



## Sponsor a local child to go to camp!

**T**his winter, as one little eight-year-old girl handed in her registration form for our Superkids Saturday program, she handed in a second one for Superkids Summer Camp, which was more than six months away. When we asked her if she had accidentally filled in the wrong form she said no, she just wanted to make sure there was definitely room for her at camp again!

It's stories like these that make us excited to be planning our annual Superkids Summer Camp up at Sooke's Camp Barnard, which provides an incredible camp experience for local children who often can't otherwise afford to go.

We treasure the gold mine of growth opportunities that camp presents; it builds confidence in kids, as they have a chance to sleep out in a cabin, hike awesome trails, take leadership roles in various activities, try new sports, and make new friends.

Unfortunately, not every child in Victoria has the chance to go to camp, as prices often soar way above what is possible for many families to afford. Extreme Outreach's Superkids Summer Camp attempts to keep costs low by finding a sponsor for every child that attends: just \$200 provides one child's transportation to and from camp, four nights and five days at camp, all meals, the cost of a cabin, a T-shirt and gift bag, and all extracurricular activities.

Last year, we welcomed kids from all walks of life, dealing with all sorts of home situations. One nine-year-old girl was dealing with several traumatic situations in her family when she came to camp. In these cases, camp offers a week for a child to relax, and to have a chance to feel like a care-free kid. We also had a ten year-old camper who was pretty troubled when we first welcomed him through our "high-five highway" at camp. He was dealing with an absent parent and very low self esteem, but throughout the week we spent time showing him he was loved and involved him with leadership and other responsibilities. By the end of the week, he was offering to stay behind and help after meals, and was much calmer and far more confident then when we



met him. Camp provides an awesome week of making friends and growing in confidence in a safe and loving environment, as well as a chance to experience the great outdoors. For some, it offers a chance to discover life-saving tools that they learn to apply in their lives.

*He was dealing with an absent parent and very low self esteem, but throughout the week we spent time showing him he was loved and involved him with leadership and other responsibilities.*

If you are interested in sponsoring a local child to go to camp, we would welcome your donations. For \$200, you can ensure that a child gets a chance to experience all the benefits that Superkids camp provides! ❤️



**SUPERKIDS CAMP:**  
July 8 – 12, 2013

**Camp volunteers needed!**

**V**olunteers are needed to come out to Superkids camp again this year! We're looking for dedicated cabin leaders, kitchen help, clean up crew, lifeguards, and a nurse. If you're interested in volunteering, please apply online at [www.extremeoutreach.com](http://www.extremeoutreach.com) and click the VOLUNTEER button! ❤️







## Once a Superkid, always a Superkid

**P**art of what makes our **Superkids** program unique is that kids don't ever grow out of being a Superkid. Since the program has been running for over ten years, we have relationships with several kids who have grown up in the program and surpassed the age-12 limit. Rather than saying goodbye, however, we create the opportunity for kids to continue to be mentored and to learn how to be a mentor by bringing them along as Junior Leaders and then Senior Leaders. One young woman, who started as a Superkid around age six, is now fourteen. Last camp, we brought her on board as part of our cleaning team (not super glamorous but still leaving enough extra

time to hang at the lake and join in campfire and games!). She sent us the following comments afterwards:

“Superkids has taught me a lot how to treat myself and others. I think if it weren't for Cliff and the whole organization, I wouldn't care about much. It's like he took me under his wing before I became a troubled teen and there's no way I could ever be able to thank him with words.”

We are so proud of this young lady, who made the honor roll in her high school classes this year and continues to come out and volunteer with us. ❤️

## Story of a former Superkid

“I grew up with the Superkids program. When I was five I started going to the BBQs and then eventually Superkids started up every Saturday at a church up the hill from my house. Cliff started running camp and it was something I looked forward to every year. I remember bunking with my friends in the cabin; I never wanted to go home. Camp was a place where I could be a kid and not have to worry about what would happen to me the next day. I was safe and that was the feeling I liked the most. Growing up with the BBQs, Superkids,

and camp has helped me grow into a stronger person. I was able to see that there was a way to have a normal life without lies and spite but with love and honesty. Now I am 17 years old and I am living a positive life. Every year I try to help out at the camp and try to help and care for these kids who are and were just like me when I was younger. Cliff used to tell me, ‘sometimes you need to be the light that outshines the darkness’ and I strongly believe this is true.” ❤️

— Former Superkid

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# Will your company be next to sponsor a BBQ?

