"I'HEROCK giving hope outreach News



WINTER 2014



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www.extremeoutreach.com







Merry Christmas and a Happy New Year!

- Directors Cliff and Andrea Power

"Christmas is an exciting time of the year! It's a time to give, a time to encourage others to give, and most of all, it's a time to put a smile on someone's face."

Cliff



About Extreme Outreach

was a drywaller for 20 years, and felt empty most of that time. Then in 1998, I had a divine encounter and was inspired to start Extreme Outreach. From a rundown hotel, and with a strong vision of being in service, I committed to helping drug addicted hotel patrons build a better life. Knowing that this was no small feat, I chose to live at the hotel where I could be available any time that the clientele needed me. It took 5 years of hard work; passion and an ability to connect with people. Along the way, many lives were changed. This transformative experience provided the ignition for the next mission.

Today, we provide a number of life giving programs for at-risk children in Victoria. Extreme Outreach Society offers inspiring mentorship and learning programs, community events and adventurous activities, including our annual summer camp, a weekly barbeque ministry and more.

This winter, we are really looking forward to our I7th annual Christmas Dinner and Warm A Soul Stocking Campaign. Though we normally focus on at-risk children and youth, these 2 events give us a chance to broaden our reach, connecting with a wide range of people who might otherwise feel low at this important time of the year. With the help of volunteers and sponsors, we get the chance to prepare a delicious turkey dinner that will be served at the beautiful Songhees Wellness Centre, AND, we will send over 1000 stockings to local mens and womens shelters.

Thank you for taking the time to learn more about us! We hope that you enjoy the winter edition of our newsletter, and we invite you to join us in spreading warmth and love this holiday season.

Cliff Power

Founder and Director, Extreme Outreach Society





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17th Annual Christmas Dinner

DECEMBER 20, 2014 • 1 PM

This is a **FREE** event for Superkids families, however you **MUST** have a ticket to get in. For tickets, please call our office at **250-384-2064**.



eeding people a turkey dinner is an awesome ministry that allows us to create a community where people are safe, loved and feel connected with each other. Many families have told us that our dinners are now their Christmas tradition, as they cannot afford to host a "traditional" Christmas dinner on their own. We feel so grateful for the opportunity to meet the families of our Superkids and bless them with turkey, gifts, and friendship.

We always need volunteers to come and help us with our programs while building relationships, and the Christmas dinner is a fun and easy way to get involved.

The best part about an Extreme Christmas Dinner is that we all pitch in together to pull it off! You can complete the volunteer application by clicking here **www.extremeoutreach.com/christmas-volunteer-application**, or visit our website and click the links to our "Christmas volunteer" application: **www.extremeoutreach.com**



Wish List

Here is a complete list of what we need...

- 100 volunteers (this fills up fast so don't wait to sign up!)
- 40 turkeys
- Potatoes and veggies
- 50 bouquets of flowers
- 20 trays of stuffing
- 25 new bikes
- 500 children's gifts
- 150 soccer balls, volleyballs, or basketballs
- 1000 stockings
- 1000 pairs of gloves, toques and scarves
- Financial donations also needed

If you would like to donate, please call our office at 250-384-2064 or click here to visit our website:

www.extremeoutreach.com





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The bike draw is always an exciting time for the kids. 25 bikes will be needed for this draw. If you or your company is willing to donate, please give us a call.



Ralph has been an amazing volunteer for the last 17 years. In the of winter 2013, the challenge was brought to a whole new level when we found out that there was no stove because of a reno in progress.

Without hesitation, Ralph took on this challenge and a team was put together to assemble an outside kitchen. You can imagine the fun that we had serving over 700 people a full traditional Christmas meal. With prayer and a lot of helpers, everything went very smoothly and all our guests left happy.



Christmas baskets prepared by volunteers (2013).



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Warm-A-Soul at Christmas

very year, we fill over 1000 stockings with gifts and treats. Though we focus primarily on children who are caught in the cycle of poverty, we also support people who end up at shelters, detox and on the street those who would otherwise never receive a gift.

We typically fill 300 stockings for women, and 300 for men. All of the rest of the stockings go to children.

