- ... or watch the game on the big screen TV with your friends!

We can accommodate approximately 40 people.

#### **Book your event today!**

Call 250-384-2064 or email office@extremeoutreach.com.

#### www.extremeoutreach.com





BBB A+ RATING – 2012 Torch Award Double Finalist (6-time nominee)

Members of Victoria Chamber of Commerce, Vancouver Island Construction Association & ROMS BC WINNERS – 2008 Vancouver Island Business Excellence Award "Trades Business of the Year"



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www.prolineroofing.com



# SUPER LIGS CAMP 2018

THANKS TO EVERYONE who sponsored kids and gave donations towards camp!







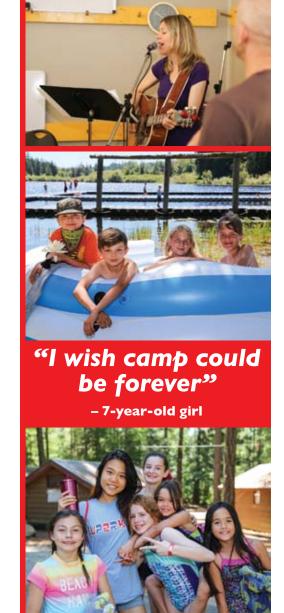
hat an incredible time we had at camp! I'm amazed every year at how it all comes together – it always takes a miracle, especially this year with a series of disasters. First, our nurse cancels. Next, a car accident prevents four volunteers from coming to camp. The head kitchen volunteer cancels because her Mom falls and needs care. A week before camp starts, we have no life guard. But then, just five days before the start of camp, an amazing 78-year-old lady comes to the coffee house for a coffee and asks how the camp prep is going. I tell her what happened to the kitchen crew. It turns out, she is a camp kitchen professional and is free to volunteer for us for the whole week! Another lady joins her and they both did an amazing job. Then the nurse calls and says she is available after all. Two life guards volunteer! In the end, all the needs were met and we were able to have a great camp with over 100 happy kids and leaders.

Thank you to everyone who made SuperKids camp happen! The setup crew was amazing as always. Andrea and her team did a great job leading the kids in songs, and inspiring them with encouraging stories and foundational truths. The kids just loved learning about how they are special and loved, and about how they can help and encourage others.

#### **CABIN LEADER TESTIMONIAL**

"SuperKids Camp has been an incredible week of fun, adventure and growth every year that I've been a part of it. There are so few opportunities in life to just throw yourself fully into an experience without being distracted by questions of whether your efforts make a tangible difference — but at this camp, you can see the impact of your service in real time, in the smiles of the kids, in the joy they experience in the exciting, uplifting, judgement-free and safe environment that the volunteers create together. It's hard work, but I've never been part of something more rewarding!"

Aaron Gillespie









harbourcitykitchens.com 250-652-5200

2189 Keating Cross Road















## We Need Monthly Donors

#### **Be Part of Something Bigger**

y becoming an Extreme Sponsor, you can extend your generosity in a meaningful way in the heart of your own community, creating real-life results in the lives of at-risk children and their families.

With your monthly support, Extreme Outreach Society can offer supportive programs for more children, feed a greater number of children and their families, and purchase better quality supplies, toys, learning materials, and outdoor equipment while accessing facilities and resources that we would otherwise could not.

You become part of our Extreme Adventures, SuperKids Saturdays and Summer Camp programs, weekly BBQs, Christmas Outreach and our continued efforts to love and serve those in need within our community.

#### **HOW TO BECOME A MONTHLY SPONSOR**

Simply decide on an amount that feels right for you; then sign up to become a monthly sponsor by visiting us online at www.extremeoutreach.com.

"Help us to continue reaching out to the children in Victoria by becoming a monthly sponsor. Call the office at 250-384-2064. Thank you!"

- Cliff & Andrea

#### THANKS TO OUR BUSINESS AND GIFTS-IN-KIND DONORS











See our online version to link to all our sponsors.



































**Sharp and Sharper** Ken Knutson • 250-882-0457





























# JOIN THE MONTHLY DONATION GROUP

#### Monthly Giving Through Your Employer

#### We are registered with:

- Telus monthly giving
- Microsoft monthly giving
- Provincial Employees Community Services Fund
- United Way

#### Coop Gas Rebate

Use our COOP number when you fill your tank. At the end of the year, Extreme will receive the 2% rebate on all the gas you purchased.

Extreme Outreach # 26103



**CALL NOW 250-384-2064** OR DONATE ONLINE: www.extremeoutreach.com



We do EXTREME makeovers and support another EXTREME team...

Thank you, Extreme Outreach!

villamar.ca



construction management commercial renovations 'big or small :)'



Let's always consider how we may encourage one another to love and to do good deeds.

#### Wish List

Here is a complete list of what we need...

- 100 volunteers (this fills up fast so don't wait to sign up!)
- 40 turkeys
- Potatoes and veggies
- 50 bouquets of flowers
- 20 trays of stuffing
- 25 new bikes
- 500 children's gifts
- 150 soccer balls, volleyballs, or basketballs
- 1000 stockings
- 1000 pairs of gloves, toques and scarves
- Financial donations

If you would like to donate, please call our office at 250-384-2064



eeding people a turkey dinner is an awesome ministry that allows us to create a community where people are safe, loved and feel connected with each other. Many families have told us that our dinners are now their Christmas tradition, as they cannot afford to host a "traditional" Christmas dinner on their own. We feel so grateful for the opportunity to meet the families of our **SuperKids** and bless them with turkey, gifts, and friendship.

We always need volunteers to come and help us with our programs while building relationships, and the Christmas dinner is a fun and easy way to get involved.

The best part about an Extreme Christmas Dinner is that we all pitch in together to pull it off! You can find the volunteer application button on our website under Ways to Help – Volunteer.









www.acornandbranch.com

Design | Build | Maintenance CALL 250-818-4900 FOR A FREE ESTIMATE





CALL NOW 250-384-2064
OR DONATE ONLINE: www.extremeoutreach.com



#### DAVID YAGER

250 883 6220 DAVE@WESTTERRAPROJECTS.COM WWW.WESTTERRAPROJECTS.COM

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