Chances are you've probably seen our famous BBQ cart trailer cruising through Victoria at some point in time. Well our cart just got a major makeover, with a new grill and new paint job, just in time for our new SPONSOR A BBQ program launch! Here's how it works: each BBQ costs around \$300 to put on, which includes buns, hot dogs, condiments, Food Safe equipment, and trailer maintenance. We're inviting local companies to sponsor a BBQ (or two or more), and in exchange, we've outfitted our new BBQ cart with a big spot for sponsor logos to be inserted. So next time you see the BBQ cart trailing around town, it'll also be a moving advertisement for whichever company sponsored the BBQ for that week! We'll even invite anyone from your company who might want to come down and help out at the BBQ that you sponsored! Contact us if you or any businesses you know are interested. ❤️



## What is Superkids?

This season we were blessed to welcome many new guests to our Superkids Saturday program, including **Arunima**, who taught our Superkids how to make healthy, handmade raw chocolates from scratch like the ones her company, **Ode To Thylacine**, sells (the less sugar, the better, when you've got 50 kids in a gym!). As well, we welcomed back **John Wason**, the fantastic storyteller and balloon animal artist, a favourite of our Superkids. Our hearts and stomachs were very blessed by the hearty Columbian hotdogs provided by **Daniel** at **La Fogata** restaurant, and we are always thankful for the lessons in healthy eating we get from the fresh fruits and vegetables provided by **Red Barn**!

Superkids Saturdays provides holistic development and mentorship to Victoria's children at risk in a safe, positive and non-discriminatory environment. We serve a free healthy meal to approximately 150 children a week, while teaching positive life skills and inspiring these future leaders. **Our #1 rule is to HAVE FUN!** ❤️

## Update from our BBQ Outreach

When the sun starts to come out and the days get longer, who doesn't love a BBQ? We're blessed to hold one most Wednesdays throughout the year for many of our **Superkids** and their families, as part of our mission to provide mentorship to local children. The purpose of the BBQs is to breed confidence in kids by teaching them to give back to their own community, while providing a free meal for local families in-need. This season, a record number of kids took on serving roles in the BBQ lineup, from serving hot chocolate to sprinkling cheese to grilling our all-beef hotdogs. One seven-year-old girl helped out when it was pouring rain, and when we suggested she take a break, she insisted that she had an invisible umbrella that sang to her while she worked. ❤️



Superkids No.1 Rule:  
**Have Fun!**



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## Extreme adventures and mentorship

[www.extremeoutreach.com/programs/extreme-adventures](http://www.extremeoutreach.com/programs/extreme-adventures)

**P**art of our work at Extreme Outreach includes mentoring children outside of our regular camp and Superkids programs. This can include anything from taking kids on our Extreme Adventures like sailing, surfing and kayaking, to chatting while we clean up the office, to spending meaningful time with kids on the drive home. One young volunteer recently sent us this message, which encourages us greatly!

“I would like to thank you enormously for your continuous effort and support with me. Cliff, thank you very much for working with me. I acknowledge that it would be much easier for both of you to not work and support me but, you have. You have helped me and mentored me into a person which I wanted to be.” ♥

**CHECK OUT OUR NEW WEBSITE!**

**[www.extremeoutreach.com](http://www.extremeoutreach.com)**



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## Christmas Dinner: Our biggest yet!

**W**e had the most amazing Christmas Dinner outreaches this year! First of all, we resurrected our second Esquimalt Christmas Dinner, which means we held our regular dinner for over 500 guests on December 15, and a second dinner in Esquimalt for around 200 guests the following Saturday. Second of all, we welcomed back hundreds of families who now call our Christmas dinners their family tradition, which means we celebrate a huge family reunion every time we hold these events.