The Warm A Soul Campaign runs from November 15-December 15. For more details, click this link, or visit our website and click on the links to our Warm a Soul page: www.extremeoutreach.com.

Here's How To Join In On The Fun:

- Each stocking should cost approximately \$20 to fill.
- For women and children, pick up a large red stocking from any Dollar Store.
- For men, use a pair of large wool socks. Put one sock in the toe of the other.
- Fill your sock/stocking with items such as brushes, hygiene products, clothing, toys, books, games, and hard candy. For more gift ideas, see the section in the sidebar: "Creative Ways To Help."
- Please secure stockings with a safety pin.
- We will include a card of encouragement with your stocking. Please refrain from adding your own personal note or information.
- Please call our office at 250-384-2064 to arrange stocking drop off. Optional drop off at Serious Coffee locations in Esquimalt or View Royal can also be arranged.

If you don't have time to make a stocking, consider donating financially so we can make one on your behalf!





Glenlyon Norfolk School leads the way in Warm-A-Soul our biggest giver for stockings each year.



Delivery time.

"had the worst day ever and was sitting outside crying and a random little boy stopped and gave me a bouquet of flowers :) ♥"

- Warm-A-Soul Recipient's text message

Creative Ways To Warm A Soul:

- Get a group of friends together and have a stocking stuffer party!
- Make a video and we can spread it through our social media channels.
- Have a contest in your office to see which team can bring in the most stockings or donate financially so we can make them.
- Plan a class project at your school where students stuff stockings, learning about how to help those in need.





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Do you have a group? Come Volunteer.



Always exciting to see the kids lineup for the BBQ and to help serve.

How A Local Company Becomes A Hero

n 2014, we were blessed to have several fantastic companies sponsor many of our weekly BBQs. In order to continue offering this important community service for at-risk children, we are inviting companies to join in on the fun by sponsoring a BBQ for the upcoming year. Sponsors get their company logo placed on our signage display (see image), which gets a lot of visual attention. We take many pictures during the event, posting them in our various social media channels as well as in our newsletter. If your company is that weeks' BBQ sponsor, people all over Victoria will know about the great work that your business does to support at-risk children in our City.

Additionally, we encourage you to send anyone from your company to join us for the BBQ fun.

Sponsoring is easy. Each BBQ costs \$300 to run; this includes purchasing hot dogs, buns, condiments, beverages, cooking equipment and our health approved mobile hot dog BBQ cart. To find out more about how your company can sponsor one or more BBQ events, visit page 16.

Extreme Outreach volunteers, the children and their families send a heartfelt thanks to our 2014 BBQ sponsors! We couldn't do it without your generous support.



BBQ Outreach Ministry

or most kids, enjoying a family BBQ, an outdoor adventure or attending a fun workshop is part of normal childhood development and growing up in a healthy community. However for children who are marginalized or at risk, these opportunities are not easy to come by – activities that we often take for granted can be costly for families who cannot pay for them. Sometimes, parents who are struggling with responsibility and life skills don't realize that these activities are an important part of growing up.

At Extreme Outreach, we believe that kids need to work and play with each other in a safe, happy environment and under the guidance of healthy role models. They need to do the things that build lifelong skills and qualities; to develop spiritually, socially, physically and cognitively. Our hope is that they build confidence and can grow into healthy, happy adults who radiate with joy, live productive lives and serve others in return.

Year after year, we have had seen huge success with our weekly BBQ at Blanchard Courts. It gives us the opportunity to regularly connect with at-risk children, youth, their families and their community. Because we aim to develop long-term relationships, visiting the children on an ongoing basis is an important factor in the success of our programs.

BBQ Ministry

ur weekly BBQ ministry is held at a low cost housing complex that is home to many at-risk children and youth. Cliff Power has been doing ministry at this location for over 10 years, and it is from his BBQ cart that he has developed many life-long relationships, while inspiring children to cook and co-operate with each other. The BBQ is full of fun, energy and happiness as the children and their community gathers to eat and play together.

The BBQ starts with some of the regular children eagerly waiting for Cliff to pull up in the bus and unload supplies. From there, the children help with everything from putting smokies on the grill, to setting up buns and treats. They are taught how to cook safely and with the best sanitary practices, giving them confidence that they can take home to their own families. While they take turns on the BBQ, they get to connect with Cliff and the other Outreach Volunteers, joking around with each other and having fun in the meantime.

When the food is ready, the children blow a horn letting the rest of the community know that the meal is ready! After much anticipation, siblings, parents and friends gather around the small square where they are handed warm, fresh cooked food. In some cases, this will be the first and/ or only meal of the day. It is also one of the only times that the whole community comes together like this. It is a very rewarding thing the see and to experience.

The weekly BBQ ministry brings the best of a community outreach together; co-operation, communal cooking, volunteering and family. We welcome you to check it out weekly on our Facebook page, or contact us to find out more about volunteering.

Donor Testimonial

We have known Cliff Power for around 20 years and we love what he and his team does with the Extreme Outreach Society. Reaching out to the largely forgotten people in our city.



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so healthy and life-giving! Some of this year's highlights were: swimming & canoeing in Young Lake, hiking the amazing trails, and playing crazy games. We hired 'Games 2 U' to

come out for an evening and it was a blast! The camp theme was "God is love" and we had a beautiful time both exploring and receiving it.

For Cliff, the volunteers and myself, it is incredibly rewarding to see the kids have the opportunity to come for a week of camp and have such a fun and positive experience. It reminds me of one of my favorite quotes:

"A hundred years from now it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove... but the world may be different because I was important in the life of a child."

We welcome you to join us in reaching out and bringing HOPE to the children who are in need in Victoria!

Andrea Power Children's Program Director



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Kids always get a kick out of a good puppet show.





Superkids Saturdays program with 130 kids registered between the ages of 6–12. Each Saturday starts with a ride on the lively Superkids Bus. Once we arrive, the day is filled with games, songs, creative activities, Bible stories, a healthy lunch, and special events. We have a scripture memory verse as well as different themes each week such as; mission impossible, rainbow day, crazy hair day, etc – which makes it extra fun!

Cliff and I are so thankful for the privilege it is to provide a safe and fun atmosphere where the kids in Victoria can come and feel at home. There is a big need for this and we love to plant positive seeds in the lives of each child, which will later help them make healthy choices in their lives. Each child is a work of art, a beautiful creation, and we love to bless and call forth the uniqueness and gifting in each one.

We are thankful for our wonderful volunteer team composed of adults, youth and families who have joined us in this vision and have been a real blessing!

If you would like to become a monthly sponsor to help us continue this and other valuable programs we provide, we would be grateful. For more information you can find us at www.extremeoutreach.com.

Andrea Power
Children's Program Director



Yvonne and Paul started Patio Gardens II years ago with the goal of providing customers with unique and quality spring hanging baskets. Starting out, Yvonne designed and planted 400 hanging baskets for the family-owned garden center. Over the years, the garden center has grown, and now every spring thousands of hanging baskets and container gardens are planted.

Patio Gardens has expanded and now includes a year-round floral studio. In the floral studio there are beautiful fresh cut flower bouquets, indoor plants, gifts, ceramic pots, and accessories for your garden.

This year they have also started offering hands-on floral, garden and craft workshops, where you can have a fun time, enjoy friends (old and new), and go home with a creative piece of your own making. There is a great line-up of Christmas workshops: wreaths, table center-pieces and more! Check out the website **www.patiogardensvictoria.ca** fo

This is the first year Patio Gardens will be open through the Christmas season. On November 20 (4–8pm), Yvonne, Paul and the team would like to invite you to their Christmas open house! There will be a free draw for a workshop, delicious Christmas treats, and Surprise Specials. Find out what we have to offer for your Christmas shopping.

Yvonne and Paul love supporting Extreme Outreach and the work they do for the community. What a pleasure it is to provide poinsettias and bouquets, and to see these go to families and others who can find joy in receiving them.