If you've never been a part of our Christmas dinners, we'd love to welcome you to schedule it in for next year. Through the help of a couple hundred volunteers, we managed to again provide a full turkey dinner, children's gifts, entertainment, and stuffed stockings for over 750 locals who couldn't otherwise afford it. One young volunteer, whose family were former dinner guests, remarked that, "The Christmas dinners are the greatest idea because they're helping people who can't afford to buy big dinners. It makes them feel better about their day and themselves knowing there's someone out there who really cares how they feel at Christmas." ♥



## Over 1000 stockings stuffed with our Warm-A-Soul Stocking Challenge

**E**very year, our Warm-A-Soul Stocking Challenge collects and compiles over 1000 fully-stuffed Christmas stockings to hand out to men's and women's shelters in Victoria, along with children at several First Nations villages and to local children in need. We used to deliver a stocking every year to one young girl who has since moved to Kelowna with her family. This year, we received an email from her requesting to be sent her annual Christmas stocking as she looks forward to it all year. We delivered her stocking, along with 1200 others, to many individuals who we believe truly need to know they are cared for during the holiday season. We're so excited for next year! ♥



## St. Michaels University School

**S**t. Michaels University School students started volunteering with Extreme Outreach at our BBQ Wednesday Outreaches over five years ago. Some students have participated for all four years of their high school and have been able to get to know some of the children and families quite well! We got in touch with Laurie Parker, the Community Service Coordinator at St. Michaels, to give us an update on her fantastic volunteers:

“The students who participate are from all kinds of backgrounds. Many of them have volunteered for other organizations in the past, but they get a real sense of community and belonging to something important with Extreme Outreach. It is such a special feeling at the BBQs and they leave feeling very positive! The volunteers look forward to going out each week and often recruit their friends to come and help. They really make a connection with the children and try to come up with new games and ways of having fun together. Whether the day is sunny, rainy, or even snowy, they make the most of it!”

Here are some quotes from the volunteers:

“I didn't know what to expect the first time I went. I thought it would be hard to talk to the kids and I was nervous. But once I got there I realized it was all just about having fun and playing. We must have turned the skipping rope for two hours!”

“I always have a good time when I volunteer with Extreme Outreach. I started helping with the BBQs and then joined with Super Kids too. The kids are so awesome and I want to keep on volunteering until Grade 12.”

“It feels really good to spend some of my time helping Cliff at the BBQ. I try to go every week, because I want to see the kids!” ♥



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## EVER WONDER HOW Extreme Outreach Society got started



**B**efore becoming the founder and director of Extreme Outreach Society, Cliff Power was living in Victoria, BC and running a company called Creative Drywall and Painting. In 1998, he began to have a strong burden on his heart for the people who lived at Holiday Court Motel, one of the main epicenters of crime in Victoria. The motel was previously a tired tourist hotel but had become the unofficial transition house for the drug addicted, prostituted, and just plain out of luck. When Cliff's pastor at the time, David Hixson of Victoria Harvest, committed his church to pay the rent for room 21, Cliff quit his drywall career and moved in permanently. His goal was to simply love the residents there, and yet much more began to happen. Slowly he gained the trust of people in the motel, and their lives began to change.

In 2000, Extreme Outreach Society was ratified as a legal society with the mission of feeding, clothing, and loving the vulnerable people at Holiday Court Motel. As volunteers began showing up to assist Cliff with his ministry, Extreme Outreach began to grow.

The first BBQ ministry began at Holiday Court Motel outside of room 21, when Cliff would grill up burgers for hungry tenants to eat a real meal for free, and he began to build relationships by providing a consistent, loving presence on the property. Soon, the constant police presence, overdoses, and fights were beginning to fade, until eventually they were no longer present. After an amazing five years of ministry, Holiday Court Motel was eventually sold and torn down.

Cliff turned his attention to a nearby low-income housing development that has been a breeding ground for teen drug users in the past. He began his BBQ ministry on the basketball courts at a school nearby, hoping to build

relationships with vulnerable teens who might be considering or already dealing with drug abuse. Instead, what he found was an entire community of young children potentially at risk due to their surroundings. Through the BBQ ministry he began meeting their families and connecting them with churches and ministries in the area.

Around this time, Extreme Outreach purchased eight houses on McKenzie Avenue and began renting to people who wanted to stay off drugs and needed a safe, drug-free place to do so. The ministry was still primarily focused on adults at this time, but also continued to do BBQs and Superkids outreaches for the children.

Eventually, Extreme Outreach sold the recovery houses and paid off the \$2.3 million loan, providing a fresh start for their new season. The addiction recovery house ministry was closed down, and Extreme Outreach turned its entire focus to preventing homelessness and addiction by focusing on children between the ages of six and 12. We still refer people in addiction to established treatment centers and provide a list of resources on our website.

Today, Extreme Outreach Society is a fully functioning non-profit organization with the mission to provide holistic development and mentorship to local children at risk in a safe, positive, and non-discriminatory environment. Extreme continues to run a variety of programs and ministries that welcome kids from all walks of life, teaching them valuable life skills that they might not receive at home. These programs include Superkids Saturdays, summer camp, various Extreme Adventures, a BBQ cart ministry, and two large community Christmas dinners for families in need. All ministries are focused on providing the same thing that was needed in 1998 at Holiday Court Motel: **HOPE.** ♥

### WE'RE LOOKING FOR A NEW HOME!

**W**e're moving our offices and are seeking a new location. If you have land or commercial buildings for sale or donation, or know of anyone who does, please contact us at 250-384-2064.

### WE NEED A BUS!



**Call us if you can  
help: 250-384-2064.**



## Letter from the Founder and Executive Director

At **Extreme Outreach**, our mission statement is to *provide holistic development and mentorship to Victoria's children at-risk in a safe, positive, and non-discriminatory environment.* We believe and use the same philosophies and principles as Metro Ministries, the largest children's outreach in the world!

Why focus on kids? We have found that it is easier to build up boys and girls than it is to repair men and women. Most organizations reach out to people after they are in crisis; we find it more fruitful to reach them before they need assistance. We have made our stand on the side of prevention. Through our varied programs, we help prevent potential problems from occurring. If you would like to join in our mission of prevention, then sponsoring a BBQ or Superkid is for you. ♥

Sincerely,

**Cliff Power**  
Executive Director



### Developing Future Leaders

We can reach and serve our community by training and equipping the leaders of tomorrow, in a drug-free, positive and non-discriminatory environment. We teach the children principles that can create and develop healthy and productive lifestyles.



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## REMEMBER US

**L**egacy giving is a wonderful way to support the things you care about most, now and after you're gone. For many donors, it's also an important part of their estate planning and exemplifies the vision and forethought of their philanthropic beliefs. If you are interested in including Extreme Outreach Society in your will, or if you desire to give a gift in memory of someone you love, contact our office at [office@extremeoutreach.com](mailto:office@extremeoutreach.com).



## DONOR TESTIMONY: Parkside Motors

**F**or several years now, Extreme Outreach has been generously supported by the incredible auto-repair specialists at **Victoria's Parkside Motors**. At Extreme, we operate a fleet of vehicles to help us transport the kids to camp, slug the BBQ around town, or take kids out on Extreme Adventures, and needless to say, they take a lot of wear and tear. **Gerry Brouwer**, owner of Parkside Motors, has consistently provided amazing service for us, ensuring we can continue catching up with the Superkids, and we caught up with him to get his thoughts on why he supports us.

*I support Extreme Outreach because it reaches out and touches many lives in a largely overlooked and uncared for segment of society. As Cliff blesses those he compassionately spends time and energy on, I get to participate in Cliff's ministry by way of keeping his vehicles maintained and on the road so he can go to the kids and families that he engages with. I'm simply using a different gift, but still with a Kingdom goal in mind. ♥*

– Gerry Brouwer, Owner of Parkside Motors

## DONOR TESTIMONY: La Fogata Latina Restaurant

**La** Fogata is a local, family-owned restaurant serving mouth-watering Colombian food like Colombian hotdogs, gluten-free corn empanadas, and deep-fried green plantain. On several occasions, owners **Daniel Caicedo** and his wife, **Beatriz Carmona**, have provided giant Colombian hotdogs for our Superkids to enjoy. We are so grateful for their gracious support to us and wanted to get their perspective on why they give to Extreme Outreach!

*Because La Fogata is owned and operated by our family, we have been blessed with our kids. We make mistakes as fathers and mothers but we have a wonderful chance to help our kids grow up, to be in God's ways. We want to give this same blessing to other kids, like the kids at Superkids. Every time we do something for them, some of the kids come up and give us a hug or smile and say thank you, and it's like God is talking through the kids, saying thank you for taking care of my children. ♥*

– Daniel Caicedo,  
Owner of La Fogata  
Latina Restaurant



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