250.652.8338 www.patiogardensvictoria.c

Please do visit: Monday-Saturday 10-5:30 • Sunday 10-4 • 6536 West Saanich Road • www.patiogardensvictoria.ca • 250.652.8338

Shadow of Light.



uthor Rod Power takes readers on a hilarious, hair-raising, suspenseful romp in this debut novel. A masterful tour-de-force with action that never lets up and delightfully quirky and engaging characters, Shadow of Light will keep you turning pages to the final, unexpected plot twist. If you've ever contemplated the end of the world and God's purposes toward humankind, this is a novel that simply must not be missed.

Shadow of Light is a heady mix of metaphysics and astrophysics, theology and quantum science, end-of-the-world apocalypse and madcap comic romance, all served up in a great bouillabaisse that is part thriller, part science fiction, part mystery, but mostly good old-fashioned story telling. Mr. Power is aptly named: he casts a potent spell from the first page, and doesn't break it until well past the last one.

- Mark Buchanan, bestselling author of Your God Is Too Safe and Spiritual Rhythm

Here's what locals are saying:

When I began reading Shadow Of Light, I was immediately struck by Rodney Power's story-telling gift, alongside his out-of-the box imagination! I remember thinking... "I'm not sure what genre this is, but it sure is captivating!"

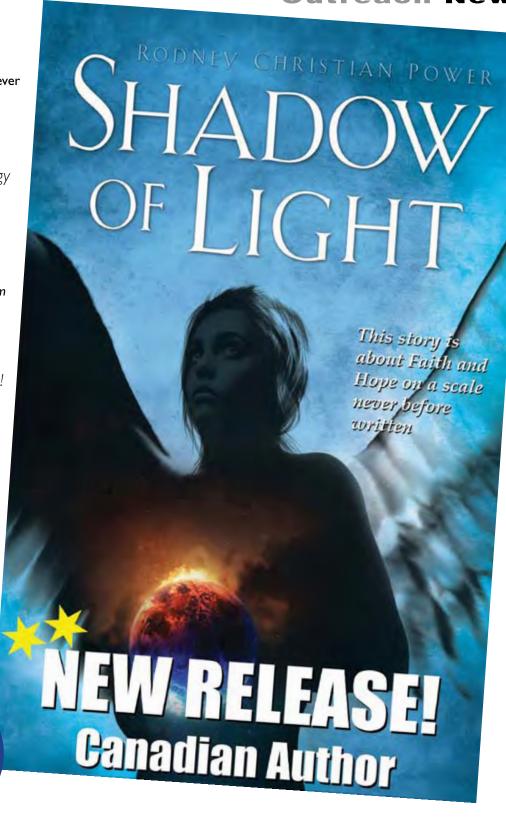
Weaving the supernatural together with biblical insights and current events, Rodney shows flashes of Frank Perretti, JK Rowling, and others as he transports his readers into the realm of the unseen.

- Don Crawford

After reading Rodney Christian Power's book, I recognised that he is not only a master story teller, but a gifted craftsman who intuitively knows how to entertain and hold the reader's attention from beginning to end. What a great read from an imaginative, talented writer. Shadow of Light will make a great movie.

> - Sarah Nichols, Hollywood screen writer and author of One Step at a Time

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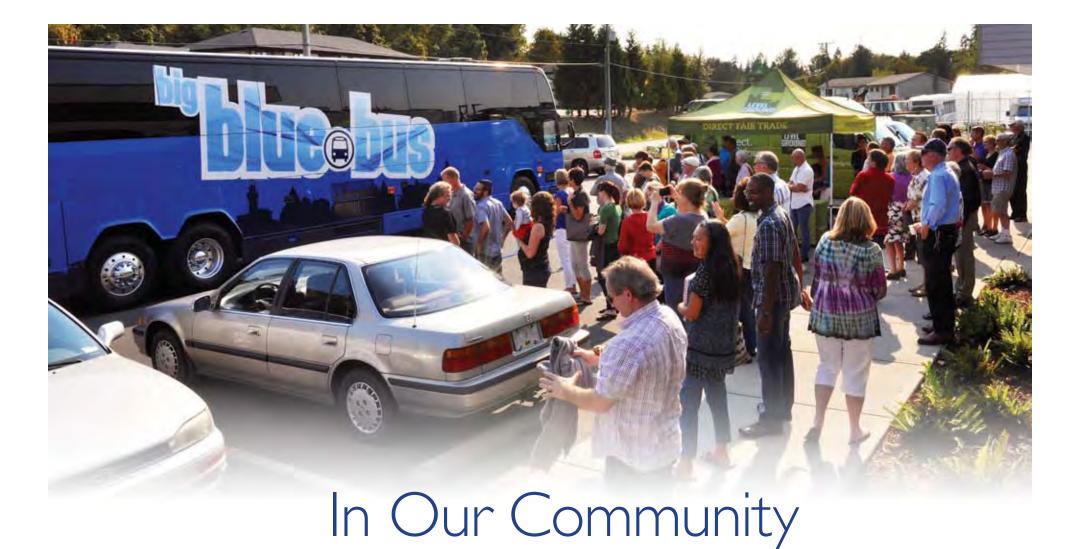
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Youth For Christ and The Big Blue Bus outh for Christ Victoria has been operating a bus top the smiles and shrieks of excitement as kids p

Thank you to Glad Tidings for taking on the sports balls challenge.

Drop off soccer balls, volleyballs and basketballs at the church on December 7.

They will be given as gifts at our Christmas Dinner on December 20.





outh for Christ Victoria has been operating a bus outreach since 1998 but it was in 2005 that we began our first youth program at Pauquachin First Nation. Since then we have started programs in Beecher Bay, T'Sou-ke and Tseycum First Nations. I have been blessed to get to know elders, community leaders and youth. They have shared their lives and their knowledge with our team and because of this our lives have been enriched. I love their sense of humour, their wisdom about creation and their traditional foods. If you have never tried Indian Fried bread, you are missing out! I count it a privilege to be considered a friend by many community members and to have shared the joys and challenges that life brings to us.

My prayer is that our First Nations friends will experience the love of Christ in our actions. We run weekly youth programs that include crafts, games, sports, traditional language lessons and a God Talk. For the past 2 1/2 years we have run these program in community buildings because our Double Decker Refuge bus needed to be decommissioned. We raised the funds to buy a new bus and dedicated a 2000 Prevost H3-45 in September. Each First Nation community financially contributed to the new bus. It has been a very challenging road getting the bus ready but the looks on our supporters faces and the joy it brought to our youth made it all worth while. "Wow, what an awesome bus?" "This bus is sooooo cool!" "Is this really our bus?" were just a few of the comments. One lady told me, "I got goose bumps when I first saw the bus." The bus exterior is finished but we still have a few things to do to the interior to make it more kid friendly. Each step toward the completion has been very rewarding, but nothing will

top the smiles and shrieks of excitement as kids pile into their bus for the weekly program. My prayer is that every person who enters the bus have an encounter with the love of Jesus Christ.

Rick



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Thank you Cliff Power and the Extreme Outreach Team for the amazing, life changing work you do!"

- Daniel Schuetze

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Working with Extreme Outreach Society shows your costumers that **you care** about the community.

We welcome you to come on board and help us change some lives.

www.extremeoutreach.com

We want to thank all those who purchased an ad in The Rock Outreach News

This helps us to cover the cost of our newsletter.

Chank you so much.



iving is a gift for others to enjoy! When we give, we not only help the immediate recipient of our gift, we also spur a ripple effect of generosity through our community. So whether you buy gifts, volunteer your time, or donate money to charity this holiday season, your giving is much more than just a year-end chore. It may help you build stronger social connections and even jumpstart a cascade of generosity through your community ... and don't be surprised if you find yourself benefiting from a big dose of happiness in the process!

Giving releases a heart of gratitude. Whether you're on the giving or receiving end of a gift, that gift can release feelings of gratitude – it can be a way of expressing gratitude or instilling gratitude in the recipient. Research has found that gratitude is integral to happiness, health, and social bonds.

Giving promotes cooperation and social connection. When you give, you're more likely to get back. Several studies have suggested that when you give to others, your generosity is likely to be rewarded by others down the line – sometimes by the person you gave to, sometimes by someone else.

"Whoever is generous to the poor lends to the Lord, and he will repay him for his deed."

- Proverbs 19:17

Giving is good for our health – it makes us think of others and gets us off of our seats and onto the streets! Giving makes us feel happy – research has found that giving can not only increase feelings of gratitude but also an over all sense of well being.

As you enter the upcoming season of Christmas, remember these wise words –

"It is more blessed to give than to receive."

– Acts 20:35 ♥



Big thank you to Scotia Bank for the matching donation of \$5000.

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local children with nourishment for the body and soul. Banner ads in *The Rock Outreach News* provide an opportunity for your business to publicly partner with us.

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- Helps Extreme Outreach cover cost of newspaper/ social media
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egacy giving is a wonderful way to support the things you care about most, now and after you're gone. For many donors, it's also an important part of their estate planning and exemplifies the vision and forethought of their philanthropic beliefs. If you are interested in including Extreme Outreach Society in your will, or if you desire to give a gift in memory of someone you love, contact our office at office@extremeoutreach.com.

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Our Monthly Donor Program

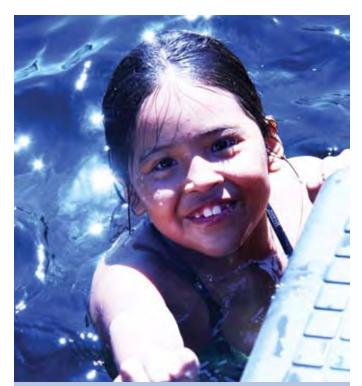
unning Extreme Outreach requires an inspired vision, organized and committed volunteers, and financial support to fuel the fire. With all of these elements in place, we are able to help bring hope, stability and joy into people's lives.

Many of our readers are people in the community who have big hearts. They are people who care a whole lot about making a difference to those in need, especially children. However with the fast pace of life that we all have; family, career and personal matters make for an already full day, and volunteering just isn't an option.

That's why choosing to be a monthly donor is the perfect solution. By becoming a Monthly Donor, you are able to get the best of both- you can use your time for career and family life, yet you can also extend your generosity in a meaningful way; creating real-life results in any of our fantastic programs and ministries.

With your Monthly Support, Extreme Outreach can feed more children, purchase better quality food, toys, learning materials and outdoor equipment, all while accessing facilities and resource that we otherwise could not. As a Monthly Donor, you get the satisfaction of knowing that your generosity is making a difference in the lives of at-risk children and youth.

In a way, you become a part of our camping trips and our weekly BBQs. You become a part of developing stronger, healthier kids.



Our Heros

Introducing our **Hero Award**, an extra special way to say thank you to our donors who go above and beyond.



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This year, our Goal is to reach the top of this thermometer, at 50 steady Donors per month. **But we need your help to make it happen!**

Becoming a Donor is easy – simply decide on an amount that feels right for you, and then visit us online, call us or send in this form.

Be a Hero, and become part of something bigger. Join our Monthly Donor Program today.

Call us: 250-384-2064

Website: www.extremeoutreach.com/donate

Or fill out the for below and mail it to:



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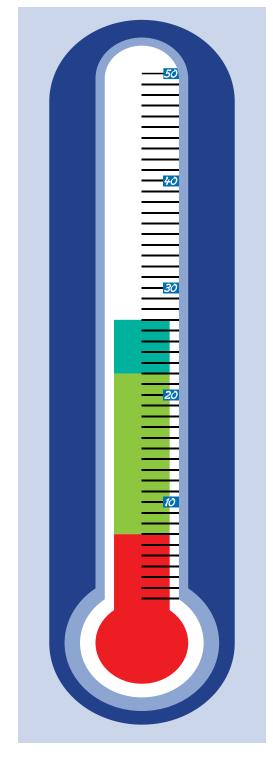
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"Help us to continue reaching out to the children in Victoria by becoming a monthly sponsor. Fill out form below or call the office at 250-384-2064. Thank you!"

250-384-2064. We adhere to privacy legislation.

- Cliff & Andrea

Thank you for helping us save money by suppying your own donation envelope.





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Yes, I will help change a child's life today!

Fill in the form on page 15 for monthly sponsorships and donations.